



Irish Heritage Month; the Big Reveal; and Racism

HAT a month! God, it is fun to be Irish; thank you for this blessing and many others.

There is so much to see, to do, to share within, we had to SuperSize



this issue. I am so proud of all our writers, graphic artists, sales pros and delivery team that rallied so magnificently to put

this, the largest issue in our history, together.

Although we celebrate, love and are grateful for so much, as publisher of iIrish, I would be remiss in not addressing the bias against the Irish that seems to keep popping up, even near-on a century after the No Irish Need Apply mentality ruled far too many in America. City of Cleveland Safety Director Kerri Howard railed against the Irish for taking so many police and fire jobs back when – even though they were often the only road out of poverty, out of Irish Town Bend, and many other places too.

I believe he is being honest when he said the next day that he was trying to illustrate that the Irish, who suffered so much discrimination, "created a culture of change by becoming part of the institution they sought to reform."

The inevitable post-backlash apology arrived, and perhaps showed even more of the deeprooted bias most often seen today against our Black brothers and sisters, but this time coming from one of them.

Kerri, Mayor Bibb and Police Chief Drummond all spoke about accountability throughout the evening. I have worked with Kerri peripherally on a few issues. I was stunned to hear the comments and he must be held accountable for them.

Yet, I will give him the benefit of the doubt, and hope he just didn't convey what he was trying to say completely.

You can see reporter Mark Puente's tweet and live video of Director Howard's comments: https://twitter.com/MarkPuente/ status/1623707899540144130

You can see the cartoon that followed the remarks at:

https://www.cleveland.com/ darcy/2023/02/karrie-howardpolice-conflict-darcy-cartoon.html

I have known and worked with Mayor Bibb for a few years now, and I admire him. He is accomplishing significant and impactful things in Cleveland. I relish the opportunity to assist him any way I can to accomplish even more.

Mayor Bibb is sincere, a hard, hard worker and a man of best practices and vision, who won't let the negative mentality so prevalent in our past stop positive actions and the push to be a better city, and better people. I believe Mayor Bibb's apology is sincere,

and accept it as such.

Injustice and Heartbreak in America

I have said many times that the injustice and heartbreak inherent in the journey for Black Americans has so many similarities to the injustice and heartbreak in the journey of Irish Americans. It is uncanny.

I have tried to convince Black American leaders, like Cleveland Mayor Justin Bibb, to share their stories as we share ours, side by side in *i*Irish, and let people read the similarities, so obvious to historians, for themselves. I know it is a path fraught with landmines, so most won't touch it.

Did You Know that 38% of Black Americans claimed some Irish descent in the last U.S Census?

I am proud to have them as my brothers and sisters; my life and my family is richer. My fellow Americans, hurts can't hide that bias still exists. I will say no more here, now. All men and women are created equal. I am just so sick of the hypocrisy.

Back to the Good Stuff

In another striking similarity, this one is between two of our coverage cities, Cleveland and Pittsburgh, I wrote an Inner View with Michael Lamb for this issue. Michael is running for County Executive for Allegheny County – the similarities between the two cities and the two cities Irish American populations are striking, even beyond Cleveland adopting that same county executive over three commissioner form of government, to tackle corruption, ten years after Alleghany County did. How many can you identify in the column, whose short version appears on Page 6-7, and long version appears on our www.iirish. us website?

The Big Reveal – 2023 ilrish Person of the Year

2022 revealed our first *iIrish Person of the Year*, Danny Chambers (https://iirish. us/?s=Danny+chambers). Today, we are very proud to announce the 2023 *iIrish Person of the Year* ... Mr. Patrick Murphy. Time and again, Patrick has been recognized as one of the top personal injury lawyers in his field. We have sought his counsel, benefited from his



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About Our Cover:
iIrish Person
of the Year,
Patrick Murphy.
Photo courtesy of the Greater
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Are you running for an elective office? There are more than 2.1 million people of Irish descent in our Cleveland, Columbus and Pittsburgh readership.

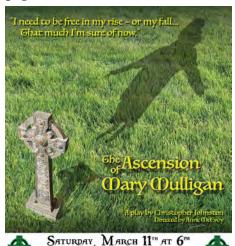
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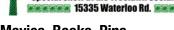


advice, and are proud to have his friendship.

That said, that is only a small part of who Pat is. Pat graces our cover to start, and the story is inside, on page 8-9.



Special show at the Treelawn Social Club



Movies, Books, Pins

Make sure you check out Christopher Johnston's new movie, *The Ascension of Mary Mulligan*, showing locally on March 11, and watch this space and our social media for many more dates, to be announced. You can purchase tickets for the Treelawn showing here: https://www.ticketweb.com/event/world-premiere-screening-of-film-treelawn-social-clubtickets/12919295?pl=treelawn





The Ladies Ancient Order of Hibernians (LAOH) have a beautiful new pin this year, to commemorate the 25th Anniversary of the Good Friday Agreement. Follow the graphic to get yours.



Celebrating St. Patrick's Day – History, Traditions, and Activities. A Holiday Book for Kids by John O'Brien Jr. is available at www. songsandstories.net or by mailing a March 11th in the Pittsburgh St. check for \$10 to iIrish 14615 Triskett Road, Cleveland, OH 44111. Patrick's Day Parade. On March 17th, *I*Irish will be marching in tl

Free eBulletin

Are you getting the *i*Irish eBulletin? It is delivered to your inbox every 2nd Wednesday, free of charge. Sign up on *i*Irish.us or our *i*Irish Facebook Page https://www.facebook.com/iIrish.us

Fish Fry

Fish Frys are now everywhere. What is your favorite spot to enjoy one? I try to test as many as I can each year, but always looking for new ones to enjoy with friends.

On the Road Again

I will be speaking on *Irish Immigrants to Cleveland* on March 8th at the Village in the Heights, and on March 9th, the *100th Anniversary of the Assassination of Michael Collins*, as part of the West Side Irish American Club's GOAT Festival weekend. *Donnybrook* columnist John Myers will also be speaking at GOAT the same day, on *The Good Friday Agreement*. GOAT runs March 9 thru 12th at the West Side Irish American Club in Olmsted Twp.

March 10th, *i*Irish is sponsoring and will be attending the U.S. Vs. Ireland Boxing Tournament in Pittsburgh, and will be marching

March 11th in the Pittsburgh St. Patrick's Day Parade. On March 17th, *i*Irish will be marching in the Greater Cleveland St. Patrick's Day Parade and festivities. I hope you will join us; supporters are always welcome. I hope you will at least stop by, share a nip, and say Hi.

Arish is made in America. We have always been green and are proudly Irish, all year long.

Nuair a stapann an ceol, an damhsa déanann an amhlaidh (When the music stops, so does the dance)

John





Brigid Musical Celebration director Mairin Petrone recives flowers after the amazing premier show

mαrch 2023 www.ilrish.us 3



Tá Ceist Agam

There are many different types of fairies in Ireland, called by many names. Some call them the good



people, possibly to avoid rankling them. Others, because they believe them to be fallen angels, cast down on account of their rebellious acts, are

called bad.

Irish Tales

There is a story from Killarney that takes place shortly after An Gorta Mor, or the Great Hunger, concerning a farmer named Tadgh O'Moriarty. Tadgh had lived through that terrible time, but it had taken a toll on his body and spirit.

On the night of Samhain, he was in such decline that a priest was sent for. The priest had no desire to venture out alone on this eerie night, as Ireland's pagan past and Christian beliefs collided, so he took one of the altar boys with him to O'Moriarty's farm just beyond the edge of the village.

As they turned up the lane leading to the house, they heard the strains of a harp playing a haunting but beautiful lament. The boy saw him first, a man in black sitting on the stone wall with his back to them, playing an ancient Irish harp.

"Sheoguey creature!" the boy exclaimed under his breath. "Nonsense!" the priest replied, as he reached in his pocket for a coin to give the music maker.

"I have no need of your money priest," said the man. "I insist, it is customary to pay for your sharing of your craft," the priest stated.

"If you wish to help me, there is something you can do," the musician replied. "And what might that be?"

"Tadgh O'Moriarty will die this eve." said the man quietly. The priest started to object, saying only God knows the future, but the man cut



him short, saying, "Nevertheless, O'Moriarty will die tonight. As he breathes his last, ask of him where I will go on the Last Day."

"I will ask him, but who do I say you are?" the priest coldly asked. "Say to him, "The man on the road to Sliabh Luachra, needs to know."

The priest nodded and he and the boy hurried on towards the house. They found Tadgh deathly pale and as he performed Last Rites and anointed him with oil, he had forgotten the minstrel and his strange question.

When there was nothing left to do but wait, he held the dying man's hand. In the silence, they heard the lament faintly playing on the wind. The priest recalled the man and his question and posed it to Tadgh.

The dying man smiled weakly and said, "I do, tell him if he has enough blood in his body to write his name, he will return to heaven."

"Return?" the priest asked, confused. But it was too late, Tadgh had breathed his last.

The priest and the boy left just before dawn and found the man waiting at the wall for them. "What news, Priest?" the man demanded.

The priest told him that he didn't understand what Tadgh had meant, but repeated it word for word to him. "It's blood he wants, is it?" the man screamed, as the boy nearly fainted in terror.

The priest stood tall. "Tadgh is gone, he doesn't want any blood," he said.

"Fool! I don't mean him," the man said. As he spoke, he drew a dagger from his coat. The priest jumped back, but the man plunged the blade into his own heart, repeatedly. Not not a drop of blood came out.

The priest and the boy both crossed themselves. "What are you? What do

you want?"

"I was cast from heaven with others for doing nothing when Lucifer Morningstar challenged my Lord. I have never harmed anyone or desired to, but now I see I have nothing to gain and nothing to lose and from this day on, I will do nothing but evil to man."

With that, there was a flash of smoke and fire and the creature was gone. The priest led the hysteric boy home. Neither ever encountered the aosán or his ceol sí again, even though they both lived very long lives. However, they never left their firesides again after dark.

I love these types of stories and hope you enjoy them as well. Our questions this month won't be quite as intense, but if the purpose of language is communication, then questions are the source of knowlege.

There are a few words that may be unfamiliar in our story. A *sheoguey* creature is magical or otherworldly. *Aosán* is an evil fairy and *ceol sí* is fairy music. *Sliabh Luachra* is an upland region in Munster, on the borders of counties Cork, Kerry and Limerick; it was the birthplace of Patrick Dineen, who compiled Dineen's Dictionary, a must when your reading some of these great old Irish tales.

FOCLÓIR

Tá ceist agam. (taw keysht ah-gum) I have a question

Cén t-anim atá ort? (kehn tan-im ahtaw ort) What is your name? Connacht

Cad is anim duit? (kahj iss an-im gwit) What is your name? Munster

C'anim ort? (kan-im ort) What is your name? Ulster

Seán is anim dom. (shawn is an-im dom) Sean is my name.

Is mise Nora. (iss me-sha nora) I am Nora.

We talked before about changes to

words to show emphasis, ort can be changed to ortsa and dom to domsa to achieve that.

Tá sé go deas bualadh leat/leatsa. (taw shay guh jess bool-ah laht/lahtsa) It's nice to meet you.

Tá se go deas bualadh leatsa freisin. (taw shay guh jess bool-ah lahtsa freshin) It's nice to meet you as well.

Seo é Micheál (sho ay mee-hall) This is Michael

Seo í Bríd. (sho ee breedge) This is Bríd.

Seo iad Brendan agus Aoife. (sho ee-id brendan ah-gus ee-fa) This is Brendan and Aoife.

Note here the three different versions of the word used for it, é, í and iad.

An bhfuil tú pósta? (ahn will too post-a) Are you married?

An bhfuil tusa pósta? (ahn will tuhsa post-a) Are *you* married? Emphatic

An bhfuil tú fein pósta? (ahn will too fayne post-a) Are you married your-self?

Tá mé pósta. (taw may post-a) I am married.

Níl mé pósta. (neel may post-a) I'm noot married.

Tá mé singil. (taw may single) I'm single.

Is baintreach mé. (iss byntrahk may) I'm a widow/widower.

An bhfuil páistí agat/agatsa? (ahn will paw-shtee ah-gut/ah-gutsa) Do you have children?

An bhfuil clann agat? (ahn will clan ah-gut) Do you have a family?(implies having children)

An bhfuil páistí agaibh? (ahn will paw-shtee ah-giv) Do you (two) have children?

Tá / Níl (taw neel) Yes or No Níl páistí ar bith agam. (neel pawshtee ar bih ah-gum) I have no children.

Níl clann ar bith agam. (neel clan ar bih ah-gum) I have no children.

Níl páistí ar bith againn. (neel paw-shtee ar bih ah-gihn) We have no children.

Cé mhéad páistí agat? (kah vayd paw-shtee ah-gut) How many children do you have?

An bhfuil garchlann agat? (ahn will gar-klahn ah-gut) Do you have grand-children?

Cé mhéad garchlann agat? (kah vayd gar-klahn ah-gut) How many grandchildren do you have?

Cá (kaw) where

Cá bhfuil (kaw will) where is Cá raibh sé? (kaw rev shay) Where





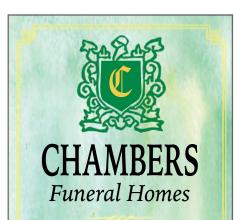
was he/it? Cén uair? (kayne oo-ir) when Cad é (kah jay) what Cén fáth (kayne fah) why? Slán go fóill!

Bob Carney is a student of Irish history and languages and teaches the Speak Irish Cleveland Class held every Tuesday at PJ McIntyre's. He is also active in Irish Wolfhound

and Irish dogs organizations in and around Cleveland. Wife Mary, hounds Rían and Aisling, and terrier Doolin keep the house jumping. He can be raeched at <u>carneyspea-</u> kirish@gmail.com

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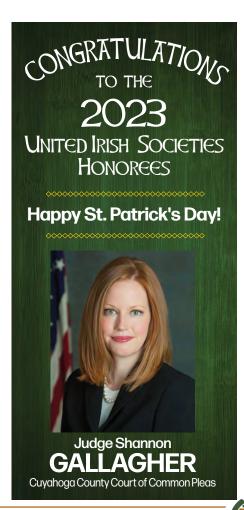
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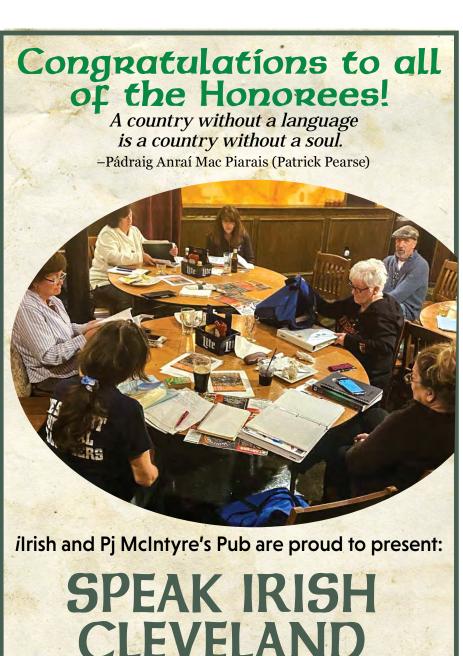
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Allegheny Co. (Pittsburgh) voters converted to a County Executive over a three-commissioner form of government more than twenty years ago. Cuyahoga County (Cleveland) did the same, ten years later.

Michael Lamb, born into a region immersed in Irish culture, music, dance and community, exemplifies the instilled values of integrity, hard work, and service to others, so intrinsic to the Irish in America.

We work hard, we play hard. We live and love with intensity throughout the way too short and too often painful life we are gifted with, and most of all, we strive to leave the world a better place than we found it.

Michael Lamb embodies all these traits, values, and more. This interview highlights the making of a man of service, and why his service will make our world a better place to live, work and play. In print is the short version, online at www.lirish.us, has the full version, plus more photos

Michael's Inner View:

My family has always been very active in the Pittsburgh Irish community. My grandfather on my mother's side came here from Galway at the age of fourteen. Within a week of being in Pittsburgh, he landed a job as an apprentice to a blacksmith. He spent the rest of his life as a blacksmith, working on the railroad, traveled all the way out west.

He married. His wife, like a lot of people at the time, got TB, consumption they called it back then. The doctor said the best thing for her would be a drier climate. So, they moved out west. She passed away out there, leaving him with three kids. One of them passed away.

He then came back to Pittsburgh and married my grandmother. He came back with two kids, but one died in the pandemic, the 1918 Spanish flu pandemic.

My grandmother was a big part of our lives, we were there at the house almost every day. They were the house that a lot of people came to when they came to this country. People around here would call my grandmother's house part of the Irish Underground Railroad; there were always a lot of people there.

To this day, a lot of the people that I see when I go to an Irish dance or a community event or Irish football game, I know. They were part of that community that came over here, and all lived together. So, it continues through the generations.

Irish Connections

It is interesting, my mother, my mother's parents, and my dad's mother are all from Galway. My grandmother, my dad's mom, is from east Galway, my mom's parents are from Connemara. To connect again — it is one of the great stories: I went back to Ireland [and learned that] when my parents got married, my relatives on my mom's side and my relatives on my dad's side got together in Ireland and had a big party to celebrate the wedding!

I didn't even know they knew each other. They had that connection, and the connection was through us here. It was great, unbelievable.

I think some of the things that get instilled in you in an Irish Catholic environment, there is definitely a commitment to service. I always used to tease my mom about this. I used to say, you're my mother, but what can I do (like how can I help)?

She'd get almost angry, and say, look around you. Look around you! There are so many things that you could do to help.

I remember we were home for the summer. We were lounging around the house, doing nothing. She told us to get up and go over to church and pull weeds in the lawn over at church. I mean my brother and I looked at her like she was crazy. But that was the way she was. There was always something to do and there was always service that needed to be provided.

We grew up on a little dead-end street, at both ends. We all knew each other, we all cared for each other; it was just, it was an idyllic place to grow up. That sense of community was just instilled in us,



not just from our Irish heritage, but also from the neighborhood that we grew up in.

Allegheny County, we are the city of Pittsburgh, but we are also 130 other municipalities that surround the city. It is a very fragmented system of government. It is difficult and frankly, it holds us back in a number of ways.

We have some towns and particularly some of those towns along our rivers, that were the center of our industrial might, back in the day, places like Duquesne, Homestead -places where the industries are much smaller than they used to be. There are still industries continuing to pollute our air. That caused those problems.

They are communities that are in some sense of desperation, some sense of chaos, and it's playing out with our young people. It's exacerbated by their availability to guns. We are seeing violence; and we are seeing this real need for social services; real need for conflict resolution; real need for opioid abatement programs. These kinds of things are just desperately needed in these communities.

Yet you have other communities in Allegheny County that are just doing phenomenally well. So that disparity is something that that we as a community need to come to grips with. That is what's in the news a lot lately, as the issues around downtown Pittsburgh post-pandemic, and the increase in homelessness and mental health related issues around town are at the forefront.

Transparency Goals

I came into the city controller's office with a couple of goals. One was to bring, and we accomplished bringing, unprecedented levels of transparency, open government accountability; access to city records and city finance [to everyone]. We've done that, we created a number of tools that do that.

We created *Open Book*Pittsburgh, which is a searchable database of our contracts, along with the searchable database of our political contributions. We can see pay to play and monitor that.

We created *Fiscal Focus*Pittsburgh, which is a visualization tool of the city's budget, where you can track spending in real time. You can do trend analysis year by year over budget and dig down into the sub-object level of our budget.

Engaging our citizens in the issues of public finance was something we really wanted to set as a goal. We've accomplished that. I wanted our office to be the place when people have a question about Pittsburgh, they go to the city controller's office.

These are the kind of tools that I want to bring to county government. County government I still see as an organization that appears a little bit in the shadows. It is government that is picking up your garbage, or policing your street, or cleaning your neighborhood.

Usually the government, as we talked about before, is around the area of social services, but we want

Continued on page 8



Michael Lamb Continued from page 7

to work in a new way. We think about it in different terms. We do want to bring that transparency to it, but we also want to bring in a new relationship with our municipal partners. We think we can bring value added service to our constituents and our citizens through a better relationship with those partners.

You were involved a few years back in converting Pennsylvania from a county commissioners' system of government to a County Executive. Why do you think that is the best government for Pittsburgh?

You know, I led that effort to create the position that I am now running for. It was important because, at the time ... Allegheny County is an urban and suburban community. It's 1.3 million people, again across all these different municipalities.

The county commissioner system

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18- The New Barleycorn

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3- Greg Crowe

4-Dulahan

failed us in a lot of ways, having both the legislative and executive functions in one, sort of threeheaded monster. It allowed for a lot of lack of transparency.

You could never really understand where issues were because, when the commissioners didn't want to deal with anything, it just never made its way onto an agenda. Now we have a County Council that any citizen with enough signatures can put any item on the agenda they want

Up or down, someone has to deal with that agenda, so it really increased the transparency of the way our government operated. It also created, in the position of County Executive, a sort of conductor, so to speak, for economic development. There is someone, there is a leader, with one voice on these issues of growth, job creation and economic development, which I think is critically important for us, given the fractional system of government that we already had.

Goals for the First Year

There are many goals in the first year: establishing this new



relationship with our municipalities is key; bring forth some new ideas to deal with some crises that we currently have in our Human Services, in our social service network, including the fact that we don't have enough caseworkers, that we don't pay them enough, that their caseloads are staggering. Working with our Community College to produce candidates that help us do that kind of work is something that we're going to focus on very early, to get the casework that we need [a reasonable case load for each person].

When I chose this career [at Penn State], I chose a career in public service because I really believe that I could help government work better for the people it serves. That is pretty much what I've done throughout my career. I am happy about the accomplishments that we have been able to achieve. I am looking forward to applying that skill and the credentials that I have to this job.

I think about this constantly; I think about public service, I think about our budgets and our communities, and the potential that we have here, whether it is with respect to our airport, or with respect to our transit, or our water source system. I am constantly thinking about this and I am hoping to bring solutions to problems and challenges that we have here.

I am looking forward to doing this job. I am excited about doing this job. The fact is, I am excited about running the campaign. I am out every night talking to voters. We have already begun our voter outreach and I'm having fun.

I think of the county executive as that conductor of economic development. I think about the ability to understand the details, but also the ability to take the step back and say, OK, what else fits in to what we're doing? If we are going to do clustered, affordable housing here, how is it connected to transit? How is it connected to the infrastructure that the people living there are going to need?

What are the top two topics people expressed to you that they wish would change?

