



You'll Never Beat the Irish...

ur world is not normal, though I suppose every generation says that. Yet, I see the familiar returning in some places. Restaurant/pubs, import

17 YEARS

🙈 ilrish

stores, and many more still can't find staff – including here at *i*Irish. That is mind-boggling to me.

We are searching for PT, remote sales reps and paid interns for the summer. Finding them has been a way bigger challenge than any working person could imagine, especially in days gone by.

We are delighted to introduce you the newest member of our team, intern Sanjana Pandit, who joins us this month. Her experience and energy will be a great asset to us at Ilrish, and we are committed to giving her a great experience to pull from for the rest of her life too.

What is a return to normal is the ... 16th Annual FANtastic Festival Focus issues. May kicks off the fun and seeing so many festivals return to full or near full activities fills my heart, and these pages, with the music, dance, food and other highlights that are the trademark of wonderful Celtic Festivals everywhere. Is your favorite festival included? Festival Focus runs through September - There is still time to plan and create the summer to remember.

So looking forward to the myriad of events this month, near and far. Cleveland GAA's Night at the Races is May 13; Mother's Day is the 14th; the *f*Irish eBulletins come out May 3 and 17; Walks of Life is May 18th; and the Mighty @AerLingus launches their direct flight, Cleveland to Dublin, on May 19.

The Cleveland GAA Memorial

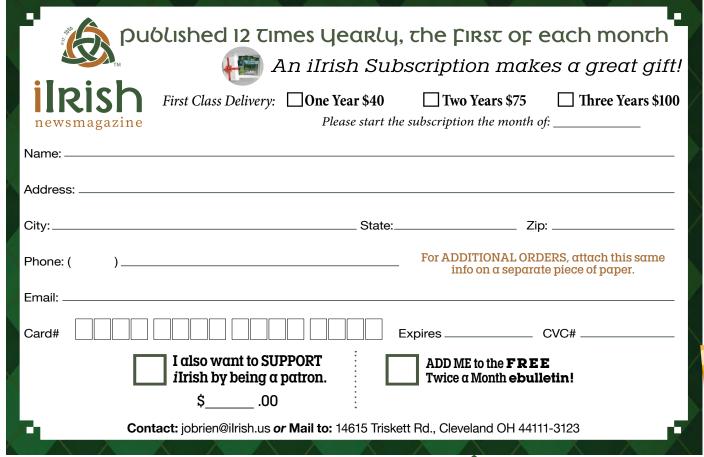
7-a-Side Tournament is May 20 at the West Side Irish American Club in Olmsted Twp., just 20 minutes west of downtown. Teams from across the Diaspora will be in Cleveland to play, dance, eat and jive to live music. All are welcome.

This year's memorial is in honor of Daniel (Danny) Doherty, Sr., who gave a lifetime of support, and action, to Cleveland area Irish youth and their friends by forming and coaching kids in Gaelic Football. His daughter Denise writes a wonderful tribute, on page 28-29.

Things are just getting started at that point. Memorial Day is the 29th, our last *Speak Irish Cleveland* class May 30th ends our 10th year sponsoring the class in partnership with PJ McIntyre's Irish Pub until the fall. The June issue of *i*Irish arrives on May 31st.

Irish Arts & Culture Champion

We are honored and delighted to be awarded as a *United States Arts & Culture Champion!* We will share a few pics and stories in next month's issue, but are very grateful to all of you, our readers and advertisers, that give us the opportunity in our work to share the rich Irish arts and culture we all enjoy.





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PUBLISHERS STATEMENT

The opinions and statements expressed in this newspaper are entirely those of the authors, and do not reflect in any way the opinions of ilrish.



About Our Cover:

See you on the Cliffs of Moher June 21

Pic by Jennifer Rusek, Courtesy of Michael Black



See the What's the Craic?, Taking the Fields of Glory, and the Annual Festival Focus pages within for all the craic, and the details too. There is so much more inside.

New this month is Kathleen Diulus' *Pittsburgh Irish* monthly column, taking about what is going on in the Irish community in and around Pittsburgh. See Page 9.

Have you visited our new website yet? You will love www.iirish.us. It's easy searchability to find articles current and previous by any topic will be a wonderful tool for researchers and fans, no matter the topic. We are recording our history and those who make an impact in action and support of our community, for our future, forever.

*i*Irish's Shamrock Squares premiers in this issue as well – a fun and challenging game of connecting lines, with the goal of completing squares. Whoever completes the most, wins! Every game is unlike any other. This month, it is on page 39.

Puzzles and protocol, recipes and reviews, history and health, sports and special opportunities for Ireland are within. Together, *you'll never beat the Irish, no matter what you do* You don't have to remember it all, but

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you should share it all, for we are all Arts & Culture champions.

Arish is made in America. We have always been green and are proudly Irish, all year long.

••

Nuair a stapann an ceol, an damhsa déanann an amhlaidh

(When the music stops, so does the dance)

John







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POLICE WEEK

MAY 13 - 20, 2023

Hosted by The Greater Cleveland Peace Officers Memorial Society® the commemoration recognizes all law enforcement officers for their dedicated service, and honors those who died in the line of duty serving their communities. Please consider showing your support for our Safety Forces at any of the following events open to the public.

Saturday, May 13, 2023

Grave Marker Placement: After a brief ceremony at 8:00 a.m. at the Greater Cleveland Peace Officers Memorial® (GCPOM®) located in Huntington Park, Lakeside Avenue and West 3rd Street, volunteers will travel throughout the region and place markers on the graves of the Officers commemorated on the

Monday, May 15, 2023

Candlelight Vigil: At Greater Cleveland Peace Officers Memorial site, begins promptly at 7:45 p.m.

Cleveland Police Badge Case Ceremony: Begins at 11:00 a.m. 1st Floor, Cleveland Police HQ, Justice Center - 1300 Ontario Street, Cleveland, Ohio 44113.

Hero's Welcome: 8:00 p.m. to 12:00 a.m. at Sausalito on Ninth, 1360 E. 9th Street, Cleveland, Ohio 44114. Live music "New Barleycorn" and complimentary appetizers.

Friday, May 19, 2023

Parade: Steps off at 10:30 a.m. from Lakeside Avenue and East 12th Street, continuing along Lakeside Avenue to the GCPOM®. Parade participants include officers from local, county, state and federal agencies throughout the U.S. and Canada; and surviving family members of officers who made the

Memorial Service: All are encouraged to gather at the GCPOM® at 11:30 a.m. immediately following the parade in "Keeping the Promise to Never Forget Our Fallen Heroes®."

Gathering: For parade participants immediately following the Memorial Service at the FOP Lodge No. 8, 2249 Payne Avenue, Cleveland, Ohio 44114.

Greater Cleveland Police Emerald Society: Fellowship Event, CPPA, Upstairs Hall, 1303 West 58th Street, Cleveland, Ohio 44102 from 4:00 p.m. to 6:00 p.m.

Steak Roast: CPPA, Hall, 1303 West 58th St., Cleveland, Ohio 44102 from 6:00 p.m.-8:00 p.m. www.honorourfallen.us_Sponsored by Chicago Police Emerald Society & CPPA.

Saturday, May 20, 2023

Police patch collectors show: 10:00 a.m. to 3:00 p.m. Double Tree Hotel, 1111 Lakeside Ave.

Cleveland International Tattoo®: Highlighting the weekend will be the "Tattoo" at Cleveland Public Hall, 500 Lakeside Ave E, Cleveland, Ohio 44114 at 7:00 p.m. A spectacular demonstration of pageantry, music, song, drill and dance. Featured performers include the Pipes and Drums of the Cleveland Police and more! Tickets on sale at www.honorourfallen.us

After-Tattoo Party: Follow the bands back to the Double Tree Hotel at 12th and Lakeside Avenue.

www.gcpoms.org www.policememorialsociety.org

Celebrated in Cleveland with the 38th Annual Police Memorial Commemoration Hosted by The Greater Cleveland Peace Officers Memorial Society[®]









Another Way to Make Potatoes

Tthink I have mentioned before that my husband is a meat and potato eater. He likes it all simple, plain, and tasty. So, it is a good thing he married an Irish woman who can cook potatoes a thousand ways. I am trying this slightly different take on potato salad out on my in-laws.

This is a traditional potato salad but adding some elements of baked potato toppings: bacon, cheddar cheese, chives, and sour cream. With the weather warming and picnics starting up, this potato salad will be a great dish to serve.

Baked Potato Salad

Ingredients Makes 6 servings. 2 pounds Yukon Gold Potatoes

2 pounds Red Potatoes

1 cup Celery

3 large Hard-Boiled Eggs

1/4 cup Fresh Dill

½ cup Fresh Chives

1 cup Shredded Cheddar Cheese

1 cup Cooked and Crumbled

Bacon

½ cup Mayo - I use Dukes

½ cup Miracle Whip 2 tablespoons Dijon Mustard



1 tablespoon Yellow Mustard 1/4 cup Sour Cream 1/4 cup Granulated Sugar 2 teaspoons Garlic Powder 2 teaspoons Black Pepper Salt to taste and season the water for potatoes.

Paprika for sprinkling for color.

Directions:

Chop all the potatoes into bitesize pieces. I leave the skin on for color and texture. Boil them in a large pot of generously salted water until soft. Drain and allow to cool completely.

You can even make them ahead of time and refrigerate them.

Boil the three eggs until hardboiled. Peel and chop the eggs.

Chop celery.

Cook and crumble the bacon.

Dice up the chives and take dill off

Toss all of this in a large bowl and

mix gently to avoid mashing the potatoes.

Add in the cheddar cheese. Make the dressing by combining the mayos and mustards, sour cream, sugar, garlic powder, pepper, and salt.

Taste the dressing to make sure it is just the right amount of savory with a touch of sweetness.

Stir the dressing into the potato mixture. Make sure it has a good amount to coat everything but not too much so that it becomes too soupy. Add additional salt and pepper to taste. Sprinkle paprika on top for a bit of color.

Katie Gagne teaches English at Trinity High School in Garfield Heights. She is also the owner of her in-home bakery Sassy's Sweets and Oh So Much More. You can contact her at (440) 773-4459 or at mkbluebows@aol.com, or find her on Facebook at @sassyssweetsandmore.

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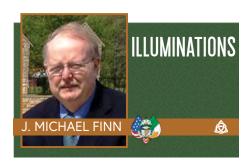




Sassy's Sweets

... and Oh So Much More Katie Gagne 440-773-4459





Mary Jane O'Donovan Rossa, Keeper of the Legacy

J eremiah O'Donovan Rossa (1831-1915) was a Fenian leader and member of the



Irish Republican Brotherhood. He served hard time in English jails and was exiled to the United States in 1871.

During his life, either as a prisoner or a free man, O'Donovan Rossa was one of England's most difficult and formidable enemies. Formidable, as well, was his wife Mary Jane O'Donovan Rossa.

She was born Mary Jane Irwin in Clonakilty, County Cork on January 27, 1845, the daughter of Maxwell Irwin, a merchant. In 1860, after receiving her primary education at the local national school, Mary Jane enrolled in the Sacred Heart Convent's boarding school in Roscrea, Co Tipperary, where she excelled in a number of subjects including poetry, painting, music and literature.

Mary Jane Irwin met O'Donovan Rossa at a relative's funeral in April of 1864, shortly after she completed her schooling. O'Donovan Rossa had been married two times before and had five children. Both of his previous wives were deceased.

The Irish People

Shortly after meeting O'Donovan Rossa, Mary Jane started writing poems for the Fenian newspaper the *Irish People*, that he managed. She wrote poems under the



pseudonyms "Cliodhna" (pron: *klee-nah*) and "M.J.I." (Cliodhna is the Celtic goddess of the sea).