There are always those issues that are in the back of people's

minds: there is always a concern about crime. I think everyone has a different idea of what that means. I think there are some people who are in fear; they live in neighborhoods where this is a problem. To them, what they are looking for is a police presence that helps with that.

In other areas, it's the issue of over policing, where there are issues around criminal justice that aren't being properly dealt with, that we haven't really fleshed out, what I would call our Go to Response, is, are we bringing the social service networks to bear early enough in situations to avoid what becomes a criminal situation? I think issues around that are what I hear a lot about on the trail.

But I will tell you, I still think that what people, Democrats particularly, that I talked to, is that they are concerned about the state of our democracy. County government runs elections, and I think that while we do it pretty well here, we are going to make sure that we continue to do it well, that our mail and ballot issues are dealt with, that we have clear guidelines on who can vote and who and where there are issues around access to the ballot.

A lot of people are worried about the state of our democracy. So, when we get these frivolous challenges to election results, we need a system that can show why they are frivolous, and why people need to have confidence in that system.

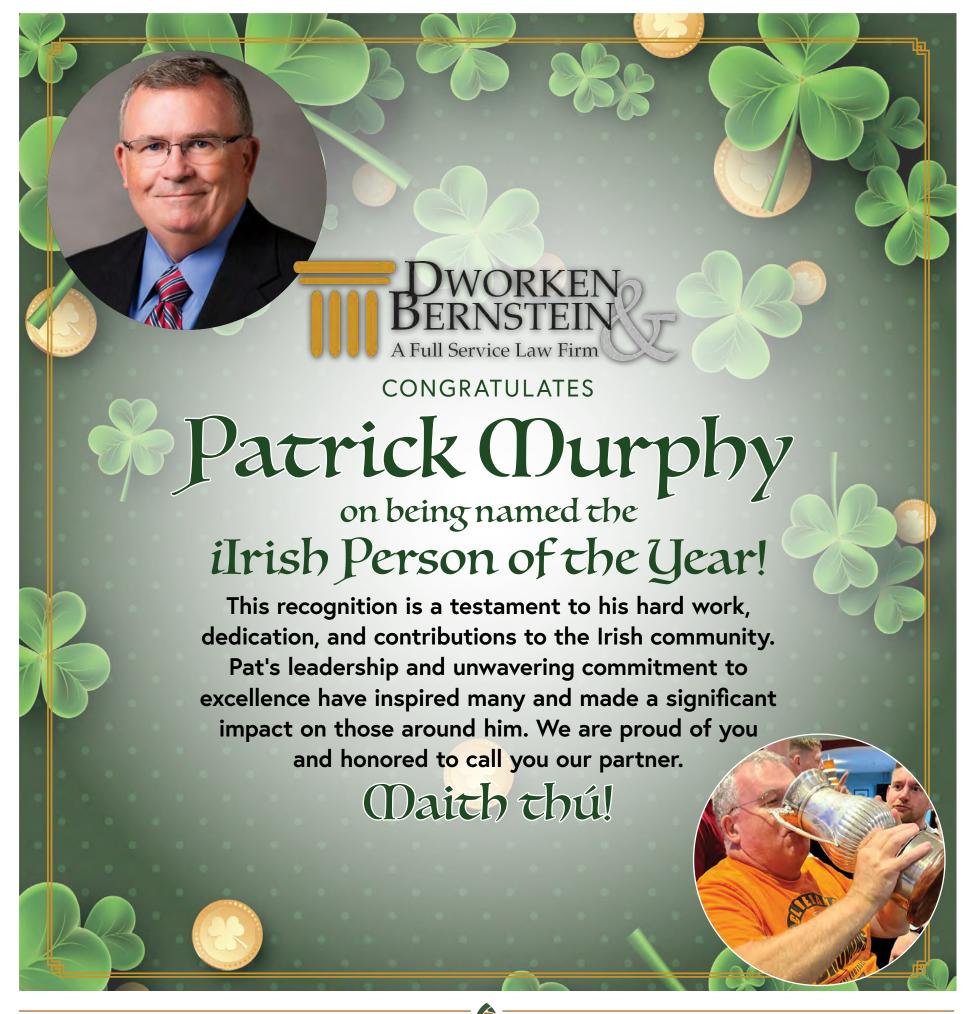
While it's probably our smallest department in county government, it is likely the most important. There are people out there that I talked to a lot who have genuine concerns about the state of our democracy, and that our that our voting system is secure, accurate and fair. •

We are bound by the limits of space. For More to the Story, read the complete Inner View with Michael Lamb, with more text, LARGER Print and more pictures, on www.iIrish.us.

To Read More to the Story, with more text, more pics and LARGER print, visit ilrish.us or:







Ilrish person of the Year 2023

Announcing Patrick Murphy

The 2023 *i*Irish newsmagazine **Person of the Year**

By iIrish Publisher, John O'Brien, Jr.

Patrick Murphy is a seasoned, well-known, and well-admired personal injury lawyer. His counsel is wise, generously shared with those in need in our community, which ranges from Lake Erie to Éire and the Diaspora everywhere.

Time and again Patrick has been recognized as one of the top personal injury lawyers in his field. We have sought his counsel, benefited from his advice, and are proud to have his friendship.

That said, that is only a small part of who Pat is. I do not ever remember not knowing him, though I am sure such time existed. Irish events, milestones, fun times, and great stories he has shared with us in person and in print, remain in my and countless others mind's eye, even as more stories are added to the memory bank.

We are often defined by what we do professionally. As big as that is, maybe even more so because of the quality of representation Dworken & Bernstein firm's offers, their reputation, and their long-time commitment to helping others in very tangible and impactful ways,

there is much more to the picture of who and what Pat is. He shines brightly in times of darkness for people.

Then he goes home and does it again, for family, friends and his communities, including our Irish one. Despite knowing him as long as I have, I am still amazed by him, and what he does, with that trademark glint in his eye — often the only hint that he is pulling your leg.

Professional Resume

Dworken & Bernstein is an award-winning, full-service law firm, serving generations of families & businesses for more than sixty years. Under the aegis of Ohio Lawyers Give Back, Dworken & Bernstein has been responsible for the distribution of over \$50 million to many deserving communal organizations since 2003.

Mr. Murphy received his undergraduate degree in Political Science from Kent State University. He was awarded his law degree from Cleveland Marshall College of Law, where he was a vice chairman of the Moot Court Board of Governors.

Pat has been designated as an Ohio Super Lawyer and one of the *Top 100 Trial Lawyers* by the National Trial Lawyers organization. In 2007, he was selected as a finalist for Trial Lawyer of the Year by Public Justice for his efforts in obtaining a \$52 million class action judgment for injured workers against the Ohio Bureau of Workers' Compensation.

He is rated AV Preeminent by Martindale Hubble. Patrick has also been honored as a member of the Irish Legal 100 and was selected as a member of the American Board of Trial Advocates. He is recognized as a member of both the Million Dollar and Multi-Million Dollar

Advocates Forum.

Patrick is an active member in many trial organizations, including Cleveland Academy of Trial Lawyers; Ohio Association for Justice; American Association for Justice; and the AAJ Nursing Home Litigation Group.

Pat has served as a member of the Board of Trustees of the American Heart Association in Cleveland and as an officer and trustee of Cleveland's West Side Irish American Club. He is a founding member, trustee and officer of the Irish American Law Society of Cleveland.

Legend

Pat enjoys spending time with his family, golf and travel, especially to his native Ireland. He is intensely involved in the Cleveland Irish Community, having served as an officer in many organizations. Pat is proud of having served as the Executive Director of the St. Patrick's Day Parade, organized the publication of a book chronicling the 175 Year History of the Cleveland parade and chairing





an Irish American Law Symposium in Ireland in 2016 and 2022.

Ar scáth a chéile a mhaireann na daoine

(It is in each other's shadow that people live)

Whelp, that's enough about the integrity and humanity inside Pat, from me. Those that know Pat professionally, and personally, have much to say too.

Congratulations, Pat! This is such an honor and I'm so happy for you. You're involved in so many things, but it's always family first for you. It's fun to watch you do it all. Love, Carlene Pat's spouse of 23 years.

Congratulations, Dad! Your dedication, work ethic and your commitment to helping others has always been a great example for us.

We love all of the wonderful traditions that you have created for our family. We always look forward to celebrating St. Patrick's Day with you and watching Celtic games, but you also make everyday events so fun. Your love of family is always evident, whether through your contagious laughter or your proud smile while watching grandchildren's events.

We are so lucky that you are our Dad. We love you.

- Kelly, Kurt, Tim, Sam and Dan

One of my earliest memories was the March night my brother Patrick was born in my grandmother's house in Polranny, on Achill Sound. He made a big impression then, and he has never stopped. Patrick is everything you'd want a brother to be: he is a leader, straight-talking, thoughtful, kind, humorous and hard-working.

It has been a privilege to see how he has used those attributes for the good of the communities outside our family as well. He has dedicated himself to the service of the greater Cleveland Irish American community. He is an effective, compassionate, and ethical member of the legal profession. Patrick is utterly reliable in all of those roles and Jeff and I are proud and delighted to congratulate him on receiving this recognition.

- Christine and Jeff Pierpont

Patrick has earned this honor by virtue of his lifelong commitment and dedication to the Irish community, both locally and internationally. From his involvement in organizations such as WSIA, Irish American Law Society and the UIS parade committee to his love and fellowship of the Irish culture, Patrick's hard work and leadership shine through.

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Other Voices:

In addition to being an excellent attorney and a stellar human being, Patrick Murphy Esq. has long been recognized as a leader in Cleveland's Irish community. Pat is the embodiment of the Irish people's love of justice, fairness, and equality under the law for everyone"

- Justice Michael P. Donnelly | Supreme Court of Ohio

Pat Murphy is an excellent attorney, however there is another dimension to this man. Pat is a leader among Cleveland's Irish legal community. Pat is a moving force behind the Irish American Law Society of Cleveland's symposia which have taken place in Ireland. The most recent having taken place in September of 2022. Without Pat's quiet leadership, organization, and ability to draw people together on both sides of the Atlantic, our legal organization would not have enjoyed the success of these symposia. For those of us who travelled to Dublin and Cork with the IALS of Cleveland it was evident that Pat was 'at home' whether in The Four Courts in Dublin or in a pub listening to traditional music. Pat is proud of his heritage, and he is truly the epitome of what it is to be an Irish American.

- Former chief justice Maureen O'Connor

I have had the pleasure of working with Pat through our affiliation with the Irish American Law Society. Pat is truly a man of his word- when he says he will do something he does it- with hard work, integrity, and grace. His work ethic is only outdone by his kindness and generosity. I will forever treasure the camaraderie, adventure and education that Pat was instrumental in providing in my first trip to Ireland.

- Judge Laura Gallagher

One of Ireland's native sons who we are fortunate to have in our legal profession and as a member of our community as a whole.

- Judge Melody Stewart



"Bringing a bit of Ireland to the 5 points" 3600 west park rd, cleveland, ohio 5pointscafe.com



On This day in IRISH history MARCH

March 1981 Bobby Sands, a Provisional IRA member serving fourteen years in prison for firearms possession, began his hunger strike which would ultimately lead to his death.

3 March 1831 Signaling the first clash of the Title War, Irish Constabulary entered a village in "Graigue", Co. Kilkenny with the purpose of seizing cattle in lieu of payment of the tithe, which was a tax of one-tenth of produce, later cash, to be paid to the Church of Ireland.

20 March 1914 Tension was rising in Ireland over the issue of Home Rule. Ulster volunteers were determined not to come under jurisdiction of any devolved parliament in Dublin. A force of 800 men were to be sent to Ulster to reinforce depots and arms stores there. The Curragh Camp in Co. Kildare was the main military base of the British Army. Outraged that they may be sent to Ulster, fifty-seven of the seventy officers in the Curragh opted to resign. This became known as the Curragh Mutiny.

23 March 1847 A meeting chaired by William Armstrong at the Choctaw Agency in Oklahoma raised \$170 for the relief of people suffering from the effects of the famine in Ireland. Armstrong was the son of a man from Co. Fermanagh. A sculpture was made commemorating the contribution.

24 March 1968 Ireland's worst air disaster took place when an Aer Lingus flight bound for London crashed near Tuskar Rock, Co. Wexford killing all fifty-seven passengers and four crew members.

25 March 1920 The first English recruits to the Royal Irish Constabulary arrive in Dublin. Because of the shortage of uniforms, the men wore a mixture of dark grey trousers and khaki tunics, which earned them the nickname 'Black and Tans'

26 March 1990 Jim Sheridan's film My Left Foot won two Academy Awards. Daniel Day-Lewis won an Oscar for Best Actor, inspired by the story of Christy Brown who was born with severe cerebral palsy in 1932.

27 March 1650 Kilkenny, the capital of Confederate Ireland, surrenders to Oliver Cromwell

Patrick Murphy Continued from page 11

Remarkably, this devotion is yet exceeded by that which he has to his profession, friends and, most especially, his family. Thank you for all that you do and for being a lifelong friend!

Comhghairdeas!

- brother Michael Murphy

"Patrick is the most reliable person you will ever meet. No matter how big or small a problem, Pat can always be counted on to be part of the solution. You would be hard-pressed to find a more genuinely kind and compassionate person than Patrick Murphy. Our parents would be so proud, as are his siblings, at this honor. Congratulations, Pat!"

- Katie Rath, Mel & Teresa Murphy

Pat! A well-deserved reward, given your dedication and commitment to the Irish community which you have served in so many ways. Mom and Dad would have been so proud, as are we.

Love, Ryan, Maggie (Murphy), Abbey & Ted Donahue

For many years now Pat has been a consistent presence with the **United Irish Societies of Greater** Cleveland and the St. Patrick's Day Parade Committee. He loves the Parade, and we are all so very lucky to be able to turn to him for legal guidance, historical perspectives and friendship. I've known Pat for over thirty years - he is kind, approachable and takes great pride in promoting the Irish culture in Cleveland. Pat was instrumental in coordinating the efforts to publish the history of our Parade for the 175th Anniversary and continues to support and guide the Parade Committee in putting on the best parade possible.

-Linda M. Carney, Executive Director: United Irish Societies of Greater Cleveland and The Greater Cleveland St. Patrick's Day Parade

Pat has been an integral member of the United Irish Societies St. Patrick's Day Parade Committee for many years, serving first as a delegate, then a deputy director, then as the parades Executive Director from 2011-2013, and currently as a Director Emeritus. Throughout the years and to this day, the committee has come to depend on Pat's knowledge, professionalism, and willingness to help when needed.

Pat's love of his Irish heritage is exemplified not only by his dedication and promotion of Cleveland's St. Patrick's Day Parade, but Cleveland's Irish community as a whole. He is devoted to his faith, his family and his heritage; he is "One of the Good Guys."

- Bonnie & Mickey McNally

Congratulations to Pat on receiving this well-deserved recognition! Pat's dedication to his family, his work, and his Irish heritage is second to none. His involvement with the St. Patrick's Day Parade, the Thomas J. Scanlon Irish American Law Society of Cleveland, and the WSIA are examples of his commitment to the Cleveland Irish community. Pat is a true gentleman, a great friend, and we couldn't be more excited for him.

- Jim & Sue Kilbane

To know Pat is to love him! He is always quick to lend a hand, offer a listening ear, or fill your pint. He is a dedicated friend and family man who radiates kindness and generosity. Pat Murphy makes the world a better place.

- the Brooks, Van Oosten, Rosfelder, and Brian families

We are so happy to hear that Pat Murphy is awarded the *i*Irish Person of the year, what a perfect selection, so well deserved. When we think of Pat the word that comes to mind is dedication. Dedication to his family, his friends, his career and his culture. This being said, he never takes himself too seriously and is always "good for the craic."

We are blessed to call Pat our very dear friend.

- Kathleen & Brian McNamara

We could not fit all of the tributes and pictures in these pages. For the complete column, see www.iIrish.us or copy and paste this link to your browser:

To Read More to the Story, with more text, more pics and LARGER print, visit iIrish.us or:









The Most Wonderful Time of Year

It's like the Superbowl, the Kentucky Derby, and Christmas all wrapped into one big "Green Season." From January through March, Central Ohio begins its build-up to St

its build-up to St.
Patrick's Day. By the time our special day arrives, a Christmas-like anticipation has built among the Super Bowl sized crowd awaiting the Derby-esque

pageantry. Until then, the local organizations will be busy with their preparations. Green Season includes music performances, breakfasts, competitions, and honoring our members for their contributions. The Ancient Order of Hibernians, Ladies Ancient Order of Hibernians, and Daughters of Erin have all named their awardees. Last month the Shamrock Club named their honorees. President Karen Komatsu echoed the sentiment of many past presidents when she said this was the best thing the President gets to do. When it came time to decide, Karen selected the following members for this year's honors:

Irish (Wo)Man of the Year - Mary Grady Strickland

Parade Grand Marshal -Patrick Byrne

Members of the Year -

Colleen Collins, John & Tracee Collins and daughter Kira Collins

Clann na nGael

Central Ohio's "One Family Irish"

hosted their annual dinner on February 4, 2023, at the Embassy Suites in Dublin, Ohio. Members of the local Irish community gathered to recognize their organization awardees for the year and pay special tribute to a Clann na nGael honoree. This year it was Francis and Hilda Doyle. Each have contributed to the Irish community in a variety of ways, but together they are known as one of Central Ohio's best Irish couples. Francis is a Past President of the Shamrock Club and has served several organizations on their Financial Committees. Hilda is best known as the leader of the musical group The Ladies of Longford. She and her daughters Stephanie and Heather make up three quarters of one of the area's most popular musical groups. In

addition to music, Hilda has lent her artistic talents to the Shamrock Club and other organizations. The evening also included a basket auction, a dance performance by The Dwyer School of Irish Dance, and after dinner music by Shamrock

St. Patrick's Day Parade

Sounds.

One of the perks of being President of the Shamrock Club is designing the parade badge. The St. Patrick's Day parade is organized by the Shamrock Club and funded by the Club and their supporters; the city does not provide financial support. One way to accomplish this is through the sale of parade badges. For forty-two years, the President has designed this keepsake which may represent a historical anniversary, Irish landmarks, or just a bit of "craic". The 2023 badge, designed by President Karen Komatsu has some personal meaning. She intertwined the Irish Rowan Tree (The Tree of Life) with a Japanese Cherry Blossom tree to symbolize her shared heritage. She also commented that it was when she joined the Irish organizations, that she found a purpose and "life". A small green ribbon below the tree represents Kidney Disease Awareness. Last year, Karen gave the gift of life when she graciously



L to R – Patrick Byrne, John Collins, Tracee Collins, Kira Collins, Colleen Collins, President Karen Komatsu, Mary Grady-Strickland.

donated a kidney to friend in need. All together, it makes a beautiful addition to the past badges. To get yours, visit the website at theshamrockclubofcolumbus.com or call the office at (614) 491-4449. \blacksquare

To Read More to the Story, with more text, more pics and LARGER print, visit ilrish.us or:





Knights of Equity, Court 9, Pittsburgh, PA.

Established in Cleveland, Ohio in 1895

Purpose: "Brother helping Brother - a spirit of mutual helpfulness among its members, to advance them intellectually and socially; and by co-operation among them, to promote their own material interests and well-being."

Membership is open to men 21 years or older of Irish birth or extraction, who are practicing members of the Roman Catholic Church.

For more information, contact:

Worthy Sir Knight - Michael Culhane, Sr., mike3789@verizon.net

Treasurer - **Howard Elbert,** howardelbert@hotmail.com Knights of Equity, PO Box 58024, Pittsburgh, PA 15209-1908.

For an email copy of the HARP Newsletter: jfwnamesman@aol.com





Congratulations to the 2023 Irish heritage Month St. patrick's day honorees!

The Greater Cleveland United Irish Societies:

Grand Marshal: Michael F. Coyne



Michael, better known as Mickey, is the loving son of Michael Coyne from Co. Mayo and Loretta Sands Coyne from Co. Down. Mickey and his late sister, Mary Ellen Vana, had a traditional loving Irish upbringing, with faith and family first as parishioners of St. Aloysius

Parish. Morning Mass followed with dinner, praying the Rosary and listening to Irish music with their extended families of the Coyne's, Reilly's, Burke's, and Talty's was the typical Sunday for the Coyne's.

They truly lived by the Irish motto: "Céad míle fáilte" (100 Thousand Welcomes) to all who came to their home, a trait Mickey instilled in his children and continues to live by today. Mickey is happiest when he can travel home to Mayo with kids Meghan, Kevin, Erin, Seamus, and Michael Patrick, thirteen grandchildren and three great grandchildren.

Compassion carries over to Mickey's professional life. He has been a Funeral Director for over fifty years with the McMahon-Coyne-Vitantonio Funeral Home. Serving families from multiple generations, he treats all with kindness, no matter their financial circumstances.

Many families from the Hospice of the Western Reserve are grateful to Mickey for graciously helping them through a difficult time. Mickey truly lives every day of faith and family first, as taught by his parents.

Mickey has led an active parish life, from his school days at Saint Aloysius to his current Immaculate Conception Parish. He is not one to just take space in a pew, through his leadership, parish festivals began, and many a lively Saint Patrick's Day party were fun and successful under his guidance, all while being active in civic organizations as a member of the Chamber of Commerce, sponsoring local Little League Teams, and volunteering with Youth Organizations.

Living out his dream of owning an ice cream shop, he brought ice cream back to Downtown Willoughby with the opening of Mickey's Ice Cream and Hot Dog Shop, adding another spot for Mickey and others to meet and greet.

Never one to sit back and watch others work, Mickey became a charter member of the Irish American Club East Side and has served numerous terms as president over the years. He would be one of the first to greet a new member to the club with a warm hello, pleasure to meet you, with hand always extended in friendship. No job was too big or too small for

Mickey around the IACES, from Pie Nights, arranging entertainment, or presenting unique ideas to keep the club growing strong.

Life for Mickey is not all work and no play, with his favorite day of all being St. Patrick's Day since the days of his childhood. Always starting the day with Mass, a family gathering, and then off to the Parade. He fondly remembers jumping into the parade and crossing the finish line with his father marching as a member of the Knights of Columbus.

As a member of the Irish
American Archive Society, Mickey
helps keep the rich history of the
Irish community preserved. He
knows his mom, dad and Mary
Ellen will be proudly watching him
as the 2023 St. Patrick's Day Parade
Grand Marshal, marching with
Michelle and all his family beside
him.

Mother of the Year:

Bridget Conway

Bridget Campbell Conway is from Doona, Ballycroy, Co. Mayo. The eldest of eight children, she emigrated to the United States at the young age of seventeen,





following the footsteps of many of her ancestors. She traveled from Cork with her cousin, Pete Campbell, and met Pat Kilroy on the boat over, becoming lifelong friends.

They arrived in New York City on St. Patrick's Day. Bridget and Pete traveled by train to Cleveland, Ohio, to her Aunt Maggie and Uncle Mike McGowan, who sponsored them. Bridget worked as a nanny and would regularly send money home to her parents. During a trip home to Ireland with her cousin, Margaret Mary McGowan (Lally), she met Manus Conway, from Tallagh, at the Ballycroy Church dance. It was a real ballroom romance story. They married and moved back to Cleveland and settled into St. Mel's Parish. They had six children: Nora Margaret (deceased) Anne, Rose, Frank, Colleen and Keith. She also dearly loves her six grandchildren: Cailin, Aidan, Jamie, Jimmy, Bridget and Norah.

Bridget has many beautiful gifts, but the one most often thought of is her ability to bring laughter and joy into the lives of others. She cherishes all her family and friends; loves visiting and talking with everyone; having tea and spending time together. She is always visiting those who are sick or in need.

Since arriving in the United States, Bridget has been a member of the West Side Irish American Club. She has always enjoyed and supported events at the club, frequently selling tickets and bringing family and friends to events. Her daughters were active in the parade marching units, and Irish dancing. Bridget was also a member of the Hibernians for many years and was the Cleveland Hibernian of the Year in 1979.

She was one of the founding members of the Mayo Society of Greater Cleveland in 2004, along with President Gerry Quinn and many of her close Mayo friends. Bridget has been a very active board member, securing sponsorship for the Annual Ball, organizing bakery for the Mayo Tea and helping allocate the charitable funds to different charities. Bridget is very instrumental in keeping the organization tied to Ballycroy, Achill and Mayo.

One will frequently see Bridget enjoying dinner and events with her family and friends or reading the Irish newsmagazine from cover to cover at PJ McIntyre's Irish Pub. Patrick and Rebecca Campbell named the pub's party room the "Bridgie Ned's Party Room" in her honor. Bridget is and always has been involved in furthering and contributing to Irish Culture.

Inside Co-Chair: Maureen Cavanaugh



Maureen Cavanaugh has been a Hibernian most of her life. She comes from a family of Hibernians who have supported the organization and all of its activities for generations. Her mother, Joan Cavanaugh, was state president of the LAOH and an Irish Mother of the Year. Her dad Jim was a lifetime Hibernian and could always be counted on to attend the conventions and fundraisers.

Maureen graduated from Notre Dame Academy and Bowling Green State University. She has been a program developer and project manager at Regional Income Tax Agency for over thirty years.

With the LAOH, Maureen volunteers on committees and supports fundraisers. Her artistic talents are frequently lent to the decorations and centerpieces for conventions and important state meetings. Maureen is always on the spot to welcome guests and make everyone feel comfortable.

In any last-minute crises, she readily pitches in and does whatever is needed to make the event successful. You can always find Maureen working on the "Lucky Seven Drawing" at the annual Reverse Raffles, organizing the easy sale of tickets and encouraging people to buy for the sake of the Hibernians. She helps organize the Secret Santa gifts, food and donations for the charity of the day at the annual Christmas meetings.

In addition to the LAOH, the Murphy Irish Arts Association is a co-sponsor in nominating Maureen for this honor. She has been a member of the Murphy Irish Arts Center for forty-five years. She started as a young dancer and progressed to become a teacher and valuable member of the staff.

Maureen has competed in many world championships in solos & teams, representing Cleveland, Ohio and the USA. She is a certified Teacher of Irish Dance with An Coimisiun in Ireland. Maureen is a great coach and a real asset to young soloists & teams preparing for regional and international competitions.

She has marched in more than forty Cleveland St. Patrick's Day Parades for the Murphy Irish Arts Center and served as a parade marshal for the United Irish Societies. As a teacher in the Mid- American region of Irish Dance, she represents Cleveland, Ohio as she manages the daily awards ceremonies and acts as a judge escort. Both jobs are time consuming and reflect the organization's confidence in her integrity and trustworthiness.

Following in her family's footsteps, she also works for the

Association in the Irish Cultural Garden. Over the years, she has volunteered to help clean-up the Irish garden and help with its fundraisers. She is one of the key people in making the Irish Garden successful on One World Day every August. Maureen organizes the entry in the Parade of Nations and the display booths, as well as the performances in the garden.

Maureen is steady, hardworking and offers great suggestions. She lives the Hibernian motto and the Murphy Irish Arts Association's

mission statement.

Outside Co-Chair: Kevin McDonough



Kevin is the son of John and Mary Jane (McGilly) McDonough. He attended St. Ignatius and Fairview High School and continued his education at Dyke College. Kevin has been married to his wife Linda for thirty-eight years and together raised her two children, Kevin and Heather O'Malley.

As a teenager, Kevin discovered his desire for cooking, with the help and expertise of his mother. This passion led Kevin to open McDonough's Cafe in Lakewood from 1975 to 1980. He then began working with the Cuyahoga County Sheriff's Department as a Corrections Officer, but his love of cooking led him to the jail's kitchen, which he ran for seven years, feeding 2,000 inmates three meals each day. Kevin was promoted to Warden in 2001 and

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St. Patrick's day honorees!

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retired from the department in 2010, after thirty years of service.

No stranger to hard work, Kevin's retirement was short lived as he was recruited to be the Lead Resident Supervisor at the Judge Nancy R. McDonnell Community Correctional facility, a program sponsored by Oriana House, a renowned national organization for drug and alcohol treatment and community corrections.

Kevin's knack for bringing people together with food was soon recognized by the West Side Irish American Club. His volunteer chef duties began when he was asked by Helen Malloy to lead a group of volunteers in preparing a Ham and Cabbage Dinner.

This event was the beginning of McDonough's Brigade, a group of dedicated volunteers working with Kevin every Friday for many years, preparing and serving Pub Grub. Kevin plans, orders the food and cooks for the Club's Steak Roast, Pig Roast, and special events sponsored by the club. Kevin is very proud of the many delicious meals prepared and served by his Brigade, all while having FUN.

Organization is one of Kevin's attributes added to Cleveland Irish Cultural Festival's success as the Food Service Coordinator and Stage Emcee. He recruited and oversaw the food vendors. The festival was a non-profit, annual civic event, benefiting local and national charities and highlighting the many aspects of our Irish culture.

All through the extensive grounds, you find numerous exhibits and displays, world class performers on nine stages, a vast collection of goods from the finest vendors in the country, and over 300 volunteers that combined to continue this legacy of love for the Irish and their heritage. The festival took a hiatus due to COVID but based on the assistance of Kevin and diligent volunteers, Cleveland Irish Festival returns July 14-16, 2023.

Not one to sit idly by, waiting for the festival to return, Kevin working alongside his brother Joe, preparing comfort food at Gunselman's Tavern. Comfort is the Heart of Gunselman's, a welcoming neighborhood establishment in Fairview Park, where the food, atmosphere, and staff are fantastic, and an Irish tune playing in the background. Serving only the best to their guest, Gunselman's has won Cleveland's Best Burger Contest, not once, but twice.

Kevin has a heart bigger than any kitchen he has worked in, as recognized with his involvement with the Ziggy's Friends Rescue. This is a not-for-profit group helping local pets find there forever home. Working with Paul Baker of Brigid's Cross, the two have facilitated fundraisers to continue the work of this wonderful organization.

Work is not just a four-letter word to Kevin, but an activity intrinsic to him. He is entering his twenty-ninth year as a Board of Trustee Member of the West side Irish American Club; serving twenty-four of those years as the club's Vice President.

He never has to be asked twice to belt out a Happy Birthday on meeting nights or sing a solo with the entertainers on stage. Kevin will always give his all; all of the time.

West Side Irish American Club (WSIA)

Queen: Catherine Egan

Catherine Egan is the daughter of Tom and Eileen (nee Quinn) Egan and the proud granddaughter of Tom (deceased) and Kathleen (nee Murphy) Egan, and Owen



(deceased) and Annie (nee Lynch) Quinn. Catherine has three siblings, Owen, Seamus, and Clare, who have all been a part of the WSIA community for their entire lives. Catherine's ancestral ties are to Co. Mayo through her paternal grandfather, Co. Kerry through her paternal Grandmother, and Co. Cavan through both her maternal grandparents.

She has been a member of the WSIA her whole life; at the age of four, she joined the Little Bridgies marching squad, working her way through the Majorettes, Flag Corp, and Pom-Pom Squad. Rising through the ranks, Catherine enjoyed spending her Sundays at the club and was always excited to come back for next year's parade. Following in her mother's footsteps, she also Irish danced for eight years at both Burke and Brady-Campbell Schools of Irish Dance.

Catherine attended elementary school at St. Mary of the Falls and high school at St. Joseph Academy, graduating in May of 2020. While at SJA, Catherine received three Varsity letters in rowing and graduated with Honors. She also

was a member of the National Honors Society and volunteered during the school week as a tutor for fellow SJA students.

Duquesne University in Pittsburgh recruited Catherine to row; she is currently in her third of six years, pursuing both a **Bachelor of Health Sciences degree** and a Doctor of Physical Therapy. Catherine has received Athletic Honors both first and second year, and she is working to have the same outcome for third year as well. She also spends her days volunteering to help the ticket booth at university basketball games and donates canned goods and necessities to those in need through Duquesne University's many outreach programs.

When she is not at school or working, Catherine comes to the WSIA on Mondays or Tuesdays to help her grandparents clean the club and will attend Friday night cards, playing 25 with her grandmother on occasion. They are currently members of Mary Queen of Peace in Cleveland.

In her court, Catherine has chosen her sister Clare Egan and her friend Faith Donnelly, both of whom have helped her experience life and growth in her Irish heritage.

Woman of the Year:

Katherine (Kay) Hough

Kay was the first born to James and Ursula (McGuire) Lynch. She has three siblings, Bill (deceased), the Rev. James and Michael. Kay grew up on the east side of Cleveland and attended Holy Name grade school.

Her family moved to Berea, and she then attended St. Mary's school. Kay's family relocated to the West 65th area of Cleveland, where she returned and graduated from Holy Name High School.

In 1964, she met Cleveland Firefighter and the love of her life,







James Patrick Hough. They were married in 1966 at St. Colman Church. Kay and Jim were blessed with four wonderful children, Mary, Patrick (Katie Harkness), Sheila (Patrick Cooney) and Maureen. Kay is a very proud grandmother to Moria, Seamus, Meghan, Mary Clare, and Shannon Hough, Jimmy, Paddy and Maggie Cooney.

After graduating from High School, Kay was employed by Cuyahoga County Probate Court. Once the children were of school age, she went to work for the Cuyahoga County Board of Developmental Disabilities. Kay also worked part time for Marianne Kinkopf at the Irish Cottage.

Upon retiring from the County, she joined the Casey family at Casey's Irish Imports and was employed there for about fifteen years. She enjoyed every workday. Kay also volunteered at St. Patrick's West Park CCD program for many years.

Kay and Jim joined the I-A at the Madison Avenue location. When the club moved to Olmsted Township, Kay served on the board as treasure for ten years. Kay chaired the first New Year's Eve dinner/dance at the new facility.

Kay was honored to work with her dearest friend Kay Forrey in creating "The Ladies Only Reverse Raffle," which they chaired for fourteen years. Kay was instrumental in creating the Trim-A-Tree Party; members participated in decorating for the holidays, but she also had them bring a gift to share with needy children in the Cleveland area. Kay volunteered at Cleveland Irish Festival and is a proud member of the Ladies Ancient Order of Hibernians, Our Lady of the Rosary Division.

Mαn or the Year: John Lackey



John Patrick Lackey was born and raised outside Ballyjamesduff, Co. Cavan, Ireland. In 1955, he came to the United States with his dad, Patrick (Mother Elizabeth passed away in 1945), where he joined his brother and five sisters. John joined the United States Army, first stationed at Fort Knox, Kentucky, and then at Fort Eustis, Virginia, where he served as a Locomotive Engineer.

Shortly after arriving in

Cleveland, John joined the West Side Irish American Club and marched with the Fife and Drums in the St. Patrick's Day Parade for many years. He is also part of the famous Tuesday maintenance group at the club and has been elected as trustee for many years.

John was an Associate Director of Cleveland Irish Cultural Festival and has been a Delegate to the St. Patrick's Day Committee since the mid-1980s. He joined the Pioneers Total Abstinence Association in 1957 and served as a council member and treasurer; he is currently the president.

A St. Patrick's Gaelic Football Club member and vice president of the Greater Cleveland Feis Society, John worked in the grocery industry for many years and retired from the Cuyahoga County Clerk of Courts.

John and his wife of fifty-six+ years, Eileen, reside in Rocky River and have three children, Sean (Michelle), Maureen (Bob), and Sheila (Paul); they are the proud grandparents of six grandsons, and are members of St. Christopher's Parish, where John has been an usher for many years.

Volunteer of the Year:

Pat Malloy

Pat is the son of Margaret Ann and Daniel Aloysius Malloy (both deceased). He has five siblings, Margie (deceased), Danny, Barbara, Kathleen, and Michael. He attended St. Jerome's grade school and Collinwood High School in Cleveland. In 1971, he began working for Sullivan Construction, where he started learning the trades.

In 1972, Pat and his first wife were married, and he began a new career at Lincoln Electric as a machine technician. They have two sons, Patrick Michael, and Brian Scott.

Pat was very involved with coaching CYO wrestling for five



years with his children and helped wherever needed throughout their high school years. After thirty years of marriage, Pat and Michelle separated. Two years later, he met Mary Ann Paoplucci and married his "Pretty Italian Lady." Together they have six children and ten grandchildren.

Pat retired from Lincoln Electric in 2015 but wanted to stay busy with all the extra time on his hands. He saw that the Berea Fairgrounds was getting ready for Cleveland Irish Festival, so he went out and met with John O'Brien, Jr. who put him to work right away. He met so many friendly people who were also part of the West Side Irish American Club; that was Pat's first experience of the "WSIA Family."

Pat became a member that year and began his volunteer work, jumping in with both feet and never looking back. Pat's first volunteer job was painting the gazebo. He also helped with the stonework around the pillars of the main hall.

You can see Pat in autumn and winter months cleaning the grounds of leaves and snow and working in and around the garage with Jack

Continued on page 18

17



St. Patrick's day honorees!

Continued from page 17

Flynn. His most recent project was removing fallen trees from around the lake and making way for a walking path.

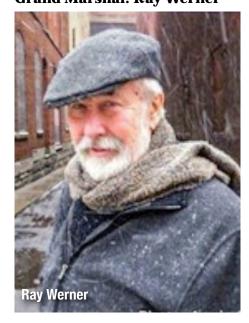
Shamrock Club or Columbus

Woman of the Year: Mary Grady Strickland

Parade Marshal: Patrick W. Byrne

Members of the Year: Colleen Collins, John Collins, Kira Collins and Tracee Collins

ριττεόυκςh St. ρατκιck's day ρακαde Grand Marshal: Ray Werner



Ray is a founding member of the band *Hooley*; a board member of *Brother Ondrey's Café*, which employs exceptional adults; a board



Grand Marshal Patrick W. Byrne; Members of the Year Colleen Collins, John Collins, Kira Collins and Tracee Collins, Club President Karen Komatsu, Irish Woman of the Year Mary Grady Strickland

member of the *Red Door*; that services the homeless; a songwriter (two of which were recorded by the legend James Patterson); and a play write.

His musical, *Shantytown*, the Father Cox Story from Old Saint Patrick's Church, opens the evening of the parade. He has written fourteen plays.

Ray is retired from the advertising industry; his slogan "You have a Friend in Pennsylvania," won numerous advertising awards. He was inducted into the Pittsburgh Ad Federation Hall of Fame in 2002. Ray and Susan have four children and seven grandchildren.

Mayo Society of Treater Cleveland

Man of the Year: Mike Gibbons

Michael is founder of Brown Gibbons Lang & Company. Michael provides an active senior role to client engagements and business development opportunities. Immediately prior to forming BGL,



Michael was president and CEO of Underwood, Neuhaus & Company, a leading regional securities and investment banking firm in Houston, Texas. While with this firm, he also held positions as executive vice president, head of capital markets and manager of corporate finance. Before joining Underwood, Michael was a senior vice president and served on the operating management committee of McDonald & Company Securities, Inc., in Cleveland, Ohio.

Brown Gibbons Lang & Company is a leading independent investment bank serving the middle market. BGL specializes in mergers & acquisitions advisory services, debt & equity placements, financial restructuring advice, and valuations & financial opinions, with global industry teams in business services, consumer, healthcare, industrials, and real estate. BGL has offices in Chicago and Cleveland and Global M&A Partner offices in more than forty countries across five continents

Mike serves on the board of directors, is chairman of the audit committee and member of the compensation committee for Preformed Line Products (PLPC), Cleveland, Ohio; on the Northeast Ohio advisory board for U.S. Bank Corp., Minneapolis, Minnesota; on the board of trustees for Greater **Cleveland Sports Commission**, Cleveland, Ohio; on the visiting committee for Case Western Reserve University Weatherhead School of Management, Cleveland, Ohio; serves on the board of visitors committee for the **Cleveland-Marshall College of** Law; serves on the board of directors for Values-in- Action/ Project Love, Cleveland, OH: chairman of the board of directors for Global M&A Partners Ltd., Dublin, Ireland; is past chairman, serves as director and on the executive committee for Global M&A Partners, Dublin, Ireland.

He has a B.A., cum laude, Kenyon College; M.S., Management, Case Western Reserve University; J.D., Cleveland State University.





IRISH American Club east Side (IACES)

Member of the Year: Jack Murphy



John Joseph Ambrose Murphy was born in September 1952. He is third of six children born to John and Mary Jane Murphy (Michael, Mary, Patrick, Helen and Bridget). They lived on East 172nd Street. Jack was baptized at St. Joseph's Collinwood.

The family moved to East 211th Street in Euclid in 1955. Jack was a Holy Cross Falcon and then a Viking at St. Joseph High School, graduating in 1970. After graduation, Jack entered the work force, following his dad and older brother into Pressure Castings factory, where Jack worked for a few years until the opportunity arose for him to become a deckhand on an Iron Ore boat that traveled the Great Lakes.

Jack was "off" during the winter months and was able to hone his bartending skills at assorted watering holes in the area, including The Irish American Club Est Side. After painstakingly saving his money, Jack purchased Tradewinds Lounge in 1983.

Jack has been an active member of the Irish American Club East Side since its' inception; he is charter member #131. He has supported the club throughout the years; advertising monthly in the Schanachie as a corporate sponsor. He supports all of the events the Club hosts. He has always been willing to donate to any type of raffle and has been known to win "a few."

Jack also sponsored several Thirsty Thursdays and is famous for riding his bike every Thursday from East 200th St. to the Club for those Thirsty Thursdays. One of his favorite things to do here at the club is serve up the carrots at the annual corned beef and cabbage dinner. He is known for his catch phrase of "just plain #" at many of our reverse raffles he has called for the club.

For the past twenty-five years, Jack has made a home and shared his life with Pamela Anderson. He is the favorite uncle to ten nieces and nephews, even though there are countless other people who affectionately call him "Uncle Jack." His contagious laugh and generous heart have the true Irish Spirit.

dublin, Ohio St. ρατκικ's day ρακαde Grand Leprechaun: Deb Papesh

In recognition of her generosity and continuous efforts supporting numerous Dublin-based organizations and schools over the years, Deb Papesh will lead the City of Dublin's St. Patrick's Day Parade on Saturday, March 11.

Papesh moved to Dublin in 1995 with her husband Brian and has been very involved in the community ever since. Daughters Dr. Ashley Papesh, Place of Legacy Family Dental, and Katie Papesh, 4th grade Hopewell Elementary teacher are both graduates of Dublin Scioto



High School. Deb and Brian are also proud grandparents of four-yearold Jaxon and eighteen-month-old Mason.

Papesh is committed to supporting Dublin City Schools and ensuring food security in the community. Her efforts are currently focused on supporting the Dublin Food Pantry's Capital Campaign and starting the endowment process for the Dublin Education Foundation. Deb was inducted into the DCS Hall of Fame with the "Outstanding Service Award" in 2020 and was the Dublin Women's Philanthropic Club Gala Honoree in 2022.

She has supported the development of the first OCLC School Partnership to match company tutors with Riverside Students. In addition, she has sat on multiple district-level committees, including Strategic Planning and levy teams. Deb and her husband Brian continue to support the Ohio Stadium Cake Scholarship endowment fund, which awarded \$15,000 in scholarships in Fall 2022.

"Dublin has been an incredible community to call home and I am honored to be chosen as the 2023 Grand Leprechaun! I support the accomplishments of past, present and future community members with me on March 11 in Dublin's St. Patrick's Day Parade," she said.





dauthters of Erin (Central Ohio)

Woman of the Year: Nancy Longenbaker Member of the Year: Margie Toner Thompson

Continued on page 20





St. Patrick's day honorees!

Continued from page 19



Ancient Order of hibernians lucas County

Hibernian of the Year: Monsignor Chris Vasco

Monsignor Chris Vasko is pastor



of St. Patrick's Historic Church in Toledo. He is also the chaplain of both the Lucas County AOH & LAOH divisions.

ancient Order of hibernians Columbus

Patrick Pearse Division 1

Hibernian of the Year: Michael Cosgrove

Commodore Barry Medal: Scott Partika

Ancient Order of hibernians Carnezie, PA

Man of the Year: Tim Murphy

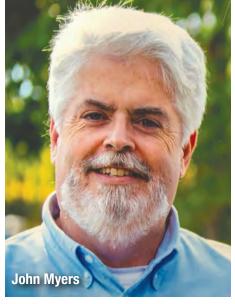
Tim is a two-term vice president and two-term president of Sean McBride Division 32 Carnegie Pa. He is currently the treasurer of the Allegheny County Board and is the lead for the August golf outing, used to fund many division charities.

Tim is the Organizer West and involved in many events, running the Fish Fry, and was involved in the National Convention in Pittsburgh in 2022.

Ancient Order of hibernians Treater Cleveland

Man of the Year: John Myers

John Myers is the youngest of six children, born to Bob Myers



and Maryanne (Havey) Myers in Lakewood, Ohio. Although generations removed from his immigrant Irish ancestors, the gifts of Irish heritage and Catholic faith were core principles of his family. John has lived in the Westshore area most of his life, attending St. Christopher grade school, Rocky River High School, Miami University, and Cleveland-Marshall College of Law. Early involvement as an altar boy, Scout and in the CYO helped internalize that faith, family, service, and country were central to any life of purpose.