On August 22, 1864, Mary Jane, against the objections of her parents, married O'Donovan Rossa. He was fourteen years older than his bride. Her parents who admired O'Donovan Rossa feared that the marriage could mean future trouble and misfortune for their daughter (together the couple raised thirteen children).

In September of 1865, agents of the British government raided the Irish People office and arrested its staff, including O'Donovan Rossa. Following the arrest, leading members of the Irish Republican Brotherhood (IRB) were also arrested at various locations throughout the country. The leaders, including O'Donovan Rossa, were charged with "high treason" and sentenced to penal servitude for life. That development would be the beginning of a new and challenging phase in Mary Jane's life.

After O'Donovan Rossa's arrest, the authorities refused his wife permission to visit him in Mountjoy Jail. The only avenue open to Mary Jane was to write letters published in the *Irishman* newspaper, accusing the government of maliciousness against her and her family.

In October 1865, Mary Jane co-founded the Ladies Committee for the Relief of State Prisoners, which collected money for the families of the imprisoned Fenians. Although she was only nineteen and pregnant, Mary Jane became secretary of the organization, travelling throughout Ireland, as well as carrying messages to England for the remaining Fenian leadership prior to the failed 1867 rebellion.

She wrote to the British Prime Minister, William Gladstone, appealing for the release of her husband, but received no reply. She continued to work feverishly for her husband's release; her pleas to the government fell on deaf ears.

Faced with poverty and limited prospects in May of 1867, Mary Jane set sail for America, leaving O'Donovan Rossa's five children and her own infant son behind in the care of her father. She arrived in New York, and after some brief training in public speaking, she became a sensation in Irish-American communities as she crossed the United States giving lectures and reading her poems.

After her first event in New York City, where she was introduced by Horace Greeley, she travelled constantly for two years. Her professionalism and demeanor were a boost to the Fenian cause. She sent home enough money to support her extended family.

During this time, Mary Jane also visited Washington D.C., where she met with President Grant. She was given an official letter addressed to the American ambassador in London, authorizing him to support her campaign to have O'Donovan Rossa released.

In 1868 she published *Irish Lyrical Poems*, her collection of poetry, adding to both her reputation and her finances. In early 1870, Mary Jane retuned to Ireland. There she gave lectures and readings throughout both Ireland and England. At 23 she was a major celebrity among the nationalist Irish in both countries.

Amnesty in Ireland

On January 5, 1871, bowing to public pressure, the British declared a conditional amnesty

and released 30 Fenian prisoners, including O'Donovan Rossa, providing that they exile themselves from Ireland. On January 19, 1871, O'Donovan Rossa, Mary Jane and his children sailed to America aboard the SS Cuba, arriving in New York.

When the family settled in New York City, Mary Jane supported the role of her husband as the outspoken Fenian agitator. When O'Donovan Rossa's business endeavors fell short or when his passion for politics left the family in difficulties, Mary Jane again took to the lecture circuit to raise funds. In addition, Mary Jane became a force in most of O'Donovan Rossa's publications, independently writing and publishing his newspaper, the United Irishman, when he was travelling or ill.

In 1910, O'Donovan Rossa began to suffer from ill health and was confined to a hospital. Mary Jane became his nurse, while, at the same time, serving as the full-time editor and publisher of the *United Irishman*, keeping up O'Donovan Rossa's Fenian legacy.

The Death of O'Donovan Rossa

O'Donovan Rossa died on June 29, 1915, at St. Vincent's Hospital on Staten Island. Mary Jane quickly made arrangements for a burial in Ireland, as she had promised her husband forty years before. The decision was made to bury O'Donovan Rossa in Glasnevin Cemetery, where his wife believed, "The lesson of his life would constantly appeal to the hearts of thousands of his loving countrymen and women, prolonging after death his powers to circumvent and worry the English government in Ireland."

O'Donovan Rossa's funeral on August 1, 1915 in Dublin was organized by Tom Clarke, Patrick Pearse and James Connolly. It was the first show of solidarity and force by the Irish Republican Brotherhood, the Citizen Army and the Irish Volunteers. The graveside oration given by Patrick Pearse remains one of the most famous speeches in Irish history.

Mary Jane and her daughter Ellen attended O'Donovan Rossa's burial at Glasnevin Cemetery in



Dublin. During her stay, she was constantly followed by British intelligence agents. Her hotel room was searched, and letters were stolen, however, her passport, the object of their search they did not find.

On her return to America, Mary Jane continued to write about events in Ireland. On May 4, 1916, Mary Jane reflected upon early reports of the executions that followed the Easter Rising. Mary Jane wrote to her daughter Daisy, "This week is like an awful nightmare ... I am fearfully distressed by the news from Ireland. I feel heartbroken for I knew those gallant men who have been slaughtered."

On August 17, 1916, Mary Jane died suddenly of a heart attack. She is buried at St. Peter's Cemetery, Staten Island, New York.

Mary Jane was an unusual woman for her time. More than the patriot's wife, she was a force in her own right, whose hard work and sacrifice kept alive the Fenian legacy.

J. Michael Finn is the Ohio State Historian for the Ancient Order of Hibernians and Division Historian for the Patrick Pearse Division in Columbus, Ohio. He is also past Chairman of the Catholic Record Society for the Diocese of Columbus, Ohio. He writes on Irish and Irish-American history; Ohio history and Ohio Catholic history. You may contact him at FCoolavin@aol.com.

To Read More to the Story, with more text, more pics and LARGER print, visit /Irish.us or:

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WEDNESDAY

1:30pm-3pm: **Dianne Byrnes** WEDO 810 AM and simulcast on Sundays 12:30 - 2:00 pm Pittsburgh

SATURDAY

2pm-4pm: Sweeney Astray WRUW-FM 91.1 Cleveland

4:00 – 6:00 **Toss the Feathers** WCBE FM 90.5 Columbus

SUNDAY

10am-12pm: Gerry Quinn's Irish Hours WHK-AM 1420 w/ Colleen Corrigan Day & Eddie Fitzpatrick Cleveland

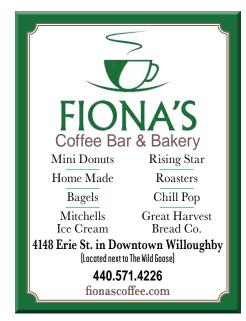
7:00 – 8:00 **Thistle & Shamrock** WGT FM 91.3 Toledo

5:00 – 6:00 **The Hooley Hour** WHK AM 1420 Cleveland



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First Generation

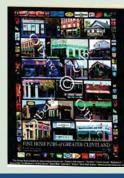
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Special Opportunities for Ireland

was honored to participate as a panelist in *Reflections on the* Good Friday Agreements: Twentyfive years of Peace and Progress at

6 YEARS 췭 ilrish

the Cooper Union Hall in New York City on April 3. This event featured President Bill Clinton and Gerry Adams as speakers. The event sponsors

included seven leading Irish American organizations, including the Ancient Order of Hibernians,

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Ladies Ancient Order of Hibernians, Friends of Sinn Fein, Irish American Unity Conference, James Connolly Labor Coalition, Friendly Sons of St. Patrick, Brehon Law Societies of New York City, Nassau County and Suffolk County.

Irish America was united in the goal of peace and justice in Northern Ireland. Over the past twenty-five years, Irish America has been supportive of the full implementation of the Good Friday Agreement.

In press releases for the event, many of the sponsoring organizations shared their reflections. The Ladies Ancient Order of Hibernians were quoted, "As we commemorate the Anniversary of the Good Friday Agreement, we remember all the advocates for peace and justice on both sides of the Atlantic. We especially recognize the impact of the women in the North of Ireland for their dedication and commitment to peace and justice issues. Their advocacy is making peace a reality for their children and grandchildren."

The Ladies Ancient Order of Hibernians Inc (LAOH) is honored

LAW OFFICES OF TERRENCE J. KENNEALLY & ASSOCIATES CO. **TERRENCE J. KENNEALLY*** SEAN M. KENNEALLY River Terrace Building 19111 Detroit Rd., Ste. 200 Rocky River, OH 44115 440-333-8960 terry@tjkenneally.com **Board Certified by the**



Agreement. The publication of Trasna na dTonnta - Across the Waves Women's reflection on the Good Friday Agreement featured women on both sides of the Atlantic that

were advocates for peace and social iustice issues in the North of Ireland.

The Ladies Ancient Order of Hibernians will be traveling to Ireland this April. One of the highlights of the trip will be the public launch of this publication, held on Saturday April 15th at 3:00 PM at Áras Uí Chonghaile, Falls Road, Belfast.

Women in Irish History

This publication will be one that historians will value in their research on this period. Women need to be remembered in their role in history.

The LAOH will also present the Freedom for All Ireland donations to various groups in Northern Ireland. The LAOH Freedom for All Ireland Committee has provided financial aid to charities and agencies that encourage crosscommunity cooperation, economic development, social change, crossborder collaborations, Irish history and language education, nationalist infrastructure maintenance and construction efforts, and Irish unification initiatives based on peace and justice for all throughout Ireland. In addition to financial support, members of this

Committee are advocates sharing information to support the full implementation of all parameters of the Good Friday Agreement.

AOH Vice President Sean Pender

Marilyn with Congressman Richard Neal and

Members of the LAOH will be attending the Global Irish Civic Forum, be held at Dublin Castle and hosted by the Department of Foreign Affairs. This will be the second Global Irish Forum gathering Irish diaspora groups to connect with one another and discuss issues in the Irish Government's Diaspora Strategy, including the Emigrant Support **Program and Presidential Voting** Rights. The LAOH is honored to attend this important networking event. •

Marilyn Madigan is the National President of the Ladies Ancient Order of Hibernians and a Deputy Director of the United Irish Societies of Cleveland. She received a Bachelor of Science in Nursing from St. John College and retired from Nursing at University Hospitals of Cleveland.

To Read More to the Story, with more text, more pics and LARGER print, visit ilrish.us or:





lational Board of Trial Advocacy





Happy Mother's Day Pittsburgh

appy Mother's Day to all the Irish American Moms! As I was trying to choose a topic for my first column, I reflected on my family and their influence on my life. A huge part of my Irish family and I suspect to be part of others, is Irish music. There is something about Irish storytelling and music that speaks to our souls.

Memories of my grandmother singing songs as she did her household activities, include Mother Machree, My Wild Irish Rose and Too-Ra-Loo-Ra-Loo-Ra are some of my fondest memories of my grandmother. I, myself, have an Irish playlist on my iPhone and find comfort in the variety of songs: some traditional folk, some Irish Rebel songs, and others are contemporary Irish musicians. I am also fortunate to live in an area of the country where live Irish music is very accessible.

Irish Music

Allegheny County has several establishments that promote live music and, in particular, live Irish music. These pubs promote and continue to keep Irish music alive for the next generations. Located in Carnegie, in the west suburbs of Allegheny County, you can visit Riley's Pour House.

Besides hosting several AOH/ LAOH members for lunch on Friday's, Riley's is a popular meeting place where music occurs daily.

The newest Irish pub featuring music in Pittsburgh is Cork

Harbour Pub. Cork Harbour opened in the Lawrenceville section of the city in October 2022. Cork Harbour hosts live music several times a week, including traditional music seisiuns.

A staple of the Pittsburgh Irish scene is Mullaney's Harp and Fiddle in the Strip District section of Pittsburgh. Mullaney's has been part of the Pittsburgh Irish scene for thirty years. Mullaney's has live music several times a week by a variety of

In addition to the various possibilities to listen to Irish music, if your feet are inspired by the music, there is no shortage of Irish dance opportunities for you or your family members in the region. Adults who want to listen to Irish music and learn Irish dancing are welcomed at Mullaney's on every Tuesday. The Pittsburgh Ceili Club sponsors a ceili at Mullaney's where free dance lessons are provided as part of the night of fun, music, and camaraderie.