John and his wife, Mary Eileen Kilbane (Judge, 8th District Court of Appeals), live in Cleveland's West Park neighborhood, where they raised their two daughters: Therese (Tess) and Joanna (Jo). Both daughters attended Magnificat High School, where John was active in the Father's Club. The girls studied dance at Inis Acla School of Irish Dance and joined the West Side Irish American Jr. Fife Corp., marching in the St. Patrick's Parade.

While proud of his Irish heritage through his Havey, Myers, O'Connor, White, Riley, McCarthy, Menton and Maloney families, a misty consciousness of an Irish identity turned to a strong pull while living in Dublin during college and hitch hiking throughout the Emerald Island. Spending many a Tuesday night with the Wolfetones at the Wexford Inn helped shape a thought or two as well.

This was shortly after the period of the hunger strikes and it became clear that the tragedy of the English/Irish relationship was more than something out of the mist of history; in fact, there was an ongoing, systematic British drive to deprive the Irish of their fundamental rights. The ongoing deprivation of human and civil rights; the use of torture, murder and state sponsored violence stunned one's fundamental sensibilities.

How could England, the home of the mother of Parliaments, England, that both John's grandfathers had fought to preserve in WWI; England, that John's father was awarded three Bronze Stars at the Battle of the Bulge to protect, could so willfully have their hands stained with the blood and misery of the Irish people?

Out of Law School, John went on to many years of public service with the Lakewood Prosecutor, Public Defender, Cleveland Law Department and Cuyahoga County. He also worked over a decade in the law offices of former Congressman

Continued on page 22



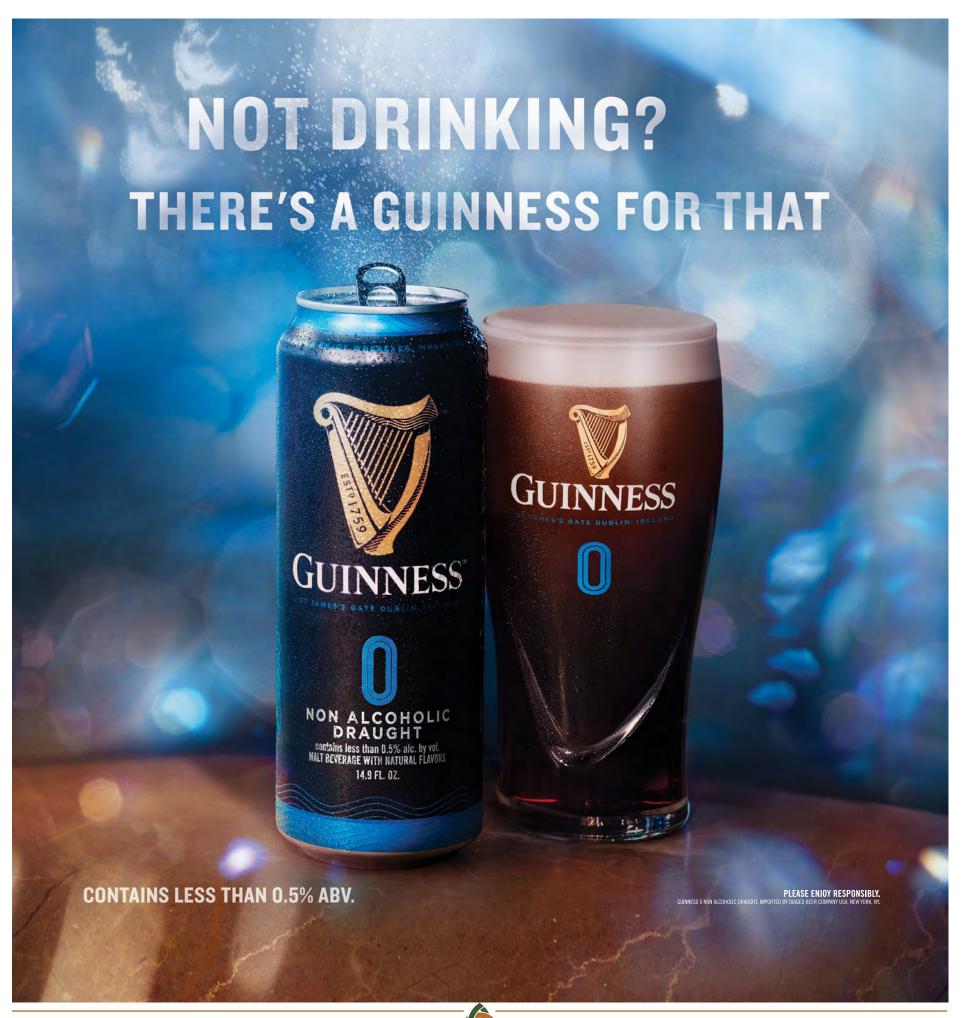
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St. Patrick's day honorees!

Continued from page 20

Robert Emmett Sweeney, a renowned trial attorney and a lifelong advocate for the cause of Irish Freedom.

John has been active in local, state and national politics; tying in the Irish issue only seemed natural, and eventually led to being a national board member of the Irish American Democrats PAC to help advance "The Cause" of Eire. Working with fellow Irish Americans, John was very active in the McBride Principle's Campaign for Fair Employment, helping raise awareness of the severe employment discrimination in the Six Counties: organizing, demonstrating, writing legislation and testifying before fact finding committees.

Many of the McBride advocates were members of Irish Northern Aid, The AOH and the LAOH; they shared their history and commitment to these vital organizations (as well as good music and the craic). John was most happy to join them.

James Coleman McCoy (Ohio *Irish Bulletin*) presented John with a plaque honoring his involvement in The Cause." This involvement has led to sitting in the Roosevelt Room at the Whitehouse with Ambassador

Jean Kennedy Smith and members of the National Security Team in the times leading up to the Good Friday Accord (GFA), advocates working little by little around the U.K. "Special Relationship" to internationalize the issues in the Six Counties.

Along the way, these included attending the raucous Sinn Fein Ard Fheis in Dublin when Ireland's oldest political party voted to accept the GFA and witness the parole of the Balcom Street Four; facilitating 'Irish Planks' in the DNC Platforms; encouraging business development in Ireland through the Cleveland Council on World Affairs; assisting the IDA, Enterprise Ireland, Mayo County Council and the Atlantic Corridor USA's efforts to attract business investment; initiating the secondarily naming of East 22nd Street in honor of Irish immigrant and co-founder of Alcoholics Anonymous, Sr. Ignatia Gavin Way; helping raise funds for and siting of the Irish Hunger (Famine) Memorial in the Flats; being selected as United Irish Societies Co-Chair of the 2016 St. Patrick's Day Parade; traveling with the official delegation to Ireland for the "Twinning" of Achill/Co. Mayo; advocating for direct Aer Lingus flights to Cleveland; Coauthoring "Irish Cleveland," a short history of the Irish in Cleveland; columnist for iIrish newsmagazine;

co-anchoring TV20's parade coverage; United Irish Society Delegate; Chairing a annual Irish Good Fellows Luncheon; organizing several Irish Film Festivals, and serving as a long time board member of the Irish American Archives Society.

John currently is a member of the AOH Boland-Berry Division, where he is the Freedom for All Ireland Chair, and serves as a State Director for the Ohio State Board of the AOH and as State Immigration chair, pushing and advocating for a fair and comprehensive immigration reform legislation, conscious of our common immigrant roots.

ancient Order of hibernians alleghenu County, pa.

Hibernian of the Year: Tim Regan

ılrısh newsmazazine

Person of the Year: Patrick T. Murphy

Please see our Irish Person of the Year story on page 10. ■

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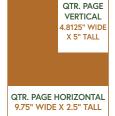


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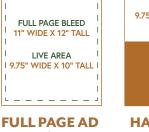
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Donnybrook Boxing Tournament Returns to Pittsburgh

Ireland Vs. U.S.A. Highlights the Fundraiser for Ireland Institute

Ireland's only Men's Olympic **Boxing Champion**, Michael Carruth, is preparing his Drimnagh (Dublin) Club for their March tournament, their fourth visit to Pittsburgh. As the city greets St. Patrick's season, and the Pittsburgh St. Patrick's

Day Parade is the next day (it's not and Pittsburgh area just one day anymore),

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Thurs: 11:30am-10pm

Carruth's return is highly anticipated.

*i*Irish is proud to be a sponsor of the Pittsburgh Donnybrook, an eleven-bout amateur boxing match between the Drimnagh Club

UNTIL 7PM!

⁵2 Domestics,

54 Glass of

amateur boxers. Young men and women square off on Friday, March 10th at the Priory's Grand Hall on Pittsburgh's Historic Northside. The team with the most wins captures the Ambassador's Cup.

The event benefits the Ireland Institute of Pittsburgh, a local non-profit dedicated to peace and reconciliation in Ireland and partnership between Pittsburgh and Ireland. the Drimnagh Club and Pittsburgh area amateur boxing organizations.

Priory Hotel, 614 Pressley St, Pittsburgh, PA 15212. Contact: Ireland Institute of Pittsburgh, Jim Lamb ilamb@iiofpitt.org or 412-708-2184.

Tickets: https://www.showclix.



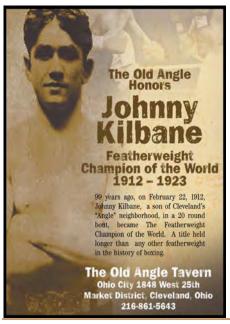
The event also benefits IIP President Jim Lamb and Drimnagh Team Manager and 1992 Olympic Gold Medal Michael Carruth

com/event/donnvbrook-2023 •

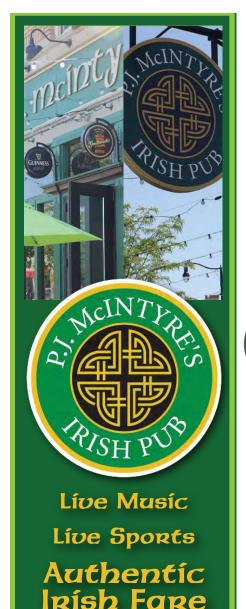
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Midwest GAA News

The Midwest Division has been working away with clubs in each code (men's football, ladies' football,

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hurling, and camogie) to determine a league and championship structure this summer. The Division continues to grow with a total

number of teams being fielded at twenty-four. That will correspond to over sixty matches, not including the Midwest Finals.

The ladies' football competition welcomes Roc City Gaelic (Rochester, NY) to the group to play against returning clubs Buffalo Fenians, Cleveland Saints,

and Pittsburgh Banshees. The format matches Cleveland and Pittsburgh up with a home and away; and Buffalo and Roc City with a home and away. Then, Cleveland will travel to Buffalo and Roc City will travel to Cleveland while Pittsburgh will travel to Roc City and Buffalo travel to Pittsburgh to round out the summer league.



In camogie, Cleveland and Pittsburgh stand alone in the Midwest and will play a home and away format. The remainder of the summer aims to have friendly matches with Indianapolis, Philadelphia, and/or Chicago as schedules allow.

In hurling, the division has again expanded to embrace the Albany Rebels and second teams in Cleveland and Pittsburgh. Also returning are Akron, Buffalo Fenians,

Cleveland, Pittsburgh, and Roc City, bringing the total number of teams to eight.

Men's football is also expanded, with Roc City Gaelic entering the group and bringing the total number of teams to ten, including Pittsburgh's top team. At the time of writing, the footballers were still coordinating

the league, but will likely settle on north and south pools of teams. Next month, the Division will finalize the plans and we will publish the summer's schedule of games.

Other news: The Midwest is once again holding a Trip-to-Ireland raffle (email your local GAA for details, or clevelandGAA@gmail.com). The drawing is based on the Pennsylvania evening Pick 4 on March 17. The Midwest is also providing a coaching development weekend in April. Coaches from Munster will be over to teach tactics and team development skills.

Roc City Box Hurling Tournament

Rochester hosted their second annual indoor tournament on February 4th. Several teams competed, but the host, Roc City, took first place, followed by the new hurling club, Albany, taking second. *Comhghairdeas libh*!

GAA Midwest Finals

Big news – the Midwest Finals are heading back to Cleveland! Cleveland submitted and won the bid to host the weekend tournament that will determine who represents the division at the USGAA finals in Denver. Cleveland last hosted in 2017. Save the Date – Midwest Finals are August 5th and 6th.

Cleveland Memorial 7-A-Side Football Tournament

Cleveland will once again host their annual 7-A-Side Memorial football tournament at the West Side Irish American Club on May 20th. Mark your calendars for a fantastic day of men's and ladies' football that will be



YOUTH GAELIC FOOTBALL INDOOR SESSIONS

FORCE WESTLAKE 6-7PM

11-15 year olds: 2/19, 3/5, 3/19 5-10 year olds: 2/26, 3/12, 3/26

Learn the most popular sport in Ireland! We will introduce the basic skills and game play.

Gaelic football is a fast paced game that combines skills of soccer, basketball and volleyball. Welcome to all skill levels

\$30/per child. Includes 3-1 hour sessions and a T-shirt.



https://www.eventbrite.com/e/533757301457



followed by an evening of traditional music and creamy pints. Want to get involved? The club is always looking for help and the people are great.

Cleveland Youth Sports News

Cleveland's youth team will host indoor football clinics in March until the weather breaks for outdoor sessions. The Sunday trainings will be divided by age groups, 11-15 and 5-10, and will alternate each week (February 19 start) at Westlake Force from 6pm to 7pm. All are welcome, boys and girls, new players and veterans.

The Cleveland Saints will also be participating in the St. Malachi Run on March 11. Join us for the 2-miler, 5-miler, or combo 7-miler. It is for a worthy cause, and it is a fun social during the run and during the recovery afterwards. Wear your favorite GAA jersey or the Club colors, Green and Red.

Go raibh míle maith agaibh

Thanks y'all, to our readers and supporters. We need your help and involvement but would most like to share the fun of Irish sport and

Cleveland community with you. Consider getting involved at any level.

Fáilte (welcome) to all. The Gaelic Athletic Association is Ireland's largest sporting organization and a bit of home for the Irish abroad here in the U.S. of A. Beyond sports, the Association also promotes Irish music, song, dance, and the Irish language as an integral part of its objectives. Cleveland GAA is open to all who want to play competitive sports, meet new people, and join an athletic, fitness-minded club for all ages.

Follow @ Cleveland Gaelic on Facebook, Instagram, and Twitter for the 2023 activities for Men, Women, and Youth, or visit ClevelandGAA. com. ■

Vincent Thomas Francis Xavier Beach is a proud Greater Clevelander and emigrant of Michigan.

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why I often make way more serving of our meals than either my husband



bits and pieces from your March 17th celebrations, here is a great way to use your "Irish" fare in a hearty little meal.

Irish Eggs Benedict and Veggie Bacon Hash

Ingredients

Serves approximately 4 4 slices Rye Bread – cut each piece into a large circle using a cookie cutter or the mouth of a glass. You can also leave the rye slice whole if you like.

- 8 ounces of Corned Beef
- 4 slices Swiss Cheese
- 4 ounces Cooked Cabbage,

Sauerkraut or Coleslaw -- whatever you have left over or prefer

- 4 Poached or Over Easy Eggs
- ½ cup Thousand Island dressing or Mustard
- 2 tablespoons butter
- 2 tablespoons Horseradish (optional)
- 2 cups Diced Potatoes
- 1 cup Diced or Shredded Carrots 6 slices Bacon, cooked & crumbled 1 tablespoon Olive Oil
- Salt and Pepper to taste

Directions

Cut circles in the rye bread slices and place on baking sheet. Spread with butter and a little horseradish if desired, Top each with a slice of Swiss cheese. Bake in oven at 350* for several minutes, until they start to brown and cheese is bubbly.

Remove from oven and set aside. In a skillet over medium heat. cook the bacon slices. Remove from

the pan, reserve the bacon drippings in the skillet and crumble bacon once cool enough to touch.

Dice up potatoes and carrots and in the skillet the bacon was cooked in brown up the potatoes and carrots over medium heat.

In another skillet, add a little olive oil and warm up the left over corned beef and cabbage or sauerkraut. Cook for a few minutes just until heated through.

Prepare eggs.

Assemble the Eggs Benedict. Take a circle of rye toast with the melted Swiss cheese on it and top with about two ounces of corned beef, then add the sauerkraut or cabbage

or coleslaw. Place an egg on each one, salt and pepper to taste, and then drizzle with Thousand Island dressing or mustard. Repeat to make four servings.

Place the browned potatoes and carrots in a serving bowl and add the crumbled bacon. Salt and pepper to taste. Serve as a side dish for the Irish Eggs Benedict. •

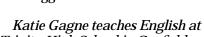
Trinity High School in Garfield

Heights. She is also the owner of her in-home bakery Sassy's Sweets and Oh So Much More. You can contact her at (440) 773-4459 or at mkbluebows@aol. com, or find her on Facebook at @ sassyssweetsandmore.

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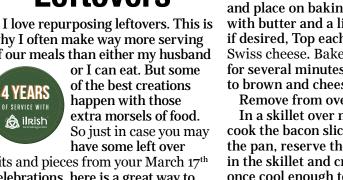






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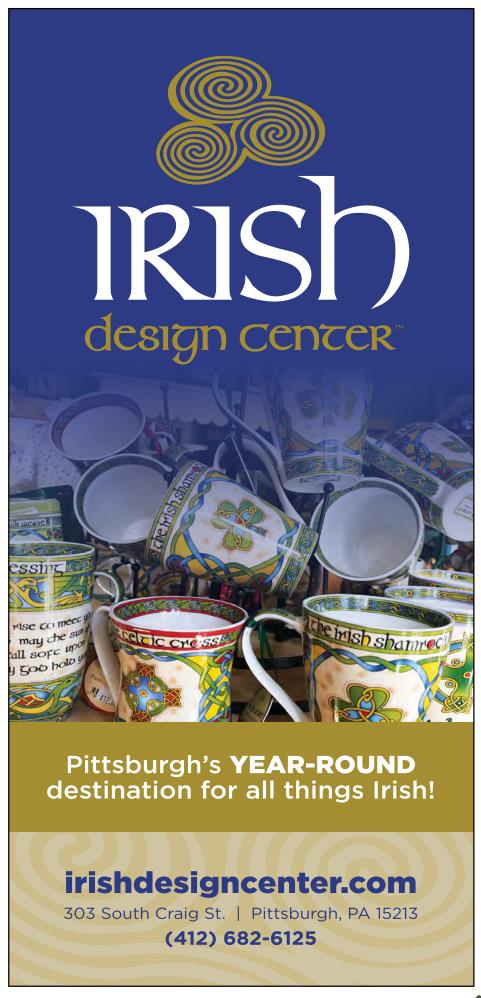
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Change The Conversation





Student Stories: What Is the Irish Language to Me?

By Patrick Gormley

Weh¹ ros. "True"³.

If you happen to have a time machine and travel to the Pontic-Caspian Steppe in the late Neolithic, you might hear this word being thrown around. It's a word historical linguists have reconstructed from the ancient Proto-Indo-European language, likely spoken north of the Black Sea¹ around the year 4000 BC⁴. As its speakers migrated and settled throughout Europe, the Middle East, and southern Asia, this one language gradually developed into the more than 400 modern Indo-European languages2, including but hardly limited to English, French, Ukrainian, Hindi, German, Pashto, Farsi, Greek, Marathi...

This subject is a passion of mine. I have been fascinated by languages since at least middle school. I took French all throughout high school; I taught myself Polish in 9th grade in preparation for a trip I was taking with my church to World Youth Day in Kraków, Poland; I dabbled in various languages throughout high school (my favorite still being Hungarian), and began teaching myself Proto-Indo-European in 11th grade.

Over the years, this has grown into an interest of Proto-Indo-European's daughter languages: Indo-European languages that I have taught myself some amount of include Sanskrit, Proto-Balto-Slavic, Proto Germanic, Proto-Slavic, Proto-West-Germanic, Old Church Slavonic, Polish, Dutch, and Proto-Celtic, in addition to the other languages I have delved into through independent and academic study.

As a few examples, I have minored in French and Irish in my



undergraduate studies, and I learned some Spanish before going to Costa Rica on a service trip over spring break in 2020. I'm currently also learning Swahili with one of my friends and bits of Luganda in my spare time, and I have plans to take up learning Old Norse and Ukrainian within the next few months.

Tir gan teanga, tir gan anam

There is an Irish saying: "tir gan teanga, tir gan anam"; that is, a country without a language is a country without a soul. Similarly, Charlemagne is credited with having said that "to have another language is to have another soul." Learning another language does far more than provide the learner with a new means of communication: it introduces them to another mode of thought, another "soul" of cultural heritage through which to experience the world around them. I have found this to be true many times over in learning Irish at Pitt; whether through learning traditional Irish sayings, diving into Irish-language music, or reading literature in Irish.

Some of my reasons for becoming interested in learning the Irish language is, to start, the connection with my family's heritage. Most of my ancestors came from Ireland, the one I know the most about is my great grandfather, Owen Gormley. He came to the United States in the early 1910's from Granlahan, in County Roscommon. He came to the United States the most recently out of my ancestors, with most of them coming either around the same time or (for some of them) several decades or even centuries earlier. Our earliest recorded ancestors in the US arrived in the 1600s.

More distantly, our last name comes from the family name

Gormghaille, meaning "blue valor." This probably refers to the ancient Irish practice of wearing blue war paint into battle. I was always inspired by having such a direct connection to a notable people from ancient times.

My connection to Ireland does not end with my ancestry, though. In my family, we used to always listen to Irish music when I was growing up. We especially have always liked Gaelic Storm, and we've gone to many of their concerts, especially at the Irish festival every year. Additionally, my brother plays the bagpipes (they're Scottish, but still...), and he has used this as a segue into a vast knowledge of traditions of Irish and Celtic music. Though I unfortunately could not make it to my parents' wedding, some of the music at the reception was in Irish, and they had Irish songs both in English and in Irish.

Irish Dance

From when I was about 5, until I was 14, my brother and I did Irish dancing with the Shovlin Academy of Irish Dance in Dormont. We were always in the parades, especially the St. Patrick's Day parade, but also other parades throughout the year, and we competed in feiseanna frequently.

I've also done Ceilidh dancing before (in informal contexts), which I enjoy a lot. Doing Irish dancing has helped me with other kinds of dancing that I've done at other points in my life, such as tap dancing (for theater productions in high school) or more recently, swing dancing and square dancing. My appreciation for Ireland, though, is not merely from afar: we visited Ireland when I was 7 years old, and some places that I particularly loved were the giant's causeway, Bunratty castle, and the Blarney stone.

Now, in addition to an interest in Irish culture, I also have an interest in languages. I've loved learning languages ever since middle school; I took French in high school and taught myself a good deal of Polish in my free time. I'm really interested in historical linguistics, particularly ancient and reconstructed languages as well as modern languages.

For example, I'm currently studying Sanskrit in my free time. So when I came to Pitt, I knew that I wanted to study a language and the LTLC department really caught my eye.

When I was planning out my classes, I realized that I could complete a minor in Irish and I decided that this was the route I wanted to take. I knew that this would be a great way to pursue my interest in languages while also learning more about my heritage — and I've definitely enjoyed this wonderful opportunity.

So, what is the Irish language to me? It is heritage; it preserves and encapsulates the legacy of my ancestors; it transports me to a time and a place that lives on through stories and songs. It is culture; it is a language that sings of traditions and ways of life that resounded for so many centuries; it reminds me of the songs I listened to when I was younger.

It is beauty; it recalls to me the hills and cliffs of Ireland where my ancestors lived for so many generations; its echoes dance like faeries. It is memory and legacy; it is art and poetry; it is the language of priests and warriors and poets and kings. It is a language whose legacy will never die; whose beauty cannot be taken away; whose heritage can never be forgotten. It is our language. It is my language.

Citations

1. Anthony, David W. *The Horse, the Wheel, and Language: How Bronze-Age Riders from the Eurasian Steppes Shaped the Modern World.* Princeton University Press, 2010. Accessed 14 November 2022.

2. "Browse by Language Family." *Ethnologue*, https://www.ethnologue.

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3. de Vaan, Michiel Arnoud Cor. *Etymological Dictionary of Latin and the Other Italic Languages.* Brill, 2008. Accessed 14 November 2022.

4. POWELL, ERIC A. "Telling Tales in Proto-Indo-European." *Archaeology Magazine*, https://www.archaeology.

org/exclusives/articles/1302-proto-indoeuropean-schleichers-fable. Accessed 14 November 2022.

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People Who Live Longer, Eat These Specific Foods

Fad diets are a dime a dozen. A new Forbes Health survey of more than 1,000 adults found that 33%

1 YEAR
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of 18 to 25-year-olds and 30% of 41-yearolds' top New Year's resolution was to "eat better."

But popular diet plans, like "Keto," consistently rank near the bottom of medical and nutrition experts' lists of recommended diets. However, "what not to eat" and "which plans not to follow" only help so much.

What should you eat to boost your overall health?

A new survey spanning nearly four decades has provided us with actionable advice, and it's not restrictive or one-size-fits-all. In fact, various eating patterns can reduce disease and premature death, according to the new study, which was spearheaded by researchers at Harvard T.H. Chan School of Public Health and published online January 9th.

The take-home message from this study is that there is no single diet that is the best diet for everyone. A healthy diet can be flexible and adapted to meet individual health needs, food preferences and cultural traditions. The new study included more than 75,000 women and 44,000 men. No participant had cancer or cardiovascular disease before the study. Every four years, participants completed dietary questionnaires, which researchers scored.

Many of the patterns that emerged aligned directly with these diets and guidelines:

The Mediterranean diet: focuses on lean proteins, like fish and chicken, fresh produce, and healthy fats like olive oil and avocado. It was recently ranked as the top diet for 2023 by US News & World Report.

Healthful plant-based: similar to the Mediterranean diet, but animal products like poultry and cheese don't make the cut.

Dietary Guidelines for Americans: updated every five years by the USDA and HHS, these guidelines recommend focusing on lean and plant-based protein, fruits and veggies while limiting red meat, processed food, alcohol and added sugar.

Alternative Healthy Eating Index: developed by Harvard researchers, this study rates foods based on risk for contributing to or limiting risk for chronic diseases.

This study indicates that one does not need to stick to only one healthy dietary approach for their whole life. To enhance variety and adherence, one can switch between these various healthy diets or create their own diet. However, the core healthy eating principles should remain the same:

Eat more minimally processed plant foods such as fruits, vegetables, nuts, whole grains and legumes; eat less red meat and ultra-processed foods high in sugar, sodium and refined starch.

Eat These Foods to Increase Your Life Expectancy

Each plan mentioned by Harvard researchers has its nuances. But they also have key similarities worth highlighting as you craft your grocery lists. Although these diets differ in some respects, they all include high amounts of healthy plant foods such as fruits, vegetables, whole grains, nuts and legumes and lower amounts of refined grains, added sugars, sodium, and red and processed meats.

Whole grains

People may resort to no-carb diets to lose weight. But experts suggest taking a different route. Instead of cutting carbs, reach for whole grains.

Whole grains are important to

regularly consume in our diet as our brain uses these as our first energy source. Whole grains, compared to white grain products, have more fiber and help to keep us fuller longer.

Fiber

Fiber is crucial for blood sugar control, cholesterol control, as well as keeping our bowel movements regular. Indeed, another large recent cohort study from 2020 indicated that participants with the highest intake of whole grains had the lowest risk for Type II diabetes.

A study from 2022 found that high consumption of total whole grains was linked to lower cardiovascular disease risk. Figuring out what's truly whole grain requires a bit of savviness because of misleading marketing, though.

If the food package is labeled with "multigrain," "12-grain bread" or "made with whole grains," still check the ingredient list. These words are savvy marketing buzzwords companies use that may be confusing and may not even contain whole grains.

Sources include:

Brown rice

Quinoa

Whole wheat pasta

Barley

Bulger

Farro

Whole fruit

You're likely not surprised fruits made this list. But your first thought may not be "carbohydrate source" when you think of fruit. Produce is a natural form of sugar and fiber and vitamins. Because fruits have natural sugar, people, such as those with diabetes, will want to pay close attention to portion sizes and how they consume fruits. If you are someone who needs to control your blood sugar...It is ideal to consume fruit with a source of protein or healthy fat. For example, eating apple slices with peanut butter or an orange with a piece of string cheese can aid in preventing spikes in blood sugar.

Speaking of sugar, reach for whole fruit over juice. Juice is higher in calories and doesn't have the beneficial fiber that a whole piece of fruit has.

Vegetables

You're also likely not surprised that vegetables made the cut. They are a great source of vitamins, minerals and fiber and contain the least number of calories for someone who may be trying to lose weight. However, people struggle to incorporate them into their diet. The key with fruits and vegetables is to eat a variety of types and colors so that you can get the benefits from all the nutrients.

Nuts

Nuts are considered a healthy, unsaturated fat source that aid in improving inflammation, lowering cholesterol and decreasing the risk of developing heart disease. These fats can also be obtained from other sources like avocados and olive oil. Portion size is key, though. It is recommended to stick with no more than ½ cup nuts at a time because they are calorically dense even though they are healthy.

Legumes

Legumes are important for controlling your blood pressure, lowering your cholesterol and balancing blood sugar in the body. They can also help to support healthy gut function and aid in weight management as they are very high in fiber.

Here are some great options:

Beans

Lentils

Chickpeas

Peas

Soybeans

Just remember, there's no onesize-fits-all plate.

Dr. Peters is the founder of "The Fitness Doctor" (www. thefitnessdoctors.com) and a professor of Health & Human Performance. He has a Ph.D. in Physiology from Kent State University and is a certified member of the American College of Sports Medicine.

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2023

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What's the Craic?

OUT & ABOUT IIRISH AMERICA

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AKRON ST. PATRICK'S DAY PARADE

11th – Parade Kicks off at Noon. North on Main Street from Cedar to Bowery. "After the Parade" celebration at AOH Clubroom, 2000 Brown Street. Entertainment, Irish Fare available.

BROOKLYN

HOOLEY PUB & KITCHEN

4th - Billy Morris, 11th - Grunge DNA, 17th - St Patrick's Day Live Music, 24th & 25th - NCAA March Madness Elite 8, 31st- Sloppy Joe Band. 10310 Cascade Crossing, Brooklyn 216-362-7700. 1FunPub. com

CLEVELAND

5 POINTS COFFEE & TEA

Always 10am to Noon; 4th Marcus Dirk, 5th - The Kilroys,
11th - Shiner's Creek, 12th Crawley & Sofranko, 17th - *St.
Patrick's Day* Andrew McManus
& Friends, 18th - Tiffany Schaefer
+ Kristen Bigley, 19th - The
Kilroys. 3600 West Park Road.
Cleveland, OH. 44111 5pointscafe.
com 3600 West Park Road.
Cleveland, Oh 44111

THE HARP

No events sent to us. 4408 Detroit Road, 44113 the-harp.com

FLAT IRON CAFÉ

3rd - Becky Boyd & Kristine Jackson 7-10pm, 10th - Cats on Holiday 7-10pm, 17th - Donal O'Shaughnessy 11am-7pm (second floor), open 7am for kegs & eggs, free shuttle service to the parade for our customers, special performance post-parade by the Cleveland Memorial Pipes & Drums. 24th - Chad Hoffman 7-10pm, 31st - Thor Platter Band 7-10pm 1114 Center St. Cleveland 44113-2406 216. 696.6968. flatironcafe.com

TREEHOUSE

1st - Mike Bush; 8th - Rob Samay; 15th - Thor Platter; 17th -The Craic Brothers; 18th - Marys Lane; 22nd - Austin Walkin' Cane; 29th - Ethan Timm. 820 College Avenue, Cleveland, 44113 treehousecleveland.com

PJ MCINTYRE'S

3rd - Crawley & Sofranko, 10th 6pm Guinness: put your selfie on a pint! + Pat Shepard, 11th -2-6pm green mile bar crawl + Patrick & the Jazz Guys, 16th - St. Practice Day with ½ Craic'd, 17th - Happy St. Patrick's Day! Doors open @ 7am. First 100 people receive PJ's limited classic tee! Music by Marys Lane @2pm, Irish dancers & bagpipers throughout the day. 18th - Survivor's Party with Mossy Moran & Ireland trip giveaway! 23rd - St. Mark's - St. Baldrick's celebrity bartending, 25th - Kreelers (Brothers Crowe). 1st-16th: free entry to win a trip to Ireland for 2! Ask staff for more details. Winner must be present. Pis fish fry voted #1 (non-church fish fry in the city)!

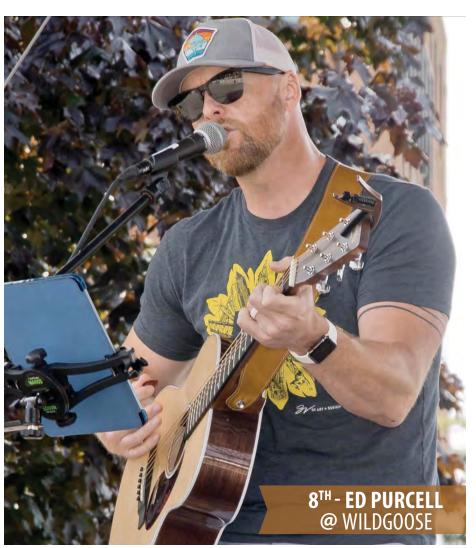
Whiskey Wed: ½ off every whiskey in the house. Thurs - Craft Beer \$2.50. PJ McIntyre's is a Local 10 Union establishment. Home of the Celtic Supporter's Club and the GAA. Book Parties & Events in our Bridgie Ned's Irish Parlor Party Room. 17119 Lorain Road, 44111. pjmcintyres.com 216-941-9311.

PLAYHOUSE SQUARE

3-5th – Riverdance @Keybank State Theatre. 1519 Euclid Avenue, Cleveland 44115. (216) 771-4444

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Main Avenue, Cleveland, OH 44113. <u>musicboxcle.com</u>

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IRISH AMERICAN CLUB EAST SIDE

Fish Fries serving 5:30-7:30p.m, \$15 for adults/\$8 children. 3rd - Mary Agnes Kennedy, 10th

- Dueling Piano Dames, 24th -Michael Crawley, 31st - Donegal Doggs. PUB: 7:30 - 10:30. IACES 22770 Lake Shore Blvd. Euclid, 44123. 216.731.4003 <u>eastsideirish.</u> <u>org.</u>

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HOOLEY PUB & KITCHEN

3rd - Cocktail Johnny, 10th -Abbey Rodeo, 11th - FM77, 17th - St Patrick's Day Live Music, 24th & 25th - NCAA March Madness Elite 8, 31st - Country Redford. 7861 Reynolds Rd, Mentor 440-942 6611. 1FunPub.com

OLMSTED TWP

WEST SIDE IRISH AMERICAN CLUB

Fridays 3, 10, 17, 24, 31 - Fish Fries 4:30-7:30. 4th - Boxty Night & The Brew Kettle Tap Take-Over; 9th - Forever Young Mtg 1P, 9th -12th - GOAT Weekend w Music & Entertainment; 16th - General Mtg 7P; 17th - St Patrick's Day, Mass at St. Colman 10:00, Parade, IA opens at 1:00, food and music; 25th - Steak Shoot 7P info Helen 216-251-4075. Great live music and food in The Pub every Friday. WSIA Club 8559 Jennings Rd. 44138 wsia-club.org. 440-235-5868.

CLEVELAND ST. PAT'S ST. JARLATH'S GAA

Always defer to the team's WhatsApp group chat or calendar on clevelandgaa.com for updates. New players always welcome. West Side Irish American Club 8559 Jennings Road, Olmsted Township, OH 44138.

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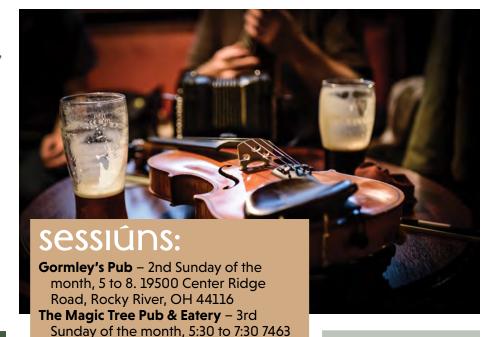
Tuesdays 8-10 pm, set dancing lessons, St. Clarence Church, North Olmsted, OH. 44070

Tuesdays 8-10 pm Lessons @7:15. Sessiún Musicians, Dance Caller w/ Pittsburgh Ceili Club. Mullaney's Harp & Fiddle Strip District Pittsburgh, PA. pittsburghceiliclub@gmail.com;

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Thursdays 7:00 – 9:00 (except Mtg nights) Ceili Dancing. West Side Irish American Club, Olmsted Twp, OH. 44138 info: manningrince@aol.com.

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Road, Lakewood, OH 44107

Street Columbus, OH 43215

St., Wooster, OH 44691

Findlay, OH 45840

Irish Language Classes:

Introductory to intermediate level, Tuesdays, 6:15 -8 p.m. New Session Starts March 28. P.J. McIntyre's Irish Pub 17119 Lorain Road, Cleveland, OH 44111

Introductory to intermediate level, Thursdays 7:00 p.m., 745 Pleasant Ridge Ave. Bexley, OH 43209

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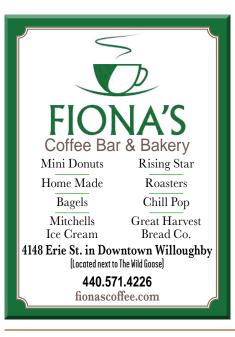
NÓRA'S PUBLIC HOUSE -18 DAYS OF MARCH

1st - Grand Marshal Party |
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Music - Tom Evanchuck, 3rd
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| Live Music - New Barleycorn,
5th - Live Music - Maria Petti,
6th - Shepard's Pie Potato Skins,
7th - Irish Tacos & Trivia, 8th
- Queen of Hearts, 9th - Irish

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1st - Live Music - Brendan Lieske, 2nd - Irish Egg Roll Night, 3rd - Lenten Food Specials, 4th - Irish Whiskey Tasting, 5th - \$4 Sullivan's Drafts, 6th - Irish Pizza Night, 7th - \$4 Harp Drafts, 8th - Live Music - Ed Purcell, 9th -Irish Coffee Night, 10th - Lenten Food Specials, 11th - St. Practice Day, 12th - \$4 Guinness Drafts, 13th - Murphy Monday, 14th - \$4 Smithwick's Drafts, 15th - Live Music - Smokey Blues Band, 16th - Irish Potato Soup, 17th - St. Patrick's Day, 18th - Survivor's Happy Hour. 4114 Erie Street, Willoughby 44094 wildgoosewlby. com





COLUMBUS

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Happy Hour every Friday from 5-7pm! 60 W. Castle Rd. Columbus 43207 614-491-4449 shamrockclubofcolumbus.com

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16th – Scythian St. Pat's Kickoff Party 7:30 p.m. 32 N. 4th Street, Columbus 43215 www. Athenaeumtheatre.com

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Live Music starts at 8 pm. 3rd - Whinestopper/Halfway Home Reunion, 10th - PROCLAMATION DAY: General Guinness Band 3-6 pm, The Hooligans 7-10 pm, 17th -SAINT PATRICK'S DAY: Scully 3-6 pm, Mad Maudlin 7-10 pm,

11th – The Kells 7:30, 24th -March Birthday Night w/ Eamonn and Seamus & Friends, 31st - Bob and Beth Ford. Tara Hall 274 E. Innis Ave. Columbus, 43207 614.444.5949.

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ST. PATRICK'S DAY EVENTS

3rd - Button Party @ the Grand Hall, 5pm – Priory \$30 advance \$40 door, 5th - AOH Communion Mass @Salvatore's Banquet Hall,10:00 \$30, 10th -Miss Smiling Irish Eyes Crowning @ The Rivers Club, 11:00am \$30, 11th - 10:00 PARADE DAY - Downtown Pittsburgh pittsburghstpatricksdayparade. com & on Facebook.

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Division 1 6th - AOH

6th - AOH Division 1 Communion Breakfast 10:00 am Mass then Breakfast & Awards Ceremony. \$30. South Hills Country Club 4305 Brownsville Road Pittsburgh, Pa.15236. Reservations: Rich O'Malley (412) 401-3945

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DIVISION 9 ST. MICHAEL (WESTERN PA.):

5th – Annual Mass & Communion Breakfast. 10a.m. Salvatore's Events and Catering 5001 Curry Road, Pittsburgh 15236. Haggerty9n11@yahoo.com.

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Division 21 William R. Murphy (Garfield) **No events sent to us.** Division 23 (Lawrenceville)

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American Brexit Committee

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Britain continues to obstruct the principles and obligations of the Northern Ireland Peace Agreement (Good Friday Agreement) and dismisses US and EU efforts to act as guarantors. For 25 years the British have delayed, undermined, or ultimately scrapped five implementing pacts. Truth, democracy, and the rule of law is fine elsewhere but not for Northern Ireland. Now, after Brexit, Britain cares even less about Irish citizens in NI, EU rules, or complaints about human rights abuses there. This was foreseen when the ABC was formed in 2016. With typical Brexiteer arrogance Parliament is set to abandon the rule of law by burying the lawless killings of 1,000 civilians in NI by MI-5, police and Army personnel using loyalist gangs. No one in Ireland wants the bill. The proposal is a fundamental violation of Article II of the EU constitution and mocks the US-UK Atlantic Charter.

We ask the Biden Administration, Members of Congress, and Americans to oppose this action and to warn that its passage will remove any prospect of a UK-US trade deal.

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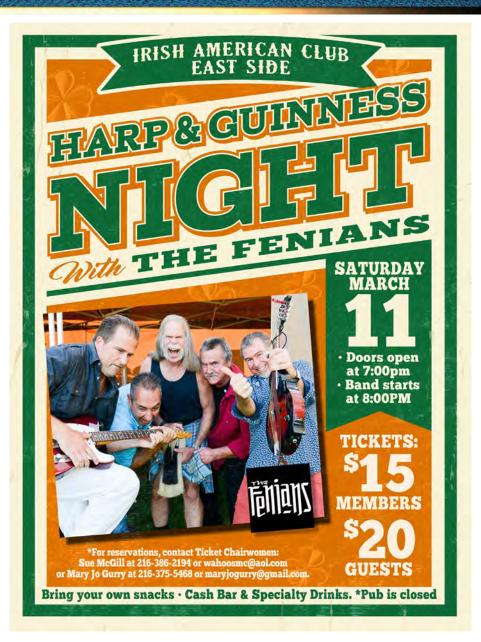
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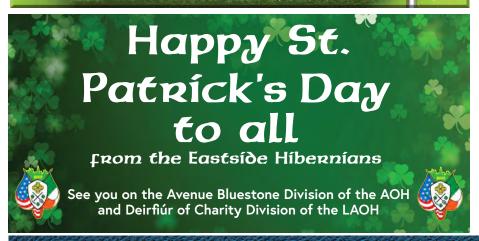
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All Hail to Saint Patrick!

We all know that St. Patrick is the patron saint of Ireland, but what did he do that made him so



famous? It is believed that he was living during the second half of the fifth century, so sometime between the years of 420-500 AD.

He was born in the country of Brittainy, in a small villa. When he was sixteen, he was captured by Irish pirates and taken to be a slave. He was held captive for six years before he was able to escape and go back to his family in Brittainy. After he was home, he realized that he had a calling to join the priesthood.

Patrick was ordained a priest; he requested to go back to Ireland and spread Christianity. He had been raised in a Christian family and believed that his faith had helped him during his time as a slave.

Patrick spent the rest of his life traveling around Ireland as a missionary. A missionary is a person who travels around a foreign Patrick stood on top of a hillside,



country and spreads Christianity to other people.

Leaends

There are several legends about St. Patrick. The most popular is that he used the shamrock to explain the idea of the Holy Trinity to people as he was spreading Christianity. He used the three leaves of the shamrock to show how there are three persons in one God. He showed how there where three leaves but only one stalk; God, Jesus, and the Holy Spirit are the three persons that are one Church.

The other popular legend is that he drove all the snakes out of Ireland. According to the legend, St. dressed in his formal green attire, waved his staff, and herded all the snakes into the sea, removing them from Ireland forever.

Some believe this is just a way of explaining how he rid Ireland of paganism (a belief in a different religion other than Christianity or no religious belief). Others say that the way Ireland's climate has changed since snakes first evolved, over 100 million years ago, snakes could not have ever survived in Ireland. This is why it is considered a legend. It cannot be proven to be correct.

Why March 17?

We honor St. Patrick on March 17th, the day of his death. In Ireland, the day had been strictly a religious holiday and most businesses, including pubs, were closed. In 1970, it was made a national holiday, so the pubs could then be open. The St. Patrick's Day parade was invented in the United States; the first one was in Boston in 1737. If you are able to attend a parade where you live, it is a great way to see all the different ways St. Patrick and Ireland are celebrated thousands of miles from Ireland. •

kids in the kitchen

Thin Mint Milk Shake

(I hope you ordered a few extra boxes of Girl Scout cookies!)