Irish Dance

The region is also the home to three Irish Schools of Dance: Bell School of Irish Dance, Fitzpatrick School of Irish Dance-Pittsburgh, and Shovlin Academy of Irish Dance.

Bell School of Irish Dance is in the northern suburbs of Allegheny County and has been inspiring and instructing students since 1999, led by Julia Bell. Lessons are available for preschool through adult. All three of these great Irish Dance Schools participated in Pittsburgh's St. Patrick's Day Parade and made the city's celebration special. It is always a highlight to see the next generation learning and enjoying the Irish dance tradition.

The newest school of dance is the Fitzpatrick School of Irish Dance-Pittsburgh. While this school is new to the region, its founder is not new to Irish dance. Having started dancing at the age of four, Siobhan Gallagher is excited to continue her families' dance tradition in Pittsburgh.

Shovlin Academy School of Dance in the southern suburbs of Allegheny County has been promoting Irish dance to western Pennsylvania since the late 1960s. Sheila Shovlin and Liz Shovlin Grinko continue the tradition that their parents started.

There is no shortage of Irish music and dance in the Pittsburgh region. Please immerse yourself in our culture and history. There is good craic to be had in Allegheny County and I hope to see you out and about enjoying the Pittsburgh Irish!

Save the Date

Music and dancing at AOH Division 4's Day of Irish Entertainment—the fun will be happening Saturday, July 29, 2023, at Schuetzen Park in Ross

Township. Pittsburgh's own Mike Gallagher and the Fitzpatrick School of Dance will be featured, with the day ending with the vocal styling of Rory Makem! Please contact any member AOH Division 4 for more information.

Kathleen is a LAOH member since 2007, holding current office as the PA State Vice President. She is married to Paul and has two children. She can be contacted at palaohkd@gmail.com.

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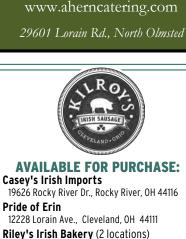
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ON THE MENU:

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13th Motor City IRISH Fest

June 9-11

Featuring 20 bands/performers playing Irish and Celtic music in two tents, including Derek Warfield and the Young Wolfe Tones, and The Gobshites.

The family-friendly event features a Cultural Tent exploring the history and culture of Ireland, and activities such as traditional Irish dancing featuring six local Irish Dance Schools. Also offered are dancing lessons, Irish football demonstrations, Pipe Bands, a .001-K Run, a Kid's Tent, vendors of Irish and Irish-themed goods and clothing, beer stations, and whiskey tastings. Festival hours are Friday – 5 – 11 pm, Saturday -Noon – 11 pm, Sunday – Noon Mass, Festival from 1 - 7 pm. Greenmead Historic Park in Livonia, MI.

To purchase tickets, and for directions and lodging information, visit motorcityirishfest.com.

29th Riverpront IRISH Festival

June 9-11

Cleveland's Marys Lane, Brigid's Cross, The New Barleycorn and West-



side Steve; Dulahan from Dayton; and Akron's Callahan & O'Connor. Case & Cairde, and Celtic Rush take the stage. New for 2023 includes Toronto's Michael Darcy and the Atlantic Tramps,

who were recently nominated for a Canadian Folk Music Award; Baltimore's Celtic rockers Poehemia; Kalamazoo's On The Lash; Pittsburgh's The Low

Kings; and Akron's Minstrels Gren and Emigrant's Wake.

Irish step-dancers from MacConmara Academy will perform on Saturday and Sunday afternoon. Those looking for bagpipers will be pleased to see both the Celtic Eagle Pipe Band and The Red Hackle Pipe and Drums.

In addition to the festival entertainment, vendors and food, the outdoor Mass in the amphitheater on Sunday morning is at 11:00 a.m. Reverend Thomas McCann, retired chaplain, will be the main celebrant. All are welcome.

Several area craft breweries will be on hand throughout the weekend, including Akronym, HiHo, Ignite, McArthur's, Missing Falls, and Missing Mountain, as well as Forever Craft Urban Winery. There will also be a whiskey tasting station, featuring Jameson and Tullamore D.E.W. from Ireland, and local Towpath Distillery bourbon.

This annual family-friendly event will feature FREE admission and FREE parking in city decks. Food and beverages will be available for purchase, as well as Irish items and crafts from independent vendors. You need not be Irish to enjoy!

http://riverfrontirishfest.org/ Facebook: https://www.facebook. com/Riverfront-Irish-Festival-Cuyahoga-Falls-Ohio-89250107183/

21st annual penn-mar Irish restival

June 17

This volunteer-run community celebration of Irish heritage features traditional and contemporary live Irish music, dance groups, cultural talks and living history exhibits, Irish food, a children's area, and a variety of vendors offering Irish goods, including gifts, clothing, jewelry, music, books, pottery, photography, stained glass, and more.

Featuring: Eileen Ivers, Arise & Go, Cas Ceol, Enda Reilly, Screaming Orphans, Steel City Rov-







Riverfront Irish Festival 2085 Front Street Cuyahoga Falls, Ohio 44221 29th Annual

Riverfront Irish Festival Cuyahoga Falls, Ohio

June 9th, 10th and 11th, 2023



riverfrontirishfest.org

2023 Performers

Poehemia (Friday night only) Mary's Lane **Brigid's Cross** The New Barleycorn On the Lash **Michael Darcy and the Atlantic Tramps** Dulahan Callahan and O'Connor The Low Kings Celtic Rush **Westside Steve Simmons Emmigrant's Wake** Case & Cairde **Minstrels Gren MacConmara Academy of Irish Dance Celtic Eagle Pipe and Drum Red Hackle Pipe and Drum**



ers, Susquehanna Pipes & Drums, McGinley School of Irish Dance,



NiRiain School of Irish Dance, and Oh! Gills Irish Dancers. The children's area will

again offer free crafts, games, face painting, bounce houses, bubbles, and more.

Some festival seating is provided, lawn chairs & blankets welcome. No pets or outside food or beverages.

New to the festival this year: an Irish Stout from a Maryland brewer and an Irish Red Ale from a York County, Pennsylvania, brewer. The fest is proud to be working with local brewers this year and will be participating in Explore York's annual *Have It Made Here Event*, a week-long celebration taking place all over York County. Five Farms Irish Cream will also be available in the whiskey tent this year.

The Markets at Shrewsbury 12025 Susquehanna Trail, Glen Rock, PA 17327 (in southern York County off I-83 between exits 4 and 8). Parking, shuttle bus service provided at nearby location (look for signs). Accessible parking is available on-site.

For discounted advance festival tickets and complete details, please visit PennMarIrishFestival.com, follow updates on Facebook, Twitter, and Instagram (#PennMarIrish).

Marketing and volunteer opportunities are still available in support of the festival. Festival host hotel link: https://group.hamptoninn.com/vhxlx3

Ohio Scottish James 4 Celtic Festival

June 23 - 24

The Ohio Scottish Games & Celtic Festival returns to the Cuyahoga County Fairgrounds June 23-24. New in 2023 is live, competitive jousting along with other major events such as Friday night's Calling of the Clans event, Saturday's Grand Parade, and Saturday evening Tattoo.

Bagpipe band, highland athlet-

ic, highland dance, fiddle, harp and Irish music competitions will be held throughout the two-day event.

Entertainment will be provided by Seven Nations; The Prodigals; Father, Son & Friends; New Barleycorn; The Kilroy Ceili Band; Andrew McManus Trio; Eimear & Eileen; McNamara & Custy; Mad Maudlin; Water Horse; Alastair



and Karen; Geordie Symes Pirates Small Pipe Session Group; Royal Scottish Country Dance;

Leneghan School of Irish Dance and Brady-Campbell School of Irish Dance.

In addition to jousting, the Renaissance Village will feature demonstrations by Barony of the Cleftlands group, with full armored combat, fencing, fine arts, dance, and baroque music.

Gate Tickets as well as tickets to the VIP area and Whisky Tasting

event are on sale at <u>www.ohioscottishgames.com</u>

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July 14-16, 2023



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Byrne Brothers, The Prodigals, Brigid's Cross, Mary's Lane, James Kilbane, The Elders, Ballinloch & More.

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Continued on page 12

FAMILY FRIENDLY EVENT - June 9, 10 & 11, 2023

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-Kevin Murphy, Festival Co-Chairman



June 23-24, 2023

Gates Open Friday 4:45 PM - 10:30 PM Saturday 8:00 AM - 10:30 PM

Calling of the Clans Event Friday at 9:45 PM Grand Parade Noon Saturday Tattoo 6:30 PM Saturday

Entertainment: Seven Nations, Prodigals, Father Son & Friends, Eimear Arkins & Eileen Gannon, New Barleycorn, Kilroy's, Mad Maudlin, Andrew McManus Trio, McNamara & Custy, Royal Scottish Country Dancers, Brady Campbell School of Irish Dance, Leneghan School of Irish Dance, Pipe Bands, Highland Athletics, Border Collie Demonstration, Highland Dancing, Harp & Fiddle Competition, Irish Music Competition, Session Music, Workshops, Renaissance Village, Competitive Jousting, Full Armor Combat, Childrens Events & Much More!



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Festival Focus 2023 Continued from previous page

35th dublin Irish Fest

αυζυςτ 4 - 6, 2023

More than 100,000 guests enjoy seven music stages, 65 acts, and more than 535 performers. There is truly something for everyone.

Featuring: Dervish, String Sisters, Old Blind Dogs, Gaelic Storm, Socks in the Frying Pan, Goitse,



Talisk, Sliabh Notes, JigJam, Red Hot Chili Pipers, Young Dubliners, Scythian, Uncle Bard & The Dirty

Bastards, Three Flew West, Drowsy Lads, The Fitzgeralds & Tempest.

More than 90 vendors with T-shirts, hats, and jewelry, along with kilts, photos and paintings of Ireland and a wide variety of glass and crystal items. Plus, more than 30 food vendors.

Discover the richness of Irish history and culture by tracing your roots in the Genealogy tent, meet authors, and hear literary and historical presentations. Enjoy hands-on fun at the Music and Workshop stages and visiting musical instrument crafters, learning to play the tin whistle, fiddle, flute, and harp.

Meet Irish breeds and their owners at the Celtic Canine area. Children have their own area at the festival featuring crafts and games. In addition, they can visit the Wee Folk Stage, which features entertainment including storytellers, music and dance for the younger crowd.

Save a little green: purchase tickets now. Save \$10 when you purchase a weekend pass online or purchase a one-day ticket online and save \$5. Children ages 10 & under are free. Seniors (60+), military and student guests can purchase a ticket online or at the festival for \$20 (I.D. required at the festival).

For more info: <u>DublinIrishFestival.</u> org, and follow the Festival on <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u> and <u>You-Tube</u>.

Lakewood arts Festival

Quzust 6

Lakewood Arts Festival closes Detroit Avenue, between Belle to Arthur



Avenues, to bring artists of all disciplines together, along with 15,000 collectors and art lovers. The juried festival hosts over 170 regional and national artists

and makers displaying paintings, prints, photography, art glass, ceramics, jewelry, sculpture, fiber and more.

EAT ON THE STREET food court in front of the Lakewood Library on Detroit will offer a selection of the region's best food trucks.

Festival proceeds fund an annual scholarship for Lakewood seniors continuing to art school. After the Festival, the Board will present \$4,000 to the 2023 recipient. The event also funds grants for arts education and programming in the city. Recent awardees include H2O (Help to Others, middle-school students), The Barton Center (senior arts activities), The Beck Center for the Arts (Saturday programs) and Lakewood High School Art, Theater and Photography programs.