Ingredients:

- 3 tablespoons creme de menthe or 3 tablespoons 2% milk plus a dash of peppermint extract
- 1-1/4 to 1-1/2 cups vanilla ice cream
- 7 Girl Scout Thin Mint cookies
- Green food coloring, optional

Directions:

Place all ingredients in a blender in order listed; cover and process until blended. Serve immediately.



Literature Corner

The O'Brien Book of Irish Fairytales and Legends By Una Levy - This is a collection of Irish fairy tales and legends passed on from generation to generation. Readers will learn about the mischief of leprechauns to the tale of the Giant's Causeway. Some of the tales are a bit dark, so maybe not a bedtime book. For ages 8-12, 96 pages.



Shamrock

The Adventures of Shamrock Sean

By Brian Gogarty - Shamrock Sean is a lovable leprechaun that likes fishing, digging, and lending a helping hand. No matter what he does, he seems to find himself in trouble. Three stories in one! For ages 5-6, 32 pages.

Megan is a Reading Intervention Educator for the Cleveland Metropolitan School District. She holds a BA from Hiram College and a BA+ from Ashland University. She resides in Avon Lake with her husband, Joe, and their five children. She may be reached at meganlardie126@outlook.com.

gab in gaelic

Happy St. Patrick's Day = Beannachtai na Feile Padraig

(pron: bann/ockt/tee nih fail/eh pawd/rig)

Landie's Laughs

Q. Why did St. Patrick drive all the snakes out of Ireland? A. Because he could not afford airfare.

Q. How can you tell when a potato is not from Ireland? A. When it is a French Fry



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Friday, March 24th at 8PM

Connor Palace 1615 Euclid Ave Cleveland, OH 44115 playhousesquare.org

The Irish Tenors 25th Anniversary Tour with Columbus Symphony

Saturday, March 25th at 8PM

Columbus Palace Theatre 34 W. Broad St. Columbus, OH 43215 capa.com



The Ascenscion of Mary Mulligan

A few days after Christmas, I was invited to a private screening of a film adaptation of a play written by



Cleveland playwright Christopher Johnston. It was the first time the actors, director, producers and the writer watched it as it was

meant to be viewed.

During Mary's opening monologue, we see her rising slowly away. Christopher uses that to symbolize that she is being taken from us, without defining whether it's from disease or dementia, and how Mary and her family deal with it.

This is one of the most powerful films I have ever seen. The writing, the acting, the entire production holds you captive. The film will be shown locally this month. I can't recommend it highly enough.

I spoke with Christopher and Lara Mielcarek, who plays the part of Mary, to get their thoughts and feelings about the film.

Christopher Johnston

Christopher is a freelance journalist, author, teacher and playwright. He has published more than four



thousand articles in numerous publications and has twenty plays that have made it to production and is well known and received in Cleveland theatre.

How did your play turn into a film instead of a stage production?

We did the first reading in 2016, and then I wrote some revisions and we did another reading just before everything shut down from the pandemic. Dave Thomas obtained some funding from Mike Coyne and we decided to film it. Mike is on the board of The Irish Charitable Foundation and Dave's a film producer and they felt it had merit to move forward.

The setting for the film is in The Burren in the West of Ireland. What made you choose that as the location for the story?

A couple of reasons, my maternal grandmother was from Clare and I had been there many years ago; I was struck by it. I liked the possibilities it presented because it is so isolated and desolate for the most part. It gave me freedom to not have too many characters, just the people who come to visit her, the priest and her family.

It's an ancient place, with a connection to the early celts and druids. There is a lot of history there that I was able to incorporate with the priest having an archaeology background.

I was trying to connect all of that because I felt that this could happen there. I remember what it did to me and I was just out of college then. Barb's character (Frand) introduces a lot of that pagan history as well.

Paganism to Christianity

Ireland is special with it's evolution of paganism into Christianity, so I was able to interweave the two. With Barb's, Kelly's and Nicholas's characters, I was able to bring a lighter moment to it, because it's such a dark, heavy theme and progression. This allowed me to bring in some almost comical characters and add a little bit of lightness, but also show her spirituality and what she believes that reflects that pagan past of Ireland.

Is that important to you, to include Irish culture and folklore in your writing?

Yes, very much; I feel very close to my Irish roots. My father's family came to America in 1640, so they are quintessentially American. My mother's family was from France and Ireland, and her mother was from Ireland. My grandmother was a big part of our family and lived with us the last ten years of her life. So, I've always felt much closer to that part of my heritage.

I wrote a childrens play "Finn McCool" that was performed at Tailspinner Children's Theatre, because she had told us that story when we were kids. I identify with that part of my heritage because of her. I've written several Irish plays, we did one at Cleveland Public Theatre back in 2006, "The Mad Mask Maker of Maigh Eo."

I love Irish literature and Irish theatre, there's such rich heritage there, I want to tap into it whenever I can. This was a great opportunity. I could have set this play in America I suppose, but I felt this gave it a more magical, spiritual moment.

Alison Garrigan, the dialect coach, did an amazing job, meeting the cast before we watched the film and then hearing them in character, there was a disconnect for me. I never thought of Mary as anyone else but Mary, even though I was sitting near Lara as we watched.

I can't thank everyone enough, they put so much work into this. They rehearsed by Zoom because everything was shut down. Alison coached everyone by Zoom, individually and together and into rehearsals to keep them sharp. She's incredible, it's a huge part of her background to do dialects and coach others. They worked so hard before we even set foot in the theatre.

Where was the film shot?

We were able to get into the Dobama Theatre and use it as a black box base because Dobama wasn't doing anything because of the shut down. We were able to film it over a week or so.

Everyone put so much work and love into it. This also gave everyone a chance to work at their craft in the theatre and do a play or film. It was a great experience for all of us.

Do you see this as going to the stage?

I hope so, we're exploring possibilities. I wasn't sure when I wrote it what it would look like to have Mary elevated. This was a little easier because you can use the film to make it look different; on stage you can't do that.

She was on a platform even in rehearsals and everyone bought into it. It's the magic of theatre and the



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suspension of disbelief. I think it would be beautiful on stage.

It's such a strong story, so many of us have been through something like it in one way or another.

Chris: I didn't want this to be a soap opera with a hospital bed, but, I wanted to replicate that experience. How everyone from Mary to her family and the others come to terms with it. That disconnect that comes when losing a loved one without making it about cancer or some-

I'm just over the moon about the cast and the job they did, it made me very proud and very happy. Anne was a wonderful director, I felt very confident that I could just hand it to her, she did a fabulous job with minimal resources. Jackson Goldberg, (filmmaker) did an amazing job, he shot and edited the film. I can't thank everyone involved enough.

Lara Mielcarek

Lara is one of Clevelands top actors. At her young age, she already has an impressive resume. She has played over a dozen of Shakespeare's leading ladies and has been a core member of the Ohio Shakespeare Festival since 2006. She holds her MFA in Acting from Penn State and her BFA from Kent State.

Favorite non-Shakespeare roles include Aphra Behn in OR, Anne Sullivan In Miracle Worker and Josie in Moon for the Misbegotten. She has numerous directing credits as well.

Lara also runs a volunterr program out of NERC (the women's prison) called ARC (Artists' Rehabilitation Coalition), where the inmates perform in condensed versions of Shakespeare's plays. She teaches at St. Ignatius High School and hopes to develop a drama class there next year.

You first read for this in 2016?

Yeah! A real long time ago. I've known Chris for a long time. When I was an undergrad, I was part of the group that started the Convergence **Continuum Theatre in Tremont and** Chris was always there in the audience. I knew he was a playwright, but I wasn't really familiar with his work, and then he sent this play to me.

I loved it, I can be kinda mean about playwrights and writing in general. I love classical theatre, like Shaw and Shakespeare.

A lot of contemporary plays I



read now, you get to the end and go, "Where's Act 2?" But I loved this script, I didn't know what it was going to feel like on me, because at the time I was thirty-five years old and it felt like the character should be older. I think because, when I first read it , it seemed like it was someone with dementia.

My mother died at the end of 2016 and towards the end, she got further and further away from us. There were times when I would think, "Oh, I've had my last conversation with her."

Maybe that experience helped me a little bit, but I still didn't think I was old enough for the part. We did the reading in 2016, the way a reading usually goes for actors is you don't really prepare very much because you're in rehearsals for something else or you're working on something and then you get a call for a reading, so you read it once and then you go and read it outloud in front of an audience.

It's very sad, but it had such an impact on the audience, we were like "Holy ****! We must really have something!" It felt so different to read it and get myself absorbed in it. Then I forgot about, and then there we were five years later.

Chris was talking to people and the plan was to put it up as a play. We talked about how that would be done with scaffolds or hydraulics or whatever, and then of course. the pandemic hit. We rehearsed the whole thing over Zoom, which was tricky but fine.

We were all so thrilled to be work-

ing on it as artists. Filming..., I'll skip ahead and say I was shocked at how well it turned out. I don't think any of us are film people. I don't normally do anything that goes on film, I'm a live theatre person.

Whatever they captured was it. You know in the theatre you have a night, you just go,"Oh, that's how tonight went." But you have another twelve times you're going to do it and another twelve sets of eyes on it. So it was scary, knowing that that Mulligan by Chris D'Amico, Dialect was it, it's permanent.

We didn't have a lot of time or resources, so we shot it pretty quick, I think we did almost all of the scenes in one take. We were in this blacked out theatre, I'm on a scaffold and thinking "How are we going to pull this off?

Going to see it that night, I was mortified, I hate watching myself. It was such a small group, I don't think I've ever been more shocked. As I watched, I let that go and enjoyed it immensely. I thought it was so well done considering the resources and the time we were in, it really worked.

"The Ascension of Mary Mulli-

gan" was written by Chris Johnston, Directed by Anne McEvoy, Produced by Dave Thomas and Mike Coyne, with Lara Mielcarek as Mary Mulligan, John Busser as Riley Mulligan, Sarah Blubaugh as Mairsil Mulligan, Bob Goddard as Declan Mulligan, Sean Seibert as Fr. Fitzgerald, Barb Dragony as Fand

Kelly Strand as Ishleen, Nicholas Chokam as Ardan.

Additional Recording of Declan coach Alison Garrigan, Tecnical adviser Marcus Dana, Filmmaker and editing by Jackson Goldberg, **Ancient Celtic Music Singers Clare** Martin & Rosemary Heredos

Showing March 11 at The Treelawn Social Club in Waterloo Arts District at 6pm

(The producers hope to add another date and location). thetreelawn. com. Check www.iIrish.us for updates on additional shows as they are scheduled.







Who Was St. Patrick's Uncle?

"Wherever Christ is known, Martin is honored."

What do we know about the relatives of St. Patrick? There are many writings about St. Patrick and



it is often difficult to determine if you are reading historical fact or legend. In order to learn more about Patrick's relatives we

have to follow some bread crumbs left by Patrick himself, as well as, a few of his ancient biographers.

The Confessions of St. Patrick is generally accepted to have been written by St. Patrick himself, just before his death about 461 AD. In it, Patrick tells us about his father and grandfather: "My father was Calpurnius. He was a deacon (a senator and tax collector); his father was Potitus, a priest who lived at Bannavem Taburniae." No other relatives are mentioned by Patrick.

The later writings on the life of Patrick do not appear until over a century after his death, when Patrick in the 5th century. Dominating present-day northern France, Belgium, and western Germany,

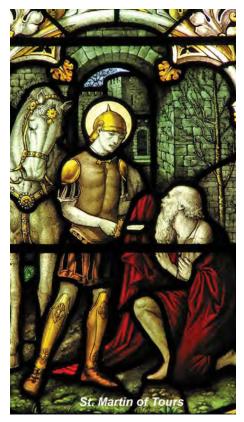
became famous. Some of these ancient writings often claim to be based on previous writings that have been lost or destroyed.

Bishop Tírechán (pron: teer-a-hahn) is known to have authored one work, known as the Collectanea (written in Latin between 688 and 693). This is a biography of St. Patrick and has been preserved in the Book of Armagh, which dates from the second half of the seventh century. Tírechán says that he drew on the oral and lost written testimony of Bishop Ultán, who was his teacher. According to Tírechán, Patrick's mother name was Concessa.

Muirchú (pron: mur-a-hoo) was a monk and historian born in Leinster, sometime in the seventh century. About 700, he wrote the Vita Sancti Patricii, known in English as The Life of Saint Patrick. The Latin version that survived in Ireland was also included within The Book of Armagh. Muirchú records much the same information as Tírechán, reporting that "Moreover his (Patrick's) mother's name was Concessa."

In the *Life of St Patrick*, written by the English Cistercian monk Jocelin of Furness (about 1180), Patrick is represented as the nephew of St Martin of Tours, the Patron Saint of France. Jocelin was the first to claim that the Patrick and Martin were related. Jocelin wrote, "Concessa was his mother's name. She was of the Franks, and a sister to Martin."

The phrase "of the Franks" means that she was a member of a Germanic-speaking people who invaded the Western Roman Empire in the 5th century. Dominating present-day northern France, Belgium, and western Germany,



the Franks established the most powerful Christian kingdom of early medieval Western Europe.

Who was St. Martin of Tours? Martin was born in 316 AD in Savaria in the Diocese of Pannonia (now part of, Hungary). His father was an officer in the Roman army. A few years after Martin's birth, his father was allocated land on which to retire at Ticinum, in northern Italy, where Martin grew up. At age ten, Martin began studying Christianity, as it had been declared legal in the Roman Empire.

As the son of a veteran officer, Martin at fifteen was required to join the Roman cavalry that was part of the bodyguard of the emperor. At the age of eighteen (around 334 or 354), he was stationed in Gaul near the city of what is now Amiens, France.

While at Amiens, Martin had an experience, which became the most-repeated story about his life. One day as he was approaching the gates of the city of Amiens, he met a scantily clad beggar. It was a cold day and Martin felt sorry for the poor man.

Martin had no money or provisions to share with the beggar. So, Martin removed his red military cloak, divided it in two with his sword and gave half of the cloak to the beggar, keeping the other half for himself.

That night, Martin had a vision of Jesus in Heaven surrounded by a group of angels. To his surprise, Jesus was wearing half of a Roman soldier's cloak. One of the angels asked Jesus, "Master, where did you get that old dirty and torn cloak?" Jesus replied, "My good servant Martin gave it to me."

The vision confirmed Martin in his piety and he was baptized at the age of eighteen. It also encouraged Martin to request release from military service. He told his military commanders, "I am the soldier of Christ; it is not lawful for me to fight."

Soon after leaving the Roman military, Martin became a monk. His holiness became so popular that the people of Tours insisted he serve as their bishop. Reluctantly, he then became Bishop of the Diocese of Tours, in what is now France.

Chaplains and Chapels

After his death in 397, it is reported that Martin's half of his old Roman military cloak was preserved as a relic and was often carried into battle by Frankish kings. The kings entrusted the cloak to a priest who was called a *cappellanu*, or "keeper of the cape." Eventually, all priests





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who served the military were called *cappellani*.

The French translation is *chapelains*, from which the English word *chaplain* is derived. A similar development took place for the term referring to small temporary churches built to hold the relic. People called them a *capella*, the word meaning "little cloak." Eventually, all small churches began to be referred to as *chapels*.

Did Patrick ever meet St. Martin? Following his escape from slavery in Ireland, Patrick was set on devoting himself to the service of God in the sacred ministry. His biographers report that Patrick first traveled to Marmoutier Abbey at Tours, France (founded by St. Martin in 372). There he studied under Martin, who reportedly gave Patrick the monk's

habit and tonsure (religious haircut). Patrick was present at Marmoutier Abbey in 397 when Martin died.

Later Patrick visited the island monastery of Lérins Abbey, a Cistercian monastery, in France, which was well known for learning and piety. Patrick completed his theological studies at the Benedictine monastery of Auxerre Abbey in central France. Its founder, St. Germanus, is said to have ordained Patrick to the priesthood. Patrick returned to Ireland as a missionary and as bishop, where he converted Ireland to Christianity.

Likely due to the connection with Patrick, St. Martin's Day, or Martinmas, on November 11 has been celebrated in Ireland for thousands of years. People never turned a wheel on St Martin's Day be it a mill wheel, plough wheel or a spinning wheel. It was also believed to be very unlucky for fishermen to fish on that day.

Martinmas was often referred to as the "Old Halloween." Many churches across Ireland also carry the name of St. Martin of Tours. The Latin poet, St. Venantius Fortunatus, famously declared, "Wherever Christ is known, Martin is honored," which might also be true of St. Martin's nephew, St. Patrick.

J. Michael Finn is the Ohio

State Historian for the Ancient Order of Hibernians and Division Historian for the Patrick Pearse Division in Columbus, Ohio. He is also Chairman of the Catholic Record Society for the Diocese of Columbus, Ohio. He writes on Irish and Irish-American history; Ohio history and Ohio Catholic history. You may contact him at FCoolavin@aol.com.

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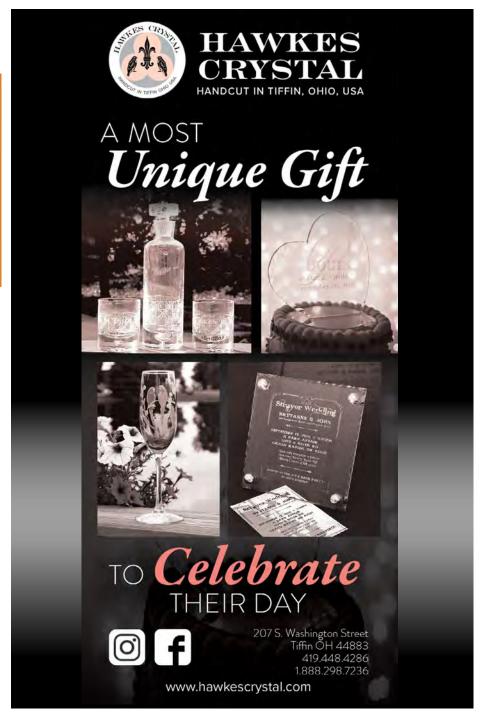
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Cornerstone of West Park

St. Patrick West Park will be celebrating their 175th Anniversary this St. Patrick's Day. The



anniversary year will begin with the Celebration of Mass on Sunday March 12 at 11:00am. The Main Celebrant will be

Bishop Edward C. Malesic.

Many priests that served the parish will concelebrate, along with Sons of the Parish that have been Ordained to the Priesthood. St. Patrick's Parish was instrumental in many Sons and Daughters of the Parish in their Religious Vocations and service to our church in the city and throughout the world.

More details on a brunch to follow the Mass on March 12 will be announced on the parish website or bulletins closer to the day. On St. Patrick's Day, the parish will celebrate our Feast Day at the 9:00am Mass followed by a reception. The parish will have a unit in the St. Patrick's Day Parade.

St. Patrick West Park was the first parish established in the Diocese of Cleveland, which was established on April 23, 1847. In a pastoral letter, Bishop Rappe stated, "Your spiritual necessities beloved brethren of the laity, are not unknown to us. We wish to be intimately acquainted with your desires for the advancement of religion, and although we may be unable to provide resident pastors for every congregation, we will endeavor to console you in their absence by frequent visits and by sending you, from time to time, faithful missionaries, who will speak your language and animate your piety."

The area around the present St, Patrick's was farming area known as Rockport. A delegation of Irish

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and Germans living in the area met with Bishop Rappe to request their desires to practice their religion. Bishop Rappe was impressed with the request and "the community became a congregation on Sunday March 17, 1848, when Bishop Rappe heard confessions, offered Mass and baptized in the home of Morgan Waters."

The Founding of St. Patrick's Church

In 1851, the Patrick Lahiff family donated land for the Church to be built. The first church was completed in 1854 and was dedicated by Bishop Rappe, the first parish he had started. The Church was dedicated under the patronage of St. Patrick. During the first forty-five years, St Patrick's shared a pastor with St Mary's of the Falls. In 1864, the parish started a school. The Sisters of Notre Dame, Congregation of St. Joseph and Sisters of the Incarnate Word taught many generations in the long history of the school. Unfortunately, the school is closed, but many of us in the West Park area are alumni. The growth of the parish required a larger church. The cornerstone for the new church was laid by Bishop Horstmann on May 2, 1897. The population of Rockport/West Park grew and other parishes were founded: St. James, St. Angela, St. Christopher, Our Lady of the Angels, St. Vincent de Paul, Annunciation, St. Clement and St. Luke. All of those parishes were in the territory ministered



by St. Patrick. St. Patrick's parish started having parish organizations, starting with the Altar and Rosary and the Calvey Club, now known as the Holy Name Society. The school was enlarged, another school building and Thorpe Hall were built. With the number of children attending the school, St. Patrick's had a very active presence in the CYO (Catholic Youth Organization) with teams for both girls and boys. The Drill Team was started and marched in many St. Patrick's Day Parades.

As the parish congregation grew, the need to enlarge the church grew. The work began in 1951. The church was completed, and Mass was celebrated at midnight on Christmas Day, 1952.

The parishioners of St. Patrick always looked at the needs of those in the area in need. The Hunger Center and the Helping Hands Ministry are both active today to help those in need. The generosity of the parishioners is overwhelming. In the book celebrating our 150th year, there is a quote that to me sums the parishioners throughout our 175 year history. "A stone structure, no matter how impressive, does not make a church. People gathered in worship make a church. Nothing illustrates that better than the humble beginnings of St. Patrick West Park."

The Closing of St. Patrick's

The first group of individuals that requested a Bishop are our heroes and role models. In 2009, St. Patrick's was informed that we would be closed and merged with other parishes. Following the example of our founding parishioners, a group petitioned Bishop Lennon to reconsider; that St. Patrick's Church not be closed and merged with another parish. The request was denied but an Appeal had already been sent to the Congregation of the Clergy.

The church was closed on May 30, 2010, with a Mass celebrated by Bishop Lennon. Although the church was closed every Sunday for two years, a group meet for prayers on the steps of our beloved Parish Church.

One of the happiest days for the parish was the day we received the news from the Congregation of the





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Clergy that our appeal was granted. A son of the parish, Fr. Jim Ols, requested Bishop Lennon to lead our parish family. Thank you to Bishop Lennon for accepting the Ruling of the Congregation and assigning Fr. Ols to help lead us as we reopened the parish.

We are blessed that we can



celebrate our 175th Anniversary with our current pastor, Fr. Pfeifer, and Bishop Malesic. We give thanks to our founding families, many who are buried in our parish cemetery; all the priests that have served our parish; the many sons and daughters of the parish who have served the church.

Most importantly, we are and were blessed with wonderful parishioners for the last 175 years. Happy St. Patrick's Day to all.

Marilyn Madigan is the National President of the Ladies Ancient Order of Hibernians and a Deputy Director of the United Irish Societies of Cleveland. She received a Bachelor of Science in Nursing from St. John College and retired from Nursing at University Hospitals of Cleveland.

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Once Again

My Aunt Irene was always able to see the good. When there was no good to see, she had no problem



sharing that with anyone who would listen. Some of us had no choice but to listen, "Now, youse can't leave."

She would have been overjoyed if she could have attended the Hibernian Scholarship Raffle on the Sunday before the Super Bowl. The raffle is a gathering of Cleveland Hibernians, Irish folks and those who choose to support Catholic education.

Koumbaros provided the amazing

meal, but it was the folks in the seats that provided the good. It was not surprising that two of those folks will be inducted into the Villa Angela-St. Joseph Hall of Fame. Dr. Dan Dickriede (Doc Dan), Class of '78, and Bob Mullin, Class of '88.

Bob Mullin is the President of Bluestone Division of the AOH, so his time in the seats was limited. It would not have been a surprise to Aunt Irene that the good in those folks is expressed in all the work they do and how they live their life.

Once we were done and the crowd had dissipated, I thought about our holiday in March as I paged through the iIirsh February edition that had just recently been delivered to the Eastside Irish Club. John O'Brien, Jr. was there and earlier we talked, not about treason. The accomplishments of that day and those folks in attendance, like LAOH National President Marilyn Madigan, is plenty to write about even (dearly) missing Jack Murphy.

If Aunt Irene would have been impressed, what about those initial Irish immigrants who made it to our fair city? Me Ma once said of my Aunt Ethel, "At her age all she can

do is remember the past."

I hope to have as many days as Aunt Ethel, but I have that affliction. That is due, in part, to just recently transcribing the 1840 Census for Cleveland, or what would become Cleveland. If they could see us now.

An 1819 law required that all ships carrying passengers to the United States from a foreign port to have passenger lists. That preceded an increase in immigration in the 1830s and 1840s, surpassing 200,000 in 1847.

In 1832-1846, 71,916 immigrants arrived in the US and Irish immigrants were 41% of that total. In 1847-1854, the number of immigrants jumped to 334,506 and the Irish were 45% of that total. Between 1820 to 1860 almost 2% died on ships in the Atlantic, a rate four times higher than non-immigrants.

In 1832-1846, 62% of all immigrants were male, 24% were under 14 years of age, 67% were ages 14-44 and 9% were over 45 years of age. During that period, 56% of immigrants listed no occupation, 1% were professionals, 12% were engaged in commercial enterprises, 27% listed they were skilled laborers, 33% listed farmers, 2% were servants and 24% were laborers.

As has been discussed previously in this article, it is impossible to accurately discuss the job skills of immigrants without discussing the job availability for immigrants. When they stopped building the canals, the Irish stopped digging them. Some might have been forced to labor upon their arrival in Cleveland proper, but

it does not take long for the Irish to be represented and then over represented in all occupations.

Early accounts are inherently biased and many of those accounts are repeated today. In the years 1825-1845 Čleveland was transitioning from a canal village to a commercial center. In 1825, Cleveland's population was primarily American born. It had just been decreed that the Ohio & Erie Canal would reach the Cuyahoga River (completed in October of 1825), spawning considerable investment in the city. This opened commercial opportunity, as goods from Detroit to Cleveland were shipped east. The completion also brought workers with experience in construction and contractors in Cleveland.

Many canal workers made their residence, at least initially, at the city where their canal stopped. The canals were built with work cohorts that tended to be from the same county or area of Ireland. See *The Irish Wars*, by Jay Perry. Which is why Mike McGinn knows the story of Tipp Hill. Syracuse attracted canal workers that were from County Tipperary and our re-relocated Brother is truly missed, especially when he talks history.

It was determined the canal would reach the Cuyahoga River from the East. That was not without debate; the western approach was cheaper, but the Village of Cleveland won that day. The genesis of the East-West debates were to follow.

Cleveland also received capital funding from Washington to improve the shipping infrastructure. 200 years later, we are currently benefitting from new investment and opportunity in Irish Bend. The Cuyahoga River has been drudged for larger ships and the west bank of







the river is in the beginning phases of becoming a go to destination for all Clevelanders. Hegel notes that all great, world historical events occur twice. Marx added the first time as tragedy and the second as farce.

There was tragedy in the building of Cleveland. Many Irish and other Clevelanders met their demise to make this thing of ours a thing. Many of those were immigrants; by 1845 half of the city was foreign born. It is our hope that the development of the west bank of the river portrays the early Irish of our city in a historically accurate light, not as a farce and not the first time Marx was incorrect. He is not in St. Joe's Hall of Fame.

On the morning of March 17th, we will make our way to parish or pub and begin our celebration. We celebrate that day, that moment: in our city, that we helped build, with our family and our friends. We celebrate the 2% that did not survive the Atlantic.

Those who are buried next to the canals and those who gave their lives to not only build Cleveland, but who gave their lives to build Irish Cleveland. We celebrate tomorrow. Just as the first Irish in Cleveland created a foundation and attempted to make a better life for their

children, we look to tomorrow with hope and faith.

As I perused the pages of this publication at the Irish Club, it was easy to see the good. Although, not as many picks and shovels, the Cleveland Irish are still working for the good. Those who donated their time and funds to support Catholic education, the next generation, at our raffle. Those who make our Parade happen. Those who keep our history alive and those who live it. Have a grand and joyous St. Patrick's Day. •

Francis McGarry holds
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Francis is a past president of the
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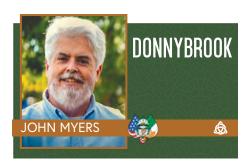
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Northern Ireland Assembly Off

One year has passed since the Northern Ireland Assembly has met, with no end in site for the Stormont



Assembly to return to work. Northern Ireland Secretary of State Christopher Heaton-Harris convened leadership of the

various N.I. Political Parties last month in Belfast.

In attendance were Emma Little-Pengelly MLA and Gordon Lyons MLA of the DUP, Mary Lou McDonald TD and Michelle O'Neill MLA of Sinn Féin, Naomi Long MLA and Stephen Farry MP of Alliance, and Doug Beattie MC MLA and Steve Aiken MLA of the UUP, and Claire Hanna MP and Matthew O'Toole MLA of the SDLP. Given that the most recent deadline of January 19th, 2023, to form a new N.I. Government has come and gone, legislation has been introduced at the London U.K. Parliament to extend the date to January 18th, 2024.

The Secretary of State, Mr. Heaton-Harris stated: "I've been encouraged by my discussions with the parties today but there is no doubt that the absence of a devolved government is having an impact on Northern Ireland with important legislation and public services impacted by the lack of an Executive."

The Rt. Hon. Christopher Heaton-Harris, as Secretary of State for Northern Ireland has great power over the Six counties absent the democratically elected government in place and governing at Stormont. "The Secretary of State has overall responsibility for the Northern Ireland Office, advances UK government interests in Northern



Ireland and represents Northern Ireland interests in the Cabinet.

The Secretary of State leads on: Political stability and relations with the Northern Ireland Executive, National security and counterterrorism, Implementation of the Stormont House and Fresh Start Agreements, including legacy of the past, Representing Northern Ireland in the Cabinet on EU exit, including new economic opportunities, international interest in Northern Ireland, including relations with the Irish government."

It is questionable as to how much bias Mr. Heaton-Harris as a member of Parliament with the U.K. **Conservative and Unionist Party** has. The name of his party alone gives doubts as to a true ability to be the managing czar for the Six counties. He was previously Chief Whip for the Conservative and Unionist Party and was first elected to the Parliament at Westminster representing the English Daventry constituency (East Midlands) in 2010. Heaton-Harris is the 18th Northern Ireland Secretary of State and is a staunch Brexiteer. The majority of the Six Counties voted against Brexit.

Northern Ireland Protocols

Unionists in the Six Counties continue to boycott the Stormont Assembly until the N.I. Protocols (Irish Sea Border) are eliminated. In reality, the Unionists are boycotting in an effort to deny Sinn Fein's Michelle O'Neil the seat of First Minister of the N.I. Assembly, a position she won in last years elections. It had been hoped that the Assembly, first created under the provisions of the 1998 Good Friday Agreement, would be up and running in time to celebrate the 25th Anniversary of the adoption of the GFA next month, in April 2023.

President Joe Biden's State
Department continues to push King

Charles III's United Kingdom on resolution to N.I. Protocol issues on multiple levels. According to State Department spokesman Ned Price: "Deputy Secretary of State Wendy Sherman met with UK Parliamentary Under Secretary of State David Rutley in Washington, D.C. They discussed the importance of the UK and the EU reaching a resolution on the implementation of the Northern Ireland Protocol. The Deputy Secretary welcomed the UK government's commitment to resolving this issue and protecting the gains of the Belfast/Good Friday Agreement."

In addition, Price shared that Dep. Secretary also met with Irish Minister for Foreign Affairs and Tainste Michael Martin. summarizing: "The Deputy Secretary and the Tánaiste reaffirmed their commitment to the Belfast/Good Friday Agreement ahead of its 25th anniversary in April. Both agreed on the importance of the EU and UK resolving outstanding issues over the implementation of the Northern Ireland Protocol as soon as possible. The Deputy Secretary and the Tánaiste also celebrated the fiveyear extension of the Ireland Work and Travel program between the United States and Ireland, noting that these exchange opportunities have enriched and strengthened the ties and shared values that bind our countries."

Prime Minister Rishi Sunak has lowered the temperature in the ongoing discussions between The E.U. and the U.K. regarding the N.I. Protocols; this on top of the recent ruling by the U.K. Supreme Court that the N.I. Protocols are legal. The timing is ripe to push this matter through to resolution. This will be a big test of Sunak's leadership, is he willing to cross the over indulged Unionists by negotiating a final-final Brexit deal?

The Biden Whitehouse and the E.U. leadership have made it clear that the Irish Sea Border is not going away. Will Sunak be wise enough to embrace reality sooner rather than later and move forward? Expect decisions shortly. Ironically, working class supporters of the Good Friday Agreement are counting on Sunak's privileged Davos and Club for Growth mentality to silence





the squealing Unionists and ultra Brexiteers and get a deal done.

It's A Great Day for the Irish

Sunday, March 12th will see The Academy of Motion Picture Arts

and Sciences 95th Oscar Awards ceremony on your local ABC channel. The 2023 edition of the Oscars were a triumph for Irish film, receiving a record fourteen nominations. Kevin McDonaghs "Banshees of InisErin" received huge recognition with nine nominations, more than any Irish film in history (Belfast and In the Name of the Father previously received seven nominations).

Banshee showcases Brendan Gleason and Colin Farrell as well as Jenny the Donkey on a remote western island (filmed on Achill Island and Aran Islands). The setting is beautiful, and the acting is superb, parts of the story are rather harsh.

In addition to Banshee, Irish actor

Paul Mescal received a nomination for Best Actor in "Aftersun" and Irish Editor Jonathan Redmond is nominated for the Best Editing category for "Elvis." Richard Baneham, an Irish Animator, is

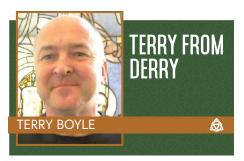
nominated in the Best Visual Effects category for "Avatar: The Way of Water." Historically, an Irish language film has been nominated for the first time: "An Cailin Ciuin/The Quiet Girl," has been put forth in the Best International Feature Film category. This will be a great hit for the Irish Language. And check out "The Irish Goodbye," a black

comedy set in the North of Ireland focusing on two brothers on a rural farm; it has been nominated in the Best Short Film category. Get your popcorn ready.









Life is Sweet

If you are like me, you tend to get submerged in all sorts of things, and most of those things are enough to take you further under. For a while,

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I have been so engrossed in the news my vision was simply bleak.

There was any number of what ifs

and could it be's?, anything to make the news appealing. For some reason, news outlets love to drum up apocalyptic vibes to have us on the edge of our seats for nothing. It's not news if it doesn't leave you feeling as though something big is going to happen.

It has taken me a long time, too long a time, to realize that the news isn't news so much as panicmongering. Over the past years, I've been up and down on the media roller coaster so much that I'm beginning to wonder if it was any different now to when I was younger.

When I was younger, I didn't care much for the news. I was too busy enjoying life and exploring new things. Life was sweeter then. I wasn't so much into the business of politics as much as I was in the midst of a swirl of life events that were more exciting than historical happenings

that would define my future.

It's strange how, as I've got older, that way of thinking has reversed, and now I'm preoccupied with historical occurrences. Now my life events have taken a back seat. The world has become a dangerous and unpredictable place as I've aged.

It was probably as hazardous when I was younger but wasn't conscious of it. Something had changed; my perspective grew increasingly gloomier and settled in amid an unsettling world. It was as if I became aware that we were living on a ball that rotates in a solar system that I hadn't noticed before.

Such a shift in focus is bound to happen as you grow older. The things that you rushed past begin to catch your attention as you slow down.

I was never aware of nature in a particular way when I was younger. I saw nature as a wonderful beautiful global entity that was to be enjoyed in a universal sense. The details weren't important, it was the overall feel of the natural world that affected me. I concentrated on the sensual effect of nature and wasn't much interested in the particulars.

Decades pass and I find I'm seeing that those particulars are much more interesting and exciting than I ever thought. As a person whose interest is in literature, I see this shift of focus in the writings of well-known authors.

Yeats

Yeats, in his youth, venerated the legends and myths of Ireland. The young poet enjoyed the sensuality and the beauty of the metaphysical. The older poet is forced to face the realities of his times. His spirit still wants to celebrate the mystical but the real world keeps intruding. He cannot escape the

horrors of his time.

The Ireland he tried to capture in romantic verse crumbles and disintegrates, the 'centre cannot hold.' His disappointment and disillusionment lead him to write some of his more profound poems. The 'savage indignation' he assigned to Jonathan Swift was also a part of his own fragile psyche.

There's a definite baptism of fire when it comes to seeing the world as an ugly place to live in. It's easy to see how we can be depressed by the state of this planet. I've said enough in previous articles about how I feel about the politics of our nation and the role we've played in destroying the best things in life for future generations. I don't need to enumerate the many issues that are pushing us towards the edge of oblivion.

No one wants to listen to the scientist, the experts, people want to hear politicians who know little or nothing about what they say. It makes me despair at how unquestioning our community is about those who say things they cannot back up with real hard evidence.

Day after day, I read how easy it is to dupe people into thinking of some conspiracy because it's on Facebook, Instagram or social media. Professionals be damned, let's read a blog by a moron who knows nothing but tells a good story.

It is at times such as this that I know it's important to take a step back and remind myself that nothing is any different to how it was when Yeats was alive. People, even Yeats, were duped by the fascists who promised to return us to a place where there was a stable sense of government and a hierarchy that would keep us all in our rightful

station. The promise, much like 'make America great again,' was an illusion, a false hope that desperate people were prepared to buy into to escape the sense of panic.

When the curtain is drawn back and the wizard is revealed to be a short man with a funny moustache, it is easy to point the finger and wonder how could anyone be taken in by such a charade? But we are no different, and we'll never be any different.

So, given this state of affairs, how can I think that life is sweet? The title of this article is taken from a Natalie Merchant song, in which she writes, 'they told you life is long, Be thankful when it's done, Don't ask for more, You should be grateful. But I tell you life is short. Be thankful because you know, It will be over, cause life is sweet, and life is also very short. Your life is sweet.'

The song acknowledges the futility of life, but also how we can decide how to respond to this sense of existential despair. Viktor Frankel tells us the same thing in his book, 'Man's Search for Meaning.'

When faced with his captors in a concentration camp, Frankel suggests that all we have of our own is choice. We can decide to choose how to respond to where our life is. We can choose to despair, or we can choose to value things in life that are important to us.

Life is short, and there are things we should be grateful for. I'm trying to change my way of thinking, and concentrate on those people who make my life sweeter. I am grateful.







A Letter from Ireland

By Ciáran Quinn

Hello and greetings from Ireland. Let me introduce myself. I have the grand title of Sinn Féin representative to the US and Canada. Originally from Belfast but living just outside Dublin, I act as a bridge between Sinn Féin and supporters in North America.

Sinn Féin is the oldest political party in Ireland, established over 100 years ago at a time when all of Ireland was under British rule. Our

party was founded to secure an independent Irish Republic.

Every decade since the island was divided by the British threat of "an immediate and terrible war" had been marked by conflict. At the time of partition, the northern political state was 66%

Protestant and 100% pro-British Unionist. The one-third catholic minority that was largely Irish was locked into a state in which they were culturally and politically excluded. But all that has changed.

Sinn Féin is once again the largest political party in Ireland, North and South. We are an all-Ireland party. Our president, Mary Lou McDonald, is now the first Sinn Féin TD (member of Parliament) and the first woman to lead the official opposition in the Dáil (Irish Parliament) in Dublin.

In the North, our vice President, Michelle O'Neill, is the First Minister (elect). She is the first Irish Republican and Catholic to hold that position since the foundation of the state, another extraordinary historic development

The re-emergence of Sinn Féin as the dominant political party reflects changing demographics that have forced a realignment of politics across the island. All these changes have their roots in a political agreement that was only made possible by Irish Americans and the U.S. administration.

Twenty-five ago this April, the Good Friday Agreement was signed. The longest period of continuous conflict in Irish history ended. The agreement was made possible under the guidance of a special envoy, Senator George Michell, and the direct intervention of President Clinton. A generation has grown up in peace.

After an intensive period of negotiation, the agreement was signed and Senator Michell remarked, "and now the hard work begins." Every step of the way, U.S. Presidents, Congress, and supporters have continued to do the

heavy lifting.

The agreement is not a constitutional settlement. It is a dynamic arrangement, future-proofed to manage political differences based on peace, equality, democracy, and rights. The constitutional future

equality, democracy, and rights. The constitutional future sh — continued partition or Irish unity ic — is in the hands of the people in future referendums. When the h British Government imposed Brexit on the North against the will of the majority, a growing number began to look beyond Westminster and partition.

The North has been transformed. It is now a shared space. Unionism, once dominant, can no longer claim to be the majority in the Assembly and the Government. The latest census returned a higher number of Catholics than Protestants. Change is all around.

Political unionism is in denial of the fundamental changes that are underway and a refusal to establish a government and serve alongside a Sinn Féin First Minister. This is an exciting time for those of us working for Irish unity. The majority of political commentators and people believe there will be unity referendums within the next ten years.

Change can either be chaotic or planned. That is why the Good Friday Agreement remains as important today as it was twentyfive years ago. It provides for a peaceful, planned, and democratic pathway to navigate the future.

Yet the Irish Government is



Ciáran Ouinn

failing to advocate and plan for Irish Unity. A Sinn Féin led government in Dublin would and will begin to plan for unity by establishing an inclusive citizens' assembly. The Ireland we want is a break from the past, taking the best from the North and the South to create a new state. This is an opportunity denied to the previous generation, and one that cannot be missed. There will be challenges ahead by those opposed to the Good Friday Agreement and its principles. Change cannot be denied. The US remains our partner in peace. As guarantors and guardians of our agreement. The success of our peace agreements is your success.

The words of Senator Michell hold true. The hard work continues, but the prize is great. A new and united Ireland, a prosperous and peaceful home for all, is possible. •

Ciarán Quinn is the Sinn Féin Representative to North America. He is originally from Belfast but now lives just outside Dublin. Ciarán also serves on the Sinn Féin National Officer Board and Ard Chomhairle. An activist of long standing, he is the link between Sinn Féin and North America, providing support and briefings to American and Canadian civic and political leaders.





- 1. This bay was the location of the Sea Horse tragedy on 1816.
- 2. Site of modernized Norman Castle in County Meath associated with the Cusack and Plunkett families. What is the castle is also known as?
- 3. Singer/ songwriter Christy Moore was born in what county?
- 4. Tiobra Arann is Irish (Gaelic) for what county?
- 5. Limerick Castle is also known as?
- 6. What is the name of the enclosure surrounding the motte of a Norman castle?
- 7. The famous GAA venue on Jones' Road in Dublin was named after Archbishop Thomas_____
- 8. The _______Agreement was signed in 19998 and signaled the end of the Troubles in Northern Ireland.
- 9. Which came first, the Battle of the Boyne or the Nine Years War?
- 10. Which reptile is St. Patrick said to have driven out of Ireland?

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5. King John's	_	War
	.6	Vine Tears
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Banshee, Capiche?

The sight of a man strolling down a lane way, along a glorious beach cliff, with no less than a rainbow



at his back, ought to arouse suspicion in anyone who has outgrown Disney. And those suspicions will not be denied, within

the dark, comedic fable that is *The Banshees of Inisherin*.

I will start by saying that I can kind of hate movies that are called dark comedies, because the bad ones attempt to mask bad taste in supposed sophisticated humor. This film is the good kind, the kind which juxtaposes life's incongruities in a funny way. Spoilers follow so stop here if you must.

One of the main characters in the movie, according to author Martin McDonagh, is the lushly beautiful fictional island of Inisherin. Inish is Irish for island and Erin, is well... you know that one. So, the actual filming was done between the Aran Island, Inish Mớr and Achill Island, combining to create the magical little island that is Inisherin.

Geographically, it sits like an Aran Island, off the West Coast. The rural beauty plays a strange role, it is an exquisite tyrant of sorts. The island feels so claustrophobic and cut-off, the laneways and walls seal it in. The narrowness, smallness of the place, almost forcing intimacy.

Padraic (Colin Farrell) attempts to dive behind a wall to avoid the "banshee," who sees the whole charade and walks around the wall to speak to him anyway. Privacy and peace of a kind are impossible. What do you do in a small place, knowing, to paraphrase Shakespeare, that none of us are for all markets?



The Banshees of Inisherin

The primary conflict in the movie comes from Colm's (Brendan Gleeson) decision that he just can no longer bear the company of his former best friend, Padraic. The simple Padraic is quite a bit younger and not the intellectual equal of Colm. Colm has decided that he has wasted enough of his time.

On the literal level, this decision seems a little incomprehensible, but as Colm says, is it a sin not to be nice? That is a good question in Ireland. A strong argument could be made that it is indeed a sin not to be nice in Ireland. Few things stir the local pot more than someone not being nice.

While Irish hospitality is a wonderful thing when you are visiting Ireland, the customs and manners can be exhausting on a day-to-day basis. You cannot plan much because you will surely be interrupted, and should a visitor arrive, then a visit is to be had. There is a case to be made, that along with whisky, friendliness, is one of the inventions that keep the Irish from running the world.