For more info: <u>www.lake-woodartsfest.org.</u>

Piccsburgh Irish

Festival September 8-10



Gaelic Storm, The Screaming Orphans, RUNA, Enda Reilly, Eileen Ivers, The Brigideens, Ally the Piper, The Bow

Tides, Bastard Bearded Irishman, Ryan Young, The Low Kings, Donnie Irish, and The Wild Geese, and more who will all be headlining acts on various evenings and stages. Coming back for the third time after being a smashing a success at the past two Festivals is The Real Irish Comedy Tour who will be performing on Friday and Saturday night of the Fest.



Returning this year, a fifth stage presented by Five Farms Irish Cream where visitors can watch both professional and amateur bakers and chefs demonstrate the process of cooking and baking some delightful treats, most of which will feature Five Farms!

Carrie Blast Furnaces National Historic Landmark. Tickets are now available now. The complete 2023 Festival

line-up, band bios, photos, and ticketing links can be found at pghirishfest.org.

Michigan Irish Music Festival

September 14-17



The Michigan Irish Music Festival, presented by Family Financial Credit Union, will return to Heritage Landing in Muskegon on Sept. 14 - 17th for four days of outstanding live

music, culture, Irish food, beverages, shopping, and entertainment. MIMF is pleased to announce that Slide, Eileen Ivers, and Doolin' will be performing at the festival. The complete entertainment line-up will be announced in mid to late May.

Look for some exciting changes and new

activities at Irish Fest 2023. Continued improvements and a larger stage are on tap at the Grafton Street Area. Whiskey service will be available at our three main bars wirth craft cocktail options, and an expanded craft beer area. MIMF will feature two cultural stages and the Irish Store and Marketplace return for great "shopportunities." Wee Ones' activities will be available, as well as a variety of food and Irish fare in our Celtic Kitchen. On Sunday, Catholic mass will be held at 11

The Michigan Irish Music Festival will showcase over 25 musical acts on multiple covered stages, on the shores of Muskegon Lake in downtown Muskegon. MIMF is offering discounted pricing on single-day tickets and four-day passes when purchased online. (Children 12 and under remain free.)

Advance tickets and passes for the Michigan Irish Music Festival will be available online starting in May. Stay tuned to the MIMF social media pages and website - www. michiganirish.org - for updates.

> To Read More to the Story, with more text, more pics and LARGER print, visit ilrish.us or: scan the cod





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HEALTH MATTERS

Disordered Eating vs. Eating Disorders: How Do I Know the Difference?

By Dr. Valerie Nemeth



It's nearly impossible to open a social media app and not see at least one post about diet trends or the latest fad foods. But in a society where eating disorders affect 9% of the

fifty-two minutes someone dies from an eating disorder, how can we discern the difference between casual trends, disordered eating and eating disorders?

Disordered Eating vs. Eating Disorders

According to the Academy of Nutrition and Dietetics, the term disordered eating is used to describe a range of irregular eating

United States population and every



behaviors that may or may not warrant a diagnosis of a specific eating disorder. Eating disorders, however, are defined by the American Psychiatric Association as illnesses in which people experience severe disturbances in their eating behaviors, related thoughts and emotions. They are also diagnosed according to specific and narrow criteria.

Common eating disorders include anorexia nervosa, bulimia nervosa and binge-eating disorder. Often, eating disorders can also coincide with other mental illness conditions, like depression or anxiety.

Eating disorders can take many forms, which is why it's important to look out for the signs of disordered eating for friends, family, and for yourself. Some signs or symptoms of disordered eating include frequent dieting, strict rituals around consumption and exercise, feelings of guilt connected to eating, compulsive habits or using exercise or food restriction to counter caloric intake.

Drastic changes in weight can also indicate an underlying

problem. A preoccupation with body image and body weight, as well as a sudden increase in interest in nutritional content can lead to an unhealthy relationship with food and be a sign of a more serious condition. Someone who may be experiencing an eating disorder could also have major mood fluctuations that include signs of irritability, depression, anxiety and socially isolating.

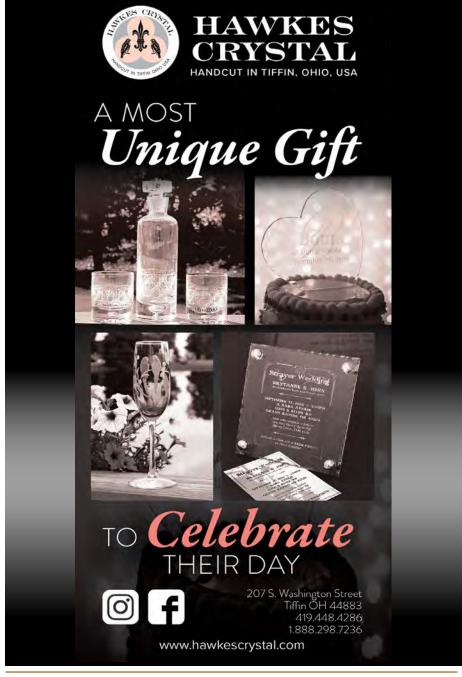
While these common behaviors may seem intentional or self-inflicted, in many cases, the individual may not even recognize the behaviors as disordered.

Many fad diets can even promote behaviors of disordered eating.

Do I Have an Eating Disorder?

Goals to incorporate more physical activity and improve your overall nutrition are certainly not a bad thing. It is when dieting and exercising become so excessive that your mental and physical wellbeing become impacted. That you must take action. Asking yourself how much time you think about body image, the food you're eating, and weight can be valuable

Continued on facing page





questions. If any of these concerns are impacting your happiness or ability to function, you may need to reach out for help.

A common misconception is that eating disorders can be easily controlled. This makes intervention crucial in helping those who are affected by them.

Where Can I Find Help for Myself or Someone I Know?

The best way for you or someone you know to recover from an eating disorder is to seek out help. Reaching out to a therapist if you or a loved one is experiencing a hyper fixation on their body is a great first step.

For those who are starting a new exercise routine or diet. meeting with a dietician can be a healthy way to begin dieting in a way that won't lead to obsessing over nutrition labels. Anyone can be impacted by an eating disorder, and seemingly minor behaviors or practices can evolve into something more serious. It's important to watch for warning signs and recognize when more intervention may be necessary, be it for disordered eating or an eating disorder. •

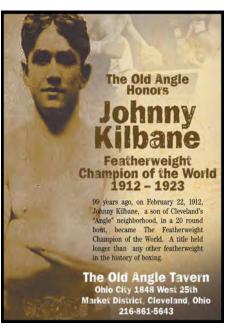
Valerie Nemeth, DO, is a

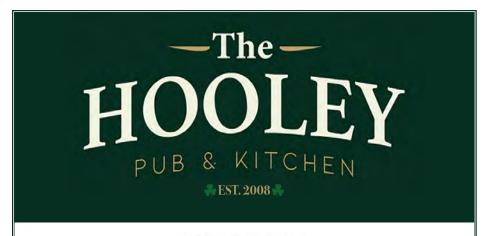
board-certified family medicine physician for Mercy Health -Vermillion Primary Care. She received her medical degree from the Marian University College of Osteopathic Medicine and completed her residency at Firelands Regional Medical Center in Sandusky, Ohio.

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The Dark Goddess

"When shall we three meet again, in thunder, lightening or in rain?"

Shakespeare's line from Macbeth is thought to be a reference to a goddess from Irish



mythology, Mórrighan. Mórríghan, Morrigan, Morrigu, or Morrígu all are different spellings and pronunciations of the same character.

For the sake of clarity, I will refer to her as Mórrighan, although she is usually refered to as "The Mórrighan." Mór means large or great in Irish, and rígan is thought to be a loose translation of queen, rí being the word for king. Today bánríon (bahn-ree-un) is more widely used and ríonaigh (ree-nay) is used for the chess piece, not to be confused with ríonaí (ree-nee), which means queenly.

In some narratives, she is called the Phantom Queen or the Nightmare Queen. She isn't defined as one specific goddess, but is mostly associated as a goddess of war. She is part of a trio of war goddesses, called the Mórrígna, with Badb and Macha.

Some scholars argue that Badb and Macha are just aspects of Mórrighan. The Mórrighan does't engage in combat, but affects the outcome of battles by frightening warriors and intimidating or inciting conflict. She is known to rejoice in bloodshed.

In many of these stories, or scéalta (shkal-ta), war consisted of small, beag (byog) groups of warriors, farairí (fhar-ee-sometimes warriors were called dragan, dragon with similar meaning and pronunciation),

conducting cattle raids on neighboring kingdoms.

Tain Bó Cuailnge" or the Cattle Raid of Cooley

In one of the most famous, "Tain Bó Cuailnge" or the Cattle Raid of Cooley, she appears as a heifer at one point, but also leads an army of fifty-thousand, comprised of warriors from all four provinces of Ireland. When the battle cath (cah) cath a chur, (cah ah chur) to wage a battle (cath a bhriseadh ar orm means to defeat an enemy in battle), starts to go against her, she grabs a sword and joins in.

Mórrighan is a shapeshifter, able to take on the form of a bird, fish or animal, allowing her to appear on the land, tír (teer), in the air, aer (ayr) or in the water. Uisce (ish-kuh) is the first word we learn for water, but there are a few others, including moirigh (mor-ig).

In some stories, she is a beautiful young woman, bean óg álainn (bahn oeg ahlahn), and in others a frightful old hag, cailleach uaigneach (kahlahk uhwig-nahk). Cailleach can also mean witch or sorceress.

Her mother, máthair (mah-her), was Ernmas, a farmer, feirmeoir (farmore) and sorceress of the Tuatha De Danaan. Her father, athair (ah-her), was Delbaeth, one of the kings of the gods.

Fir Bolgs and Fomorians

One of her earliest appearences in mythology is in the Cath Maighe Tuireadh, or the Battle of Moytura, that took place in what is now Connaught, three thousand years ago, when the Tuatha De Danann fought the Fir Bolgs in the first battle, and the Fomorians in the second battle.

In both, the Mórrighan is portrayed as a strong and powerful warrior and magician. In the battle against the Fomorians she is more of the war goddess, using phrophecy and magic to defeat the enemies of the Tuatha De Danann, she flew above the battlefield, screaming her frightful cries and raining blood and fire down upon the Fomorian warriors until their defeat and the death of their leader, Balor, who dies by the hand of Lugh. Those screams tie her to stories of the bean sí (bahn-shee) banshee, a harbinger of imminent death.

Tales of the Ulster Cycle

In other tales of the Ulster Cycle, we

learn of her stormy relationship with Cú Chulainn, where she first tries to seduce him as a beautiful young girl. When he dismisses her, saying he has no time for her, she comes back as an eel, a wolf and a heifer. Cú Chulainn breaks the bones of the eel, puts an eye out on the wolf, and breaks the leg of the heifer.

Later, Cú Chalainn comes across an old woman, lame, with one eye, standing with a milk cow, and asks for a drink as he is thirsty from battle. She allows him to drink directly from the cow; with each drink she is healed. Cú Chulainn realizes she has tricked him.

In the texts of the Mythological Cycle, there is a story where Mórrighan lures away a bull from a woman from Tara named Odras. Odras pursues her to the otherworld, through the cave of Cruachain, which was believed to be the home of the Mórrighan. Odras falls asleep after a spell is cast upon her, and Mórrighan turns her into a pool of water that empties into the River Shannon.

All of the mythology we have was passed down from the oral tradition for generations before being written down. The stories would have changed with each retelling, and even when written out would be at the mercy of the writer, who would have put his own sense of morality and spin on it.

Ach sin scéal eile ar fad. But that is quite another story.

Irish literature is rich with epic tales from the very ancient to much more modern works. I hope these past few columns will inspire you to explore them and perhaps help you to find accessibility to the Irish language as they have done for me. Slán go foil!!

Bob Carney is a student of Irish history and language and teaches the Speak Irish Cleveland class held every Tuesday at PJ McIntyre's. He is also active in the Irish Wolfhound and Irish dogs organizations in and around Cleveland. Wife Mary, hounds Rían, Aisling and Draoi, and terrier Doolin keep the house jumping. He can be reached at carneyspeakirish@gmail.com

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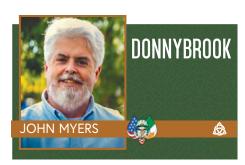




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Northern Ireland Protocol Hurdles

Windsor Framework

New U.K. Prime Minister Rishi Sunyak has made progress to break through the

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Northern Ireland Protocol hurdles. It is unlikely that his predecessor, P.M. Boris Johnson, really wanted to find a solution. As a

reminder, the Northern Ireland Protocol was Johnson's answer to deal with the potential of a hard border created by Brexit.

The Six Counties occupied by the British were always a mere afterthought to the main proponents of Brexit. Those Brexiteers did not likely expect the push back from the European Union and the United States to the potential of a heavy trade border being created on the island of Ireland. The Protocol created a soft border in the Irish Sea, greatly upsetting the Unionists who have, in a fit of anger, boycotted participation in the Northern Ireland Assembly.

The Windsor Framework (named after the meeting between P.M. Suynak and the President of the E.U., held in the suburban London neighborhood of Windsor) provides more practical solutions to the minor irritations that the Northern Ireland Protocol created. Essentially, the Windsor Framework replaces the Northern Ireland Protocol. It provides for a "Green Lane" and a "Red Lane" for goods moving from Great Britain to Ireland.

The Green Lane has reduced paperwork for those goods going from Great Britain to be sold only in the Six Counties. The Red Lane has more paperwork designed for those goods which are just passing through the Six Counties on their way to the Republic of Ireland and the E.U. countries markets.

Secondly, U.K. will get to set Value Added Tax (VAT) rates. Third, The European Court of Justice will still hold the final determination regarding Single Market issues in the Six Counties. Fourth, a Northern Ireland brake has been created; essentially the Northern Ireland Assembly can vote to oppose any certain application of E.U. trade rules. If a vote passes and Westminster agrees, the regulation will not be applied until all parties' review.

Repeal the Northern Ireland Protocol

Fifth, Sunyak's government will pull the legislation introduced by P.M. Johnson repealing the Northern Ireland Protocol. This removal will be a good faith measure offered by the U.K. government and send a signal to the DUP that London is moving forward to put the rancor of Brexit behind them and get on with new international trade agreements.

The DUP have still not accepted the Windsor Framework but are not putting up a full-scale opposition. It is believed that the DUP will continue to posture by not assenting in order to hold on to the hard right voters in the Unionist Community. The Windsor Framework, far from perfect, is likely as good as it will be for all sides.

A healthier level of cooperation between London and Brussels provides for the opportunity to try to move beyond Brexit and maximize any opportunities presented by this eight-year odyssey foisted on the North of Ireland by the Brexiteers. The bottom line is that the Framework works to soften the Irish Sea Border to placate the Unionists while maintaining the open border between the Six Counties and the Republic.

President Biden was valiantly using his visit to Belfast, as well as to his ancestral home counties of Mayo and Louth to nudge London to push the loyalists back into Stormont as part of the celebration of the 25th anniversary of the Good Friday Accord. Peace and reconciliation on the path to a united Ireland continues to be a work in progress, but the dawn is in sight.

Corona Nation or Coronation?

Most of U.S.A. will celebrating Cinco de Mayo on May 5th by throwing back record amounts



Charles III and Queen Camilla

of beer, more than on Super Bowl Sunday or St. Patrick's Day. And thanks to a likely heavy head resulting from the call of CoronaNation the next day, many will miss the Coronation of Charles III and Queen Camilla as king and queen of the United Kingdom. Yes, May 6th will be the day for Royal watchers to get their fill; pomp and circumstance will prevail; drama will prevail, as the soap opera of Harry and Megan will play itself out, and we will see visible evidence of the changing of the Buckingham Palace guard with the issuance of new U.K. Bank Notes, adorned with the new King's portrait.

No worries, your 'old' Elizabeth banknotes will still be accepted at your favorite neighborhood pub and turf agent. FYI, King Charles 1 was executed by his parliament and King Charles II presided over the horrible plague of 1665 and



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the Great London fire of 1666. The Brits have nowhere to go but up?

Walks of Life

The Irish American Archives Society (Irisharchives.org) will hold its annual Walks of Life Awards Dinner on Thursday, May 18th, 2023, at Windows on the River in Cleveland's West Bank of the Flats. The Society works to preserve the history of the Irish American Community.

The 2023 Honorees will be: William (Bill) Koehler, Team NEO/JobOhio Network, Aer Lingus direct flights; Fr. Thomas D. Mahoney, Diocese of Cleveland, LAOH Chaplin, Piper; Adele Ryan Malley, Past President of Malley's Chocolates; Joan M. Reali, Pioneer Savings Bank, Gaelic Society; Brendan Ring, Proprietor Nightown restaurant. The event is always a festive affair. Tickets can be purchased at: https:// www.eventbrite.com/e/2023walks-of-life-awards-dinnertickets-599155108057

AER Lingus Update:

Cuyahoga County Executive Chris Ronayne and Cleveland Mayor Justin Bibb are scheduled to fly on the inaugural flight of Aer Lingus' direct Cleveland-Dublin Flight on May 19th, 2023. Ronayne and Bibb will lead a delegation of JobsOhio folks to highlight the direct air connectivity to the European Common Market and partake in meetings with business, cultural and civic leaders of the Irish Government.

Ireland has over 800 companies operating in the U.S. and have over 100,000 American employees on their payroll. Since Brexit, Ireland is the only English-speaking country in the European Union, one of the largest economies in the world.

Achill: Hollywood East?

And yet another Irish film is gaining recent acclaim. "My Sailor My Love" was well received this year at the Toronto and Cleveland Film Festivals. Like "Banshees," this picture was also filmed on Achill Island, Co. Mayo, showcasing its spectacle and beauty.

While the cinematography alone would push one to recommend viewing, Finnish Director Klaus Hapo has pulled together a movie with a take on love discovered later in life. Scottish actor James Cosmo and Irish actor Brid Brennan lead this film that works itself through family recrimination and cruelty and yet remind us of the never-ending human capacity to love.

To Read More to the Story, with more text, more pics and LARGER print, visit /Irish.us or:

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Beyond the Pale? In Your Town?

IF YOU DON'T SEND THEM, WE CAN'T PRINT THEM!

Submit news, events, releases, memories, milestones, ads and pics for inclusion in the ilrish Out & About Monthly Events List, blurb features or the Coming Next Month Save the Dates List. Due date is ALWAYS the 10th of this month, for the following month.

On This day in Irish history

3 May 1921 - The Government of Ireland Act came into effect and the island was partitioned into two states - Northern Ireland and Southern Ireland.

5 May 1981 - Bobby Sands died after sixty-six days on a hunger strike, the first of ten hunger strikers to lose their lives between then and 21 August.

6 May 1882 - Lord Frederick Cavendish and Thomas Henry Burke were fatally stabbed in Phoenix Park, Dublin by members of the Irish National Invincibles, a splinter group from the Irish Republican Brotherhood.

7 May 1915 - The ocean liner, Lusitania, was traveling at eighteen knots enroute from New York to Liverpool when it was struck by a torpedo from a German U-boat about eleven miles off Old Head, Kinsale, and sank in eighteen minutes

15 May 2007 - Bertie Ahern became the first Taoiseach to address a joint sitting of the House of Commons and the House of Lords at Westminster.

20 May 2009 - The report of the Commission to Inquire into child abuse, better known as the Ryan Report, was published. The 2,600-page document examined child abuse in institutions run by the Catholic Church.

21 May 1932 - Amelia Earhart landed in Ballyarnett, near Culmore, Co. Derry, becoming the first woman in the world to fly solo across the Atlantic Ocean.

22 May 2015 - Ireland become the first country in the world to endorse same sex marriage by a popular vote.

24 May 1923 - The Irish Civil War came to an end. It had begun the previous June when 200 IRA members opposed to the Anglo-Irish Treaty occupied the Four Courts in Dublin.

28 May1970 - Two Fiana Fail TD's, Charles Haughey and Neil Blaney, were arrested and charged with conspiring to import arms and ammunition.

30 May 1986 - Ireland West Airport, popularly referred to as Knock Airport, was officially opened, roughly 3.5 miles from Charlestown, Co. Mayo.



What's the Craic?

OUT & ABOUT IIRISH AMERICA

HOOLEY HOUSE!

5th - Almost Famous, 13th - Disco Inferno, 26th-Nick Zuber on the Patio (6-9pm). 10310 Cascade Crossing, Brooklyn 216-362-7700. <u>1FunPub.com</u>

AER LINGUS

19th - Aer Lingus direct flights Cleveland to Dublin (Sun., Mon., Wed., Fri.) begin. aerlingus.com

5 POINTS COFFEE & TEA

Events 10-12 always 3600 West Park Road. Cleveland, Oh 44111 <u>5pointscafe</u>. com 3600 West Park Road. Cleveland, Oh 44111 <u>5pointscafe</u>. com

THE HARP

No events sent to us 4408 Detroit Road, 44113 the-harp.com

FLAT IRON CAFÉ

5th-Ballinloch 7-10pm 12th- Erin Neal & the Chill **Factors**

19th- Blues Chronicles 7-10pm 26th- Jim & Eroc, Classic Rock Duo 7-10pm. 1114 Center

St. Cleveland 44113-2406 216. 696.6968. flatironcafe.com

TREEHOUSE

3rd - Zak Shaffer; 10th - Rob Samay; 17th - Becky Boyd; 24th - Nathan Henry; 31st - Ray Flannigan 4th - G.S. Harper; 11th - Rob Samay; 18th - Kevin McCarthy; 25th - Zak Shaffer 820 College Avenue, Cleveland, 44113 treehousecleveland.com

PJ MCINTYRE'S

No events sent to us PJ McIntyre's is a Local 10 Union establishment. Home of the Celtic Supporter's Club and the GAA. **Book Parties & Events in our** Bridgie Ned's Irish Parlor Party Room. 17119 Lorain Road, 44111. pimcintyres.com 216-941-9311.

MUSIC BOX SUPPER CLUB

12th - Richard Thompson, 24th -Citizen Cope. 1148 Main Avenue, Cleveland, OH 44113. musicboxcle.

FLANNERY'S PUB

323 East Prospect, Cleveland 44115 216.781.7782 flannerycle.

AHERN BANQUET **CENTER**

Ahern Banquet Center is booking weddings and special

events. Call Tony Ahern / Lucy Balser @ 440-933-9500. 726 Avon **MONTROSE** Belden Rd, Avon Lake 44012. aherncatering.com

IRISH AMERICAN CLUB EAST SIDE

PUB: 7:30 - 10:30. IACES 22770 Lake Shore Blvd. Euclid, 44123. 216.731.4003 eastsideirish.org

PLANK ROAD TAVERN

Happy Hour: M-F 4-7, Sat 12-6. Open Sessiún Every Thursday 7-10, ½ Off Wings, \$1 off drinks. \$3 Guinness and Jamieson. 16719 Detroit Avenue, 44107 plankroadtavern.com

SULLY'S

5- Nathan Henry 6- Crawley and Sofranko 12- Greg Crowe 13-The New Barleycorn 19- Music Men 20- The Other Brothers. 117 West Liberty Medina, 44256 sullysmedina.com.