The film's feisty lassie is left to Kerry Condon's Siobhan. She has the quick temper; vintage Maureen O'Hara but is much more. She is world-weary, lonely, bored and modern. She sees above the nonsense and pettiness and is frustrated that she has to participate. She is a spinster, not for lack of offers, but for the lack a decent one.

Siobhan is missing out on everything and feels that she has to leave the island to make a life for herself. She does, and her letter home to Padraic is not sentimental, but talks about how her life has opened up since she left. She urges him to join her, and you can see as he reads it that he hasn't a notion.

Shakespearean Fool

The purported village idiot, Dominic (Barry Keoghan) is more of a Shakespearean fool. Like those characters, he speaks in a childish, naïve way, framed with bouts of profundity. He carries but he goes on, seemingly immune to the indignities island life sends his way, until he does not.

He is the mirror that reveals who the characters are, since everyone is unguarded with the simpleton that they believe him to be. He surprises Siobhan using the word touché, which Padraic doesn't know. He is the island dog that everyone kicks, but he is kind regardless and has a poignant hopeful quality about him.

Irish Civil War

The Irish Civil War is in the background all the time, with many thinking that is what the movie is really about. It is a fair assumption since that event turned neighbor against neighbor overnight. For any as confused about that period of Irish history as I have been, almost as soon as the Irish became independent and had a truce with England, they fought each other.

The two factions were essentially the Pro-Treaty side, which was willing to accept the truce, including the partition of the North with the hope of getting back, and the Anti-Treaty side, which said, no way, we want all of the island, free, right now thank you.

The metaphor fits nicely, two friends together until one random day, there are sides with loss inflicted because of the division. The islanders look across the sea at the occasional smoky fury of the conflict and are indifferent and befuddled by it.

No matter, Padraic and Colm are two very different people. Colm's cottage faces the sea, and is full of the souvenirs of a man who has travelled. Padraic crosses off the days on his calendar, in his plain cottage, stuffing down his loneliness and depression, attempting to look the happy lad.

Colm is wrestling with mortality

and legacy, wondering how niceness compares with a piece of music that just might outlive him. Yet in his flight from the smothering of polite society, he sacrifices his capacity to do more with his art, and in the process, turns the simple, emotional world of Padraic on its head.

Colm does not seem to mind the sacrifice. In his mind he is free and, maybe finding a way to entertain himself.

The Banshees

As for the banshees? Colm says he used the word because he like the "sh" sound. If a banshee foretells death, there is a character in Mrs. McCormack who functions that way and enjoys every minute of it. She is way more crone than sylph. She is negative to her core, licking her lips with pleasure recalling others' troubles as she haunts the film.

The movie will undoubtedly walk away with a few Oscars. One of the consequences of that will be more Yank fanny packs making their way to Ireland looking for Inisherin.

But isn't it refreshing? A movie, which has zero Spandex, the only nudity is male, and the women wear shawls, is making money! Watch it one time for the scenery, the story and the fabulous dialogue. Watch it again to see what you think. Your interpretation of the film is just that. But isn't nice to have a story complex enough to think about?

Lisa O'Rourke is an educator from Akron. She has a BA in English and a Master's in Reading/Elementary Education. Lisa is a student of everything Irish, primarily Gaeilge. She runs a Gaeilge study group at the AOH/Mark Heffernan Division. She is married to Dónal and has two sons, Danny and Liam. Lisa enjoys art, reading, music, travel and spending time with her dog, cats and fish. She can be contacted at olisa07@icloud.com.

Please send any Akron events to my email!





SUPPORT THE GOOD FRIDAY AGREEMENT

SUPPORT UNITY REFERENDUMS



Twenty-five years ago the Good Friday Agreement changed the course of Irish history. A generation has grown up in peace. All made possible by the ongoing support of Irish America.

The Agreement endures, as relevant and necessary today as it was in 1998.

It provides for Unity Referendums; a peaceful and democratic pathway to Irish Unity.

This British Government continues to break its obligations under the Good Friday Agreement. The Agreement must be honored in full.

We call on the Irish Government to establish a Citizens Assembly and to plan, prepare and advocate for Irish Unity.

The next chapter in Ireland's history is being written. Together we can be the generation to build a new Ireland. A home for all. United, peaceful, and prosperous.

The future is in the hands of the people. It is time to agree on a date for the Unity Referendums.

Let the people have their say.



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and the Award Goes to . . .

With two Irish movies, multiple Irish actors, and talent across a plethora of film categories nominat-



ed for the 2023 Academy Awards, it seems likely that we are at the brink of another Irish Renaissance. Tourists will rush to Achill

Island and the Aran Islands to see the movie sites. Cabled fisherman sweaters and all things Guinness will once again become the rage.

In the early nineties, independent films like the *Secret of Roan Inish* and *Waking Ned Devine* entertained scores of dreamers and Irish seek-



ers. Irish themed restaurants rose like mushrooms in spring across the United States and abroad.

At the time, my husband was traveling to Finland and Germany for work. His hosts brought him to Irish pubs for meals and entertainment. It appeared that the world was learning what so many of us already knew, that Ireland was steeped in charm.

Having grown up in a Chicago neighborhood, many of my friends and classmates were of Irish descent. My best girlfriends learned to dance the jig in Sheila Tully's garage. They never danced competitively, but to me they were great; their freckled cheeks grew pink with effort in the cold March air as they enjoyed teaching me a step or two during recess in our grade school parking lot.

As young teens, we attended the St. Patrick's Day Parade. I wore an Irish sweater that my dear friend Michelle gave me for warmth. She told me to keep it as a gift. My friend's grandmother Ellen from Stradbally, County Waterford knitted it years before and gave it to her, but Michelle's limbs soon grew too long for the sleeves; too precious to remain folded in the closet, she knew that I would treasure it always, and I have.

Forty years later, I still have the sweater and wear it as soon as the wind chills in early autumn. I always think of my friend and how we navigated the joy and tumult of adolescence with laughter and tears.

As my husband is a first-generation Irish American with family living on both coasts of Ireland, my children have had the privilege of wading in the turquoise waters of Keem Bay before *Condé Nast Traveller* ranked it as one of the best beaches in the world. Watching the sea birds fly, my mother cuddled beneath a fleece blanket with her seven-year-old granddaughter on the rocks of Keem Beach and declared it the most beautiful beach that she had ever seen.

A still frame frozen in time, I remember my youngest son donning caterpillar rubber boots and standing proudly by the shore, looking out at the sea with his dad. The only sounds were the cry of the gulls, the laughter of my oldest son as the cold waves lapped upon his bare feet, and the phantom voice of my father-in-law

Before his death, he loved to bring us to the beach and tell us stories of the powerful sea: how whales would wash up to the wonder of the villagers and that the house above the strand was a WWII lookout site. In keeping with tradition, each time my family visits Keem Beach, we tell the same stories, shutting out the din of the modern world, and listen to the voices of my husband's past.

Now on any given day, lines of campers clog the road to the once little-known beach, the smell of sausages on the grill melds with the ancient scent of kelp and salty sea spray. While I am proud that the beauty of our treasured spot is now

recognized the world over, I am glad that I had the privilege of experiencing her beauty when she was still an unknown star.

Even though the children have grown into adults, we still try to visit Ireland as a family as often as we can. The children are no longer playing "catch the rainbow" in the fields behind their uncle's house, but they still enjoy listening to the bleating of the lambs on every hill-side in spring and the excited turn in their stomachs as the road from Shannon narrows and the familiar hills of Mayo fill the Irish skies.

When we travel to Ireland, we all have our favorite indulgences. Some of us enjoy the ice cream more than the Guinness, while others enjoy sticky Maynard's Wine Gums more than crispy Taytos. All of us, however, enjoy the smell of a turf fire and the camaraderie of family.

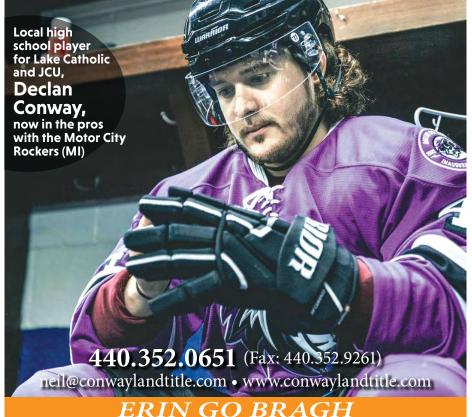
Whether packed into a busy Westport pub for traditional music, a favorite Newport establishment on a Saturday night, or just sitting around the kitchen table for morning tea or late-night sandwiches and more tea, the laughs never seem to end. While the films acknowledged for the Oscars are poignant and artistic, thought-provoking and necessary, illuminating the talent of Irish directors, producers, actors, and more, the Ireland that our family knows is one of laughter and joy, love and devotion.

Our family waltzes in the kitchen and sings at the table. I always enjoy a jovial "step down the line," giggling my way through a rudimentary reel with Uncle Gerry, while the aunts and uncles, grandmothers, cousins, daughters and sons — family one and all, smile at my silliness and toast another round to visits that never last long enough, and family that lives just an ocean too far away. •

Susan holds a Master's Degree in English from John Carroll University and a Master's Degree in Education from Baldwin-Wallace University. She may be contacted at suemangan@yahoo.com.









Don't Be Hardheaded; **Protect Yourself** from Head **Injuries**

Keep your head up. Hold your head high. Mind over matter.

There are many adages that put our heads, and the brains they protect, front and center. But, when it comes to thinking about our overall health, protecting ourselves from brain injuries may not always top the list.

According to the Brain Injury Association of America, there are more than 5.3 million individuals in the United States who are living with a permanent brain injury-related disability. Some head injuries are unavoidable car accidents, sports injuries or accidental falls. Though, in some cases, we can take important preventative steps to keep our noggins safe.

In honor of National Brain Injury Awareness Month, I want to share more about the symptoms, causes and detriments of brain injuries, as well as some tips to protect against them. Often when we think of injuries, we think of ones that are visible – a scrape, bruise or cut. However, brain injuries are invisible to us from the outside. That's why diagnosis is key.

Traumatic Brain Injuries

march 2023

Left untreated, a traumatic brain injury (TBI) can worsen quickly and have lasting consequences. No two brain injuries are the same and all can have long-term effects on a patient, even mild ones.

Concussions are common head injuries, caused by a bump, blow or sharp jolt to the head. Symptoms often include a headache, dizziness, blurred vision, confusion, ringing in the ears, memory impairment and more. In the event of a possible concussion, it is important to see your doctor or go to the emergency room for an assessment to evaluate the seriousness of the injury. An assessment of your brain will review motor function, sensory function, coordination, eye movement and memory.

Symptoms of moderate TBIs include unconsciousness occurring for up to 24 hours, signs of brain trauma, contusions or bleeding and signs of injury on neuroimaging. One significant difference between a moderate and severe TBI is that in severe cases, unconsciousness can exceed 24 hours, which is also referred to as a coma, and patients have a lack of sleep and wake cycles during their loss of consciousness.

Imaging tests, such as an MRI or CT scan, can help providers confirm or rule out more serious head injuries. They can also show brain bleeding that may have occurred from the injury.

Although traumatic brain injuries can be scary, there are steps you can take to prevent them. For children and adults alike, wearing a helmet while riding a bike, scooter or anything with wheels is a great way to help prevent a head injury if a fall or accident occurs. Likewise, all families should practice motor safety by wearing seatbelts, buckling children in proper car seats or booster seats and driving responsibly.

For kids and teens participating in sports, wearing protective headgear, and teaching basic concussion safety can be critical in preventing head injuries. This is especially true for those who participate in contact sports. Working with your child, coaches and athletic trainers on safe play and the importance of reporting their injury is integral to their safety in sports.

For older adults, talking to your doctor about fall risks and safety measures you can implement in your home to avoid falls is another great way to prevent head injuries or TBIs. In addition, regularly going to the optometrist to have your eyes checked and practicing balance exercises can also prevent a nasty

fall and potential head injury.

Head and brain injuries may not always be ones we expect to experience but it's important to know the signs of these injuries so you can keep yourself and loved ones well. Through safety education and injury prevention, you can rest your head knowing you're doing all you can to protect your health.

Dhruv R Patel, MD, is the Medical Director of Mercy Health - Lorain's stroke program and is Board Certified in neurology, vascular neurology, neuromuscular medicine with certification in neurorehabilitation. Dr. Patel comes with 24 years of experience in providing high quality and compassionate care in many subspecialties in Neurology.

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- St. Francis of Assis



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Murphy Goes to Confession

Murphy goes into the confessional box after years of being away from the Church. He pulls aside the curtain, enters and sits himself down. There's a fully equipped bar with crystal glasses, the best vestry wine, Guinness on tap, cigars, and liquor nearby.

He hears a priest come in.
"Father, forgive me. I think it's been a while since I've been to confession and to be sure I must say that the confessional box is much better than it used to be.

The priest replies, "Get out, you idiot. You're on my side!"

Paddy in a Hotel

Paddy checks into a hotel for the first time in his life and goes up

to his room. Five minutes later he calls the desk and says, "Ya have given me a room with no exit. How do I leave?"

The desk clerk says, "Sir, that's absurd. Have you looked for the door?" Paddy replies, "Well, there's one door that leads to the bathroom. There's a second door that goes into the closet. And there's a door I haven't tried, but it has a 'Do Not Disturb' sign on it."

The Italian Lawyer

An Italian lawyer and an Irishman are sitting next to each other on a long flight.

Lawyers tend to think that they are so much smarter than the common man, that they could put something over on them easily. The lawyer asks if the Irishman would like to play a fun game.

Paddy is tired and just wants to take a nap, so he politely declines and tries to catch a few winks. The Italian lawyer persists and says that the game is a lot of fun. I ask you a question, and if you don't know the answer, you pay me only €5.00 then you ask me one, and if I don't know the answer, I will pay you €500.00.

This catches the Paddy's attention. To keep the lawyer quiet, he agrees to play the game.

The lawyer asks the first question. 'What's the distance from the Earth to the Moon?' Paddy doesn't say a word, reaches in his pocket, pulls out a five euro note, and hands it to the lawyer.

Now, it's the Paddy's turn. He asks the lawyer, 'What goes up

a hill with three legs and comes down with four?'

The lawyer uses his laptop and searches all references he can find on Google. He sends e-mails to all the smart friends he knows, all to no avail. After over an hour of searching, he finally gives up. He wakes up the Irishman and hands him €500.00.

The Irishman pockets the €500.00 and goes right back to sleep.

The lawyer is going nuts not knowing the answer. He wakes the Irishman up and asks, 'Well, so what goes up a hill with three legs and comes down with four?' The Irishman reaches in his pocket, hands the lawyer €5.00 and goes back to sleep.

The Weekly Raffle

Declan, Mick and Seamus entered their local pub's weekly raffle, and to their surprise, they each won a prize: Declan a bottle of whisky, Mick a large turkey and Seamus a toilet brush. The next week, they met again in the pub and talked about their prizes.

Declan extolled the pleasures of his smooth Irish whisky, while Mick reported that the turkey was the most delicious he had ever tasted. Seamus looked rather glum when asked about the toilet brush.

'It wasn't that great,' he said. 'I think I'll go back to using paper.'

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sare home



Maureen E. Greene

December 22, 1936 - February 13, 2023

Maureen E. Greene, 86, of



Marblehead,
Ohio, beloved
wife of the late
Donald Greene,
passed away
peacefully
surrounded by
love on Monday,
February
13, 2023, at
Jane Baker

House, Otterbein North Shore. She was born on December 22, 1936, in Claremorris, County Mayo, Ireland to Patrick and Julia (Burke) Prendergast (deceased). Maureen immigrated with her family to Cleveland, Ohio, in 1952, and became a U. S. citizen in 1958. She and Donny married on August 6, 1955 and enjoyed 61 years of dancing and traveling.

Dear mother of Colleen (Bill) Frazer, Patsy (Roger) Frazer, Mary (Chris) LaCorte, Donna (Chris) Malfara and Kellyann (Mike)
Pokrandt; grandmother of Ryan
(Brian), Kelly (Rocco), Megan
(Steve), Nicki (David), Christina
(Jay), Joe (Danielle) and Tony; and
great grandmother of 8. Sister of
Martha (deceased) (Gerry) Siney,
Thomas Prendergast, sister-in-law
of Helen (Don-deceased) Sedivy,
and Nick (Patti) Greene, dearest
family friend of Rev. Ulick Bourke,
Society of African Missions.

In lieu of flowers, memorial contributions can be made to Fr. James O'Donnell's ministry, "Little Brothers & Sisters of the Eucharist," (2182 E. 35th St, Cleveland, Ohio 44115), Fr. Ulick Bourke's ministry, "Society of African Missions," (smafathers.org), or the Danbury Food Pantry (1775 S. Church Rd., Marblehead, Ohio, 43440).

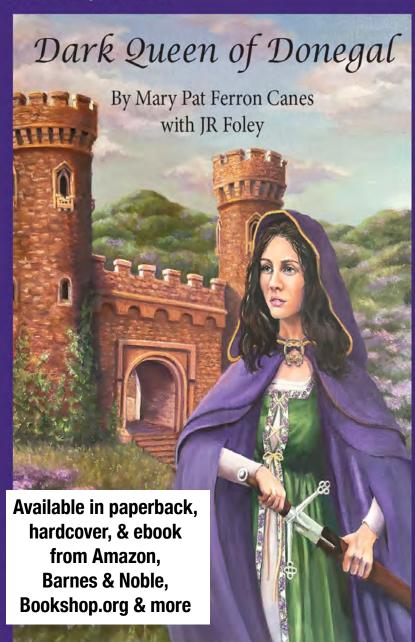
Maureen's family would like to thank the staff at Jane Baker House, Otterbein North Shore, for the exceptional care and love they shared with her.

Obituary courtesy of Crosser Priesman Funeral Home.

PAP

PEN WOMEN PRESS presents

Dark Queen of Donegal is a riveting, action-packed historical novel. Filled with authentic details, it is the story of Red Hugh's mother, a resourceful Irish queen who pits herself against Elizabeth I in her efforts to see her son become king in Ireland.



DarkQueenofDonegal.com

COMING NEXT MONTH

april 2023

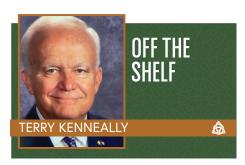
Bringing you the movers, shakers and music makers in our community each month.

Sessiúns: See What's the Craic for a new, updated list!

- 3/29 April Issue of ilrish hits the street #ilrish #LiveMoreLifeBeMoreIrish #IrishAmerican
- 2nd Palm Sunday
- 5th Passover Begins
- 5th ilrish eBulletin Arrives in your Inbox. Free Signup: ilrish.us #ilrish #LiveMoreLifeBeMoreIrish #IrishAmerican #Shenanigans
- 7th Good Friday
- 9th Easter
- 10th Irish American Club East Side Monthly Meeting

- 19th ilrish eBulletin Arrives in your Inbox. Free Signup: ilrish.us #ilrish #LiveMoreLifeBeMoreIrish #IrishAmerican #Shenanigans
- 20th West Side Irish American Club (WSIA) Monthly Meeting
- 22nd AOH Medina Beer Run
- 23rd AOH Bluestone Mass at St. John Cathedral
- 28th Irish Echo Irish American Arts & Culture Awards, Buffalo, NY.
- 29th May Issue of ilrish hits the street #ilrish #LiveMoreLifeBeMoreIrish #IrishAmerican





Forever Home

By Graham Norton Norton Hodder & Stoughton Ltd. ISBN 978152939-1404 2002 364 pp.

<u>Forever Home</u> is the fourth novel by the broadcaster and acclaimed author to be reviewed in these



pages. The previous three, <u>Home Stretch</u>, <u>A Keeper</u>, and <u>Holding</u> were all best sellers in Ireland and England and he returns

with another nuanced, funny, and emotionally uplifting novel probing unlikely relationships and meddlesome gossip in small-town Ireland.

At its heart is Carol, a quietly

heroic late forty-something divorcee who finds love again with the much-older Declan. The new

GRAHAI

relationship sparks local speculation: what does a woman like her see in a man like that? What happened to his wife who abandoned him and their two children years ago?

The gossip only brings the couple closer, but Declan is soon moved into a nursing home, suffering from a form of early Alzheimer's. His children are

untrusting and cruel to Carol, forcing her to leave their beloved home and move back with her parents.

Added to this are secrets about Declan's past, strange rumors that were never confronted and suddenly the house they shared takes on a more sinister significance. Carol's mother is determined to get to the bottom of things and won't allow her

daughter to suffer in this way.
As in many compelling
mainstream novels, there is a

murder involved or, more precisely, a dead body. Its discovery could decimate every memory and truth Carol shared with the man she loved. Add to this is the appearance of Declan's missing wife of twenty years and you have a surprise ending that leaves the reader wondering. A surprising book, which proved interesting and a good read. •

Terrence J. Kenneally is an attorney and owner of Terrence J. Kenneally & Assoc. law firm in Rocky River, Ohio. He received his Masters Degree from John Carroll University in Irish Studies and has taught Irish Literature and History.

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ACROSS

2	`On Road
4	I'm a Man You Don't Meet Day
8	Not His Simplicity
9	Jack's
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	Old Man
30	The Galway
35	Durkin
37	(S)
40	Nelson's



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Irish Cooking and Pospitality

Presented by LAOH National Irish Historian Peggy Cornish Sunday March 5 at 4:00pm EST

Irish and Irish American Women

Presentation by Past AOH National Historian, Mike McCormack Sunday March 26 at 4:00pm EST

For Registration visit www.ladiesaoh.com





43 The ____ Around Us **Dubliners' Songs** 45 The Irish _____ By Linda Fulton Burke 48 Finnegan's _____ 49 The Black _____ Band 50 The Wild R_____ 51 Take Her Up to _____ 52 Limerick _____Lady 53 **DOWN** Don't Get _____ Óró sé do bheatha _____ The Kerry _____ _____ Hill 10 The ______ of Herring One _____ In May _____ Mulligan the Pride of the Coombe All For Me _____ 17 18 God Save _____ 23 20 The _____ of Liverpool 21 The _____ Glass 26 22 Hand Me Down My ___ 24 Red _____ for Me 25 Seven _____ Nights The Rising of the ____ 27 31 Cod _____ Oil 32 The Rare Ould _____ 33 The Auld _____ _____ in the Jar 34 36 A _____Once Again 35 38 I _____My Love 39 ____, McGrath 40 McAlpine's _____ So Well 42 The _____ Old Mountain Dew Peat Bog _____ 43 44 The _____ Game And the Band Played _ Matilda Johnston's _____ Car Take It Down from the _

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