HOOLEY HOUSE

13th - New Oarleycorn

26th- Westside Steve on the Patio (6-9pm). 145 Montrose West Avenue Copley, Oh 44321 (234) 466-0060 <u>1funpub.com</u>

@ Sully's

HOOLEY HOUSE

6th-Big in Japan, 12th-Risk Factor, 19th-Abbey Rodeo, 20th-Collage, 26th- Rob Lundi on the Patio (6-9pm). 7861 Reynolds Rd, Mentor 440-942-6611. 1FunPub. com 7861 Reynolds Rd Mentor 1funpub.com (440) 942-6611.

WEST SIDE IRISH AMERICAN CLUB

11th -Ceili Dancing 7-9P, info text 216-456-5395; 13th - Night at the Races; 18th - Forever Young Meeting 1P; 25th - General Meeting 7P; 26th - Stephen L. Mulloy Sr. Reverse Raffle, tickets Anne Mulloy Hodge 440-623-9518; 27th - Steak Shoot 7P. Great live music and food in The Pub every Friday. WSIA Club 8559 Jennings Rd. 44138 wsia-club.org. 440-235-5868.

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CLEVELAND ST. PAT'S / ST. JARLATH'S GAA

Always defer to the team's WhatsApp group chat or calendar on clevelandgaa.com for updates. New players always welcome. West Side Irish American Club 8559 Jennings Road, Olmsted Township, OH 44138.

Men's Gaelic Football: 13th - St. Pat's Nite @ the Races, 20th - CLE 7-a-Side Memorial Tournament @ West Side IA.

13th - Buffalo Fenians @Albany Rebels, Roc City Gaelic @Syracuse Gaels

ROCKY RIVER

GORMLEY'S

HAPPY HOUR: Monday Thru Friday 2pm - 7pm! \$2 off drafts / \$2 off liquor / \$1 off wine. 19500 Center Ridge Rd, Rocky River, OH 44116 (440) 990-7468 GormleysPub.com

CASEY'S IRISH IMPORTS

440-33-8383. 19626 Center Ridge Road <u>caseysirishimports.com</u>

HOOLEY PUB & KITCHEN

26th- The Other Brothers on the Patio (6-9pm). 500 Southpark Center (Southpark Mall Main Entrance). #GI10 44136 440.638.4852

VALLEY CITY

GANDALF'S

Join us for Brunch EVERY SUNDAY. Great food, atmosphere, staff and fun. 6757 Center Road Valley City, 44280 gandalfspub.com.

HOOLEY HOUSE

6th- The New Barleycorn, 13th-Grunge DNA, 26th- Morrison & McCarthy on the Patio (6-9pm). 24940 Sperry Dr Westlake 44145. 1FunPub.com (440) 835-2890

NORA'S PUBLIC HOUSE

4054 Erie Street, Willoughby 44094. Noraspublichouse.net

WILD GOOSE

4114 Erie Street, Willoughby 44094 wildgoosewlby.com

Indiana

FIDDLER'S HEARTH

No Events sent to us.

Mon: Open Irish Music Session 7ish; Tue: Open Old Timey Music Session 7ish; Wed: Open Mic - 7:3opm - 9:3opm, signup 6:30pm. 127 North Main Street South Bend, IN. 44601. 574.232.2853 FiddlersHearth.com Hotels open near us.

ennsylvania

PICT CLASSIC THEATRE

No Events sent to us. Season **Subscriptions & Single tickets** for all of our shows are now on sale: ONLINE: PICTTheatre.org ; PHONE: 412-561-6000 x207; MAIL: PO Box 8168, Pittsburgh, PA 15217. Tickethelp@picttheatre.org

GAELIC ARTS SOCIETY OF PITTSBURGH.

No Events sent to us. pghgaelicarts@gmail.com.

RILEY'S POUR HOUSE

No Events sent to us. 215 East Main Street. Carnegie, PA 15106 rileyspourhouse.com

MCFADDEN'S PITTSBURGH

No Events sent to us.

Catering, Party Room & More. 211 N. Shore Drive Pittsburgh, PA 15212. McFaddenspitt.com

MULLANEY' HARP & FIDDLE

No Events sent to us. 2329 Penn Avenue, Pittsburgh, PA. 15222 Harpandfiddle.com

Continued on page 22



Irish Language

Introductory to intermediate level,

Introductory to

745 Pleasant Ridge Ave. Bexley, OH 43209

Classes:

Tuesdays, 6:15 -8 p.m. P.J. McIntyre's Irish Pub 17119 Lorain Road, Cleveland, OH 44111

intermediate level,

Thursdays 7:00 p.m.,

rradicional irish social dance opportunities:

Tuesdays 8-10 pm, set dancing lessons, St. Clarence Church, North Olmsted, OH. 44070

Tuesdays 8-10 pm Lessons @7:15. Sessiún Musicians, Dance Caller w/ Pittsburgh Ceili Club. Mullaney's Harp & Fiddle Strip District Pittsburgh, PA. pittsburghceiliclub@gmail.com;

Wednesdays 7-9 pm set dancing lessons: Irish American Club - East Side Euclid, OH;

Thursdays 7:00 - 9:00 (except Mtg nights) Ceili Dancing. West Side Irish American Club, Olmsted Twp, OH. 44138 info: manningrince@aol.com.

CeiliClubCleveland@gmail.com

Ashtabula, OH 44004

McNamaraSchool.com

Lakewood, OH 44107

Wooster, OH 44691

OH 45840

Street, Hilliard, OH 43206

The Harp – 1st Friday of every month, 9pm

McNamara, followed by 8pm sessiún.

Gormley's Irish Pub. All ages, levels,

& observers welcome. Info/Contact:

Otie's Tavern – Tuesdays 7-9. 5344 Center

Logan's Irish Pub – 3rd Wednesday of the

month, 7:30 414 S. Main Street, Findlay,

Plank Road - Thursdays 7 - 10. All ages and

Spoon Market & Deli - every Thursday, 7-9

PM, all are welcome, 144 W Liberty St.,

Dempsey's - Fridays: 8-10. 346 S. High

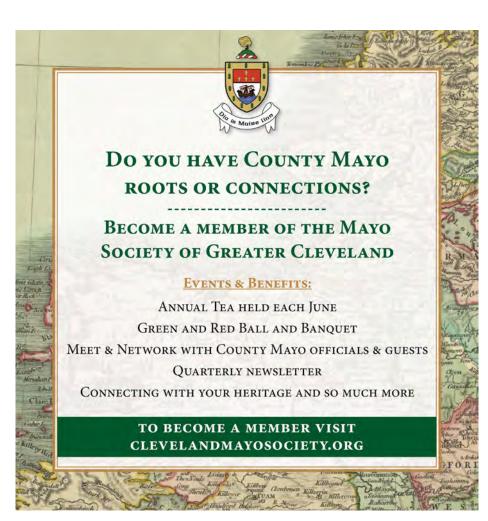
Street Columbus, OH 43215

experience welcome 16719 Detroit Road,

4408 Detroit, Cleveland 44113

Mondays: Music lessons w/ Samantha





What's the Craic?

OUT & ABOUT IIRISH AMERICA

Continued from page 21

(Garfield) **No Events sent to us. Division 23** (Lawrenceville) **No Events sent to us.**

Division 32, Sean McBride (Carnegie) **No Events sent to us.**

PITTSBURGHGAA

No Events sent to us. Contact PittsburghGAA for more info: Secretary@PittsburghGAA.com pittsburghgaa.com

The Ancient Order of Hibernians/Ladies Ancient Order of Hibernians

Division 1

pghsaintpat@verizon.net

Division 4 (North Hills)

No Events sent to us. aohdiv4. org or Bob Parry (724-933-0427).

Division 21 William R. Murphy





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speed and
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Student Stories: Languages

y journey as an undergraduate student at the University of Pittsburgh began with my interest in psychology. I excelled in



high school, and I wanted to pursue it, simple as that. It was not until my junior year that I added linguistics as my second major.

psychology in

One of the requirements of the linguistics major is taking a foreign language that exists within the following restrictions: no romance languages (i.e., Spanish, Portuguese, etc.), no Germanic languages (i.e., German, English, etc.), no Slavic languages (i.e., Russian, Polish, etc.), and no Latin or Greek.

These guidelines slim the list of possible languages available for enrollment immensely. Essentially, the Department of Linguistics at Pitt wants native English speakers to have no background/context in the language in which they enroll. The reasoning is that linguistically minded students should use the knowledge of other linguistics courses to assist them in learning the language.

At the time, I remember debating between Arabic and Chinese, as I thought that these options would be most applicable. It was not until I was sitting through a lecture in sociolinguistics that I realized that I wanted to take a course from the Less Commonly Taught Language (LCTL) department at Pitt.

I learned that languages are more than just a means of communication – they are culture, history, and heritage. And with my ancestry being ~25% Irish, I decided to enroll in something bigger than myself. So, I found myself in Irish 101.

As a linguistics major, I was able to use what I learned in Irish for my other classes; classes such as Morphology, Field Methods in Linguistics, and Phonological Analysis, among others. It helped broaden my linguistic knowledge and my worldview.

Gach lá I walked into mo rang Gaeilge, bhí mé greeted by students who were eager to learn—to be a part of a community. Bhí sé rang beag, ach even though the class was small, the connections I made with my peers were lasting.

I remember being on Zoom, which was difficult, especially whilst being in the beginning stages of learning a language. Ach, I was learning because I was enjoying my time in (or technically 'out') of the classroom.

One of my favorite things about Gaeilge is that so many phrases have such an artistic, beautiful interpretation of their literal meaning. For example, "Seasfaidh mé sa sneachta duit" (I will stand in the snow for you), has stuck with me since I learned it last Valentine's Day. It is a lovely way of telling someone you would stay with them no matter the weather.

Phrases such as this show how important languages are outside of basic communication. It is the intrinsic beauty of the words intertwined with the culture that makes a language like Irish important to share with the world.

In a declaration that raised awareness for language preservation, the European Union recently took a step towards language inclusion and protection by recognizing Gaeilge as the first official language of the Poblacht na hÉireann. Steps like these, which support less-commonly spoken languages, increase awareness of all languages across the globe. When language is preserved, culture is preserved and when culture is preserved, diversity is celebrated.

In today's world, we often overlook the importance of sharing culture. We learn so much more about others and can drastically increase our empathy for others just by learning and experiencing life outside of our little, personal bubbles.

Life happens everywhere, and we

need to open our hearts to experience it in full. We become better educated, more understanding, and more openminded when we share the cultural parts of our identities.

I would like to share a snippet of my life that pertains to my experience in an important cultural tradition in Éirinn, a cultural tradition that became a large part of my personal identity, and therefore my cultural identity. As a little girl, Irish dance was a huge influence on my life. From kindergarten through seventh grade, I danced year-round for my local Irish dance school and company. This inspired my love for *Riverdance* and Michael Flatley's *Lord of the Dance* — music to which I still listen and find nostalgic to this day.

Gach Earrach, we looked forward to our school's recital, specifically the moments before the beginning number of the show (which by tradition, was "Reel Around the Sun" from *Lord of the Dance*). In those cool, Spring moments, we came together as a school; the younger and the older, the experienced and the beginners, those who got along and those who did not. It did not matter, because, for those few minutes, we all felt the same—we wanted to be our best.

Our teacher led us in this

traditional Irish blessing, which has always touched my heart. It represented a blessing to wish the dancers luck and saying of goodbye to yet another year of dance. A goodbye which I will leave you now:

"May the road rise up to meet you. May the wind be always at your back.

May the sun shine warm upon your face:

the rains fall soft upon your fields, and until we meet again,

May God hold you in the palm of His hand."

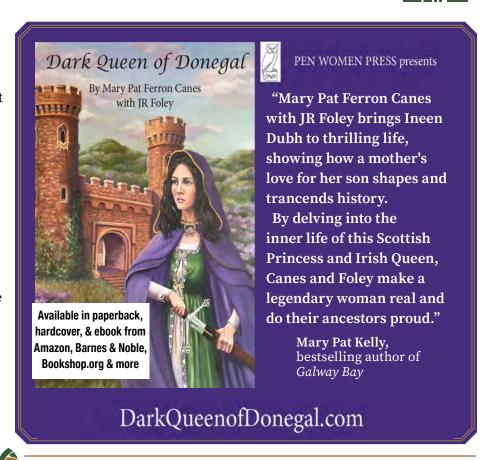
Go raibh maith agat, agus sasta laethanta. •

Madeline Leatherbarrow is a senior at the University of Pittsburgh, majoring in both Psychology and Linguistics and minoring in Irish. She plans to continue her studies after graduation, getting her master's degree in Applied Behavior Analysis and becoming a Board Certified Behavior Analyst (BCBA).

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Fire Lands

Ilistened to Marshall Sahlins at the 2001 American Anthropological Association's annual meeting in our nation's capital. He was a professor at Chicago, and I audited one of his courses. In DC, he gave a



talk on the relationship of individual and society. It focused on Bobby Thompson's "Shot Heard 'Round the World." The homerun that gave the New York Giants the

National League pennant in 1951, defeating the Brooklyn Dodgers.

In the end, Sahlins argued that the individual can never be removed from the complex systems of social organization. The study of the Irish in Cleveland begins with a discussion of the social, cultural and economic structures in which they would participate.

The Last Glacier

Give or take a decade or two, 20,000 years ago, the area we know as Ohio was covered in ice, or at least two-thirds of it was. Those were the last glaciers in the United States. They left fertile soil and the geology that would be the literal groundwork for the Erie Canal.

Benjamin Franklin remarked while reviewing early maps of the area that the site of the future Cleveland would prove to be an important location. Jared Diamond in *Guns, Germs and Steel* defines it as "geographic luck." Take that, you Mistake on the Lake misanthropes.

As early as 200 B.C., Native Americans utilized the Cuyahoga River, formed by the retreat of that mass of ice, for food and transportation. The river was known for its current and clear water, at the time.

Those Pre-Columbian, and pre-Franklin, people were members of the Hopewell culture, and they built mounds throughout the region including at East 9th and Euclid, East

53rd and Woodland, in Newburgh and throughout the Cuyahoga River Valley. Dr. Brian Redmond is the Curator of Archaeology at the Cleveland Museum of Natural History, and author of *Encountering Hopewell in the Twenty-first Century, Ohio and Beyond.*

The Erie Indians

The Hopewell were followed by Wyandot, Huron, Ottawa, Iroquois and Erie peoples. It was the Erie people that lived along the southern edge of the lake that takes their name. As my uncle would say, "The lake is named after a group of eastsiders."

Their relatives, the Iroquois, formed the Five Nations and in the middle 17th Century decimated the Erie people. It was then that the Cuyahoga River separated the Iroquois to the east and the Huron to the west.

The period between the Revolutionary War and the War of 1812 was not peaceful in the Great Lakes region, including Ohio. In 1871, Little Turtle led his Miami warriors and defeated General Arthur St. Clair and his troops from Cincinnati on the banks of the Wabash River. It was the worst defeat in the continental US that the

American army has ever suffered.

It was General Anthony Wayne, St. Clair's replacement, who won the Battle of Fallen Timbers and signed the Treaty of Greenville, which would eventually open lands west of the Cuyahoga. John Whistler was under the command of General Wayne. Major John Whistler was commander of the garrison at Fort Wayn se. His son George was born there in 1800. George was "Whistler's Father." The oil and canvas of Anna McNeill Whistler, "Whistler's Mother," was painted by her son, James Abbott McNeill Whistler.

Western Reserve

In 1786, Connecticut waved its claim of possession of all lands granted by . It kept possession of the Western Reserve, south of the lake to the 41st parallel north and 120 miles west of the Pennsylvania line.

The Ordinance of 1787 established the process of admitting new states to the Union. In 1792, the State of Connecticut designated lands in the Western Reserve for those who lost property during the Revolution, some by fire. The sale of "Fire Lands" were allocated to support Connecticut schools. All of which makes me





confident that we just won the Men's National Championship, somehow.

Moses Cleaveland

Moses Cleaveland met with representatives of the Mohawk and Seneca people in Buffalo in 1796. After discussion and payment, Cleaveland and his party were allowed to head to the Cuyahoga River.

Some of that discussion would have been with the assistance of Joseph Hodge. Hodge was a trapper and employed as a guide and interpreter in 1796, the only African American in the Cleaveland expedition.

Cleaveland paid 500 pounds of New York currency, two cattle and 100 gallons of whiskey in exchange for the rights to survey and settle lands east of the Cuyahoga River. The land to the west was still claimed by Huron and by Wayne County, of which Detroit was the county seat.

In the days following the expedition, Moses Cleaveland founded the township of Euclid in 1796. He intended to honor the Greek mathematician and considered Euclid the "patron saint" of surveyors. That would be St. Thomas the Apostle for us Catholic folk.

Cleaveland then returned to Connecticut to resume his practice of law. He died ten years later, never to visit Ohio after his historic expedition. Moses Cleaveland remained a board member of the Connecticut Land Company until his death.

It is reported he wanted to name the settlement after the river, but that decision was not his to make. Augustus Porter made a report to the directors of the Connecticut Land Company regarding the expenses of the first year and the management of the company.

It was found that the Western Reserve was 3,450,753 acres. 500,000 acres were designated as "Fire Lands" and the total excluded islands in Lake Erie and Sandusky Bay. The company purchased 50,000 acres for forty cents an acre; that land never existed. Management was deemed to be acceptable, perhaps unremarkable. Moses Cleaveland had done his job.

The second expedition, in early 1797, was organized by Rev. Seth Hart and Seth Pease, chief surveyor. The exploration of the Western Reserve was completed by the fall of 1797,

with lots and streets planned. The year also witnessed the first settlers to the Western Reserve. That discussion, my friends, is for next month.

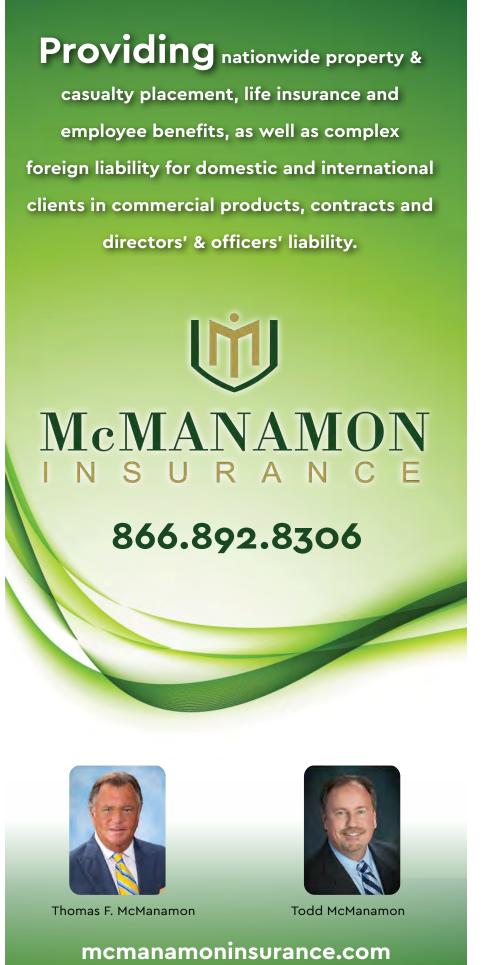
It is this history that provides the basis of those first settlers and the hardships they had to endure. Their narratives then lead to the foundations of early Cleveland society, based on their beliefs: of ownership, of righteousness and of providence.

Francis McGarry holds undergraduate degrees from Indiana University in Anthropology, Education and History and a Masters in Social Science from the University of Chicago. He is the Executive Director of Bluestone Hibernian Charities and proprietor of McGarry Consulting. He is a past president of the Irish American Club East Side and the founder and past president of the Bluestone Division of the Ancient Order of Hibernians.

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Tasting the Sea

on the beautiful island of Inishturk. Her husband is a



lobsterman. Jokingly, I asked if he could bring me back a nice big fella for my supper. Failing to pick up on my humor, he responded

in earnest, "No, they are all going to France, but I'll bring you back somethin' better."

In my heart of hearts, I was hoping that he was kidding. At times, it is hard for me to discern the difference between a perfectly delivered joke versus a sincere statement of fact when I am in conversation with an Irishman. Usually, the joke is on me, so I held out that I was indeed getting a lobster, but ultimately landed a canvas bag filled with a glut of stone crab.

When I first started to travel to Ireland, I thought that lobster would be as ubiquitous as that in Maine, with quaint lobster shacks dotting every pier. I soon learned that the coastal towns in Ireland were very different from those in Atlantic Maine. The menus were laden with local Irish lamb, beef. and country vegetable soup. Not one lobster bib was to be found. I soothed my disappointment with creamy seafood chowder, locally harvested oysters, and smoked salmon.

As confirmed by Tom McIntyre of Cleveland's own *Kate's Fish*, most of the seafood that is caught off the oceanic water in Ireland is exported to fish purveyors who source the delectable goods for fine

restaurants throughout Europe. Over the years, Tom and I have enjoyed sharing fish tales as well as our mutual love of Ireland.

Tom's family hails from Fanad, County Donegal; here the coastline is rugged and the waters pristine. As a youngster, Tom would spend many happy times aboard fishing boats with family. His love of the sea and his family's homeland is present in the passion he brings to his work. In fact, one of Tom's family members has worked with MOWI, an Irish organic salmon farm for thirty-five years.

Tall, blonde, and robust in his Gruden's orange fishing waders, Tom epitomizes the jovial, sincere Irish fishmonger. His products are pure quality, and the consumer will never be disappointed with Kate's Fish. Last year, in an effort to connect with American seafood purveyors, Tom was invited by the Irish Food Bureau – Bord Bia – to tour Irish seafood producers in Dublin, Wexford, and Donegal. Tom and I recently



caught up to discuss his latest Irish adventures.

In Killybegs, Co. Donegal, Tom visited another organic salmon farm. Here he had the opportunity to board the fishing boat and "meet the fish at the offshore pen site Impenetrable armor:
 molten red claws
 dipped in turf-colored ink
 housing ivory flesh
 sweeter than clover honey.
Is this succulence worth the battle
 to crack
to penetrate the shell of armor
all for a mere morsel of meat?

Yes.

if the Atlantic stone crab is boiled in a seasoned pot with whole cloves of garlic,

fresh lemon
and sprigs of garden rosemary.
Cottage doors open
to the soft breeze of a summer's day.

The briny scent of sea and salt mingle with the sweet fragrance of sheep manure and field heather.

Land and sea conjoin in the cottage kitchen atop an Irish hill.

Yes.

the battle to crack, to pry,
to persuade the delicate flesh is worth
the fleeting moment it lingers on your tongue, as
dogs scramble from sun-washed fields to chew
on shards of chain mail
that lie discarded beneath
the old oak table.

("Stone Crab on an Irish Table" by Susan Mangan)

and feed them." Like a farmer comparing the quality of their product to the contentedness of their sheep or cows, Tom saw the personality in the fish: the strength of their sleek bodies and the vigor in their swim. Tom brings his astute

understanding of the balance of nature, sustainable and ethical marine farming, and love of fish back to his customers.

Tom remarked on the amazing beauty of his surroundings as well as the renowned hospitality of his Irish hosts. He reflected on how the food scene had changed so much since he was a boy. While he can still appreciate a properly fried meal of fish and chips, Tom has come to appreciate the fine dining from coast to Irish coast.

One of his most memorable meals on this recent trip took place in a Dublin lobster bar. The irony was not lost on me; shack, bar, are they not the same? Why have I not dined at this establishment? Are the lobsters all congregating in Dublin?

Apparently, there did indeed exist a serendipitous connection between Tom, his traveling companions, and the Dublin restauranteur. One of Tom's colleagues owns Greenpoint



Fish in Brooklyn, New York. The Dublin restauranteur was inspired by this very same restaurant which he would frequently visit on his trips to the States. The sea is vast, but those who share a passion for food and Ireland swim in the same pond.

I asked Tom if he discovered any new products from the sea that he planned to incorporate into the school of fish he runs at the West-Side Market in Cleveland. He is amazed that the Irish do not eat many of the exotic wild delicacies found off the coasts of Ireland. Among the most interesting species are whelks, spot prawns, langoustine, brown crab, and spider crab.

Tom has recently started to enliven the already vast offerings at Kate's Fish with "fancy Irish langoustines and crab claws from Wexford." According to Tom, the trip was a resounding success. Not only did he get to visit with his young cousins, the next generation of fishermen and fishmongers, he was able to procure new ideas and products for Kate's.

For years, Ireland, according to Bord Bia standards, has listed the provenance of fine cuts of lamb, beef, and locally sourced oysters, as well as artisan crafted cheeses on Irish menus. It is with great pride that I see Kate's Fish gracing the menus of nationally recognized Cleveland restaurants like Cordelia. With confidence, I purchase Kate's Irish Salmon and Scottish Sea Trout every week, while occasionally indulging in the House-Smoked Salmon or Kate's Famous Crab Cakes. The quality of Tom's product is as clear as the blue of his eyes. After all, Tom has looked into the eyes of his fish and has seen their worth.

Susan holds a Master's Degree in English from John Carroll University and a Master's Degree in Education from Baldwin-Wallace University. She may be contacted at suemangan@yahoo.com.

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Thirty years ago this year, we lost our wonderful Dad, Daniel (Danny) J. Doherty, way too soon. To be notified that the Cleveland GAA Memorial 7's tournament will be played in his memory is a wonderful way to mark this significant anniver-

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sary. We, as a family, are humbled and grateful for this tribute to his memory, and that of his son's Danny and Sean.

Our father was born in the village of Tiernasligo, in the town of Clonmany, CO. Donegal, Ireland in 1932. This area is the northern most part of the island, on a peninsula called Inishowen.

He was the second eldest of nine children, and due to his scholastic achievements, he was offered secondary education after 8th grade. He refused, and chose to go to work instead, like most of his peers in 1946.

Danny first immigrated to Scotland and worked the construction trades with The Wimpy Construction Firm. Many of the jobs he worked were war-related government contracts, building infrastructure and fortifications along Scotland and Britain's coastline.

He migrated from Scotland to England during this time and remained in England for ten years. Danny also competed with a boxing troupe for extra money and maintained a winning record.

Cleveland Memorial 7-a-Side Tournament May 20th Honor's Daniel (Danny) Doherty



Martin Lowry w St. Pat's youth GAA, 1972.

My father debated between Australia and the United States for his final immigration, and chose to go to New York City, on February 6, 1958. Our mother, Miss Evelyn Carr, from Kilcar, Co. Donegal, was already living and working in New York; she had immigrated to the states at the age of sixteen.

Historically, in all five boroughs of NYC, there were dinners and dances sponsored by various Irish social, cultural, and political organizations. On Sunday's, you could head up to the Bronx and cheer for your county in hurling or Gaelic football.

Our parents met at an Irish dance hall called The Jaeger House in Brooklyn, NY, and were married within a year, on October 3rd, 1959.

Their first born, Sean, was born December 12, 1960. Life was good, and busy. My father continued to work construction and got into the Building Trades. They had planned to stay in New York, but family members in Cleveland convinced them to move to the Midwest.

A second son, Danny Jr, was born in 1962 in Huron Road Hospital, East Cleveland. Four more children followed: Kevin, Randall, Denise, and Rosemarie. Our family settled in the West Park neighborhood, in St. Patrick's Parish.

Danny continued to work very hard in Cleveland, first with the teamsters, then with the Building Laborers' Local 310. He provided thirty-three years of dedicated service to the local.

My father was an avid reader. He enjoyed the daily paper, and many historical books. He loved to garden during the warm summer months and could fix anything around the house. He loved all sports and enjoyed watching all the Cleveland professional teams. He loved playing nine holes of golf with his sons and playing cards with the family; especially during holidays.

In his later years, playing the daily number lottery game was part of his routine. He was very lucky. He enjoyed many great friendships among his co-workers, neighbors, and the Irish community.

Danny's desire to start a youth Gaelic football team started when his sons were very young. The four boys were directed to gather their gang of friends to participate in youth Gaelic football in the Mid-1970s for the Under 12/Under 14 programs for St. Pat's GAA.

These early teams were all 1st generation Irish American, learning the game from their fathers. Most every Sunday during the season was spent at Gunning Park, while multiple age groups of teams competed. It was a full day event.







St. Jarlath's at a match in Canada in 1982, black banded for Danny Doherty Jr., who had just passed away. Players mother's sewed Danny's #10 on the band.



St Pat's U12: 1st row: Kevin Doherty, Pat "Bones" Kilbane, Danny Jr. Far Right, Sean Doherty 3rd from right. Readers, can you identify the players?

We were all so young. Mom was with us every step of the way. I can remember times when the house was full, when mom was feeding the team. She washed a lot of jerseys and dad put a lot of miles on the station wagon. Those were very happy times for him and for us.

One story that my father shared with me represents the generosity of the Irish community. My father had conducted practice and went into a tavern on Puritas Road; called Buckley's (which later became Danny Boy Tavern). He was speaking to Mr. Buckley how he wasn't able to raise the money to get a bus to take the kids to Pittsburgh to compete against the youth GAA team there. The bar owner, listened to the story, and gave him the money to hire the bus. My father never forgot it. He developed deep friendships with Martin Lowry, Far-

rell Kilbane, Pete Kelly, all who helped contribute to coaching the youth and forming St. Jarlath's in the 1980s.

We are proud of our father's impact on our community; the 7-a-Side Memorial Tournament is a fitting tribute to our dad, Daniel J. Doherty. Thank you,

Denise Doherty Kennedy

Midwest GAA Update

The Cleveland St. Pat's – St. Jarlath's GAA host the Memorial 7's on Saturday, May 20th, at the West Side Irish American Club (Olmsted Township). Men's and Ladies' football teams from around the Midwest and beyond will com-

pete starting at 9a.m. and continuing to the finals at 5p.m. on two fields.

This year teams will travel in from Buffalo, Milwaukee, Chicago, Detroit,



St. Pat's U16 1972. Sean Doherty, far right in blue & white striped shirt. just helping out, at age 12.

Cincinnati, Pittsburgh, and Toronto to join the Cleveland hosts. The day will be action packed while the evening will be filled with awards and craic in the pavilion. Traditional music will be provided by Full 90. The event is free and open to the public.

Go raibh míle maith agaibh (thanks y'all) to our readers and supporters. We need your help and involvement but would most like to share the fun of Irish sport and Cleveland community with you. Consider

getting involved at any level. Fáilte (welcome) to all. The Gaelic Athletic Association is Ireland's largest sporting

is Ireland's largest sporting organization and a bit of home for the Irish abroad here in the

US of A. Beyond sports, the Association also promotes Irish music, song and dance, and the Irish language as an integral part of its objectives.

Cleveland GAA is open to all who want to play competitive sports, meet new people, and join an athletic, fitness-minded club for all ages.

Follow @ClevelandGaelic on Facebook, Instagram, and Twitter for the 2022 activities for Men, Women, and Youth, or visit ClevelandGAA.com.

Vincent Thomas Francis Xavier Beach is a proud Greater Clevelander and emigrant of Michigan. He joined the St. Pat's Gaelic Football Club in 1999 and, with much help, is the current caretaker of the Cleveland GAA.

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may 2023 www.ilrish.us 29

- Vellum, used to make the pages of the Book of Kells, is made from:

 a) sheepskin
 b) calfskin
 c) goatskin
- 2. The Battle of the Boyne was fought near what town in County Louth?
- 3. Kitchens were set up during the Great Famine to feed what food to the poor?
- 4. What color do leprechauns wear?
- 5. The King of Leinster said St. Brigid could have as much land as her WHAT would cover?a) hair b) cloak c) dress
- 6. There is a large statue of which nationalist leader at the bottom of O'Connell St. in Dublin?
- 7. True or false: High Crosses were used as grave markers.
- 8. Wolfe Tone tried to land at what bay with 14,000 French soldiers?
 - a) Bantry Bayb) Clew Bayc) Donegal Bay
- 9. This James Joyce novel Ulysses is set on 16 June 1904. This day is known as what?
- 10. What is another name for a Christian group named the Society of Friends?

	Daniel IlennoD'O	.9
10. Quakers	Cloak	·ç
9. BloomsDay	Red	.₽
8. Bantry Bay	dnos	3.
were status symbols.	Drogheda	2.
7. False- they	Calfskin	Ţ.



Aidan Scully and Hawkes Crystal

ost of us have some experience with a certain brand of Irish crystal, and for me, I believed that it was sort of

a benchmark for cut glass. That is until I met Aidan Scully. Aidan is a Master Brilliant Cutter and Designer, one of three working in the



He is a native of Co. Cork and has made America his home since 1985. We were able to talk about his craft and passion and his company, Hawkes Crystal in Tiffin, Ohio.

Can you explain the difference between the Waterford and European



Hawkes Crystal Coat of Arms

styles and brilliant cut crystal?

Brilliant cut or brilliant period crystal has to do with the cut, a 180 degree cut traps light, while a 120 degree cut reflects it. Waterford reflects light, a brilliant cut is deeper with sharper edges and traps the light giving it a brilliant appearence.

I should say I do both types of cutting, not everyone is looking for a brilliant cut on things. Brilliant cut requires more patience and skill,

it's a dying art.

You do have an apprentice though?

He's not really an apprentice anymore, he's been with me seven years now. I've passed what I could on to him, hopefully in a couple of months we can take on another apprentice and Aaron (Aaron Gooding) can teach him, what I have taught him.

I'm doing more custom work now, corporate and one of a kind pieces. That's what I like to do. A couple of weeks ago I delivered a table top to a family with the family coat of arms and a nice design on it, that was a 4ft by 3ft table top. That's the stuff I like to do.

People will send or bring me a picture of their dog or cat and I duplicate it in glass. A lot of images of buildings, homes and even castles, stuff like that. Especially around Christmas time, I'll get a lot of orders for things like that, along with hundreds and hundreds of ornaments, a lot of corporate orders.

Is it just you and Aaron that do all of those?

Yeah, just me and Aaron, we churn it out. We have a standing order for 1,200 but will do as many as 5,000 custom Christmas ornaments. We don't get too much sleep when it comes to Christmas.

In the seven years we've never missed a deadline. If I have to stay



Hawkes Crystal House



until one or two in the morning I'll do it.

How did you become interested in crystal cutting?

I used to walk by a glass shop on my way home from school, I lived about sixty yards away from the shop, and I would stop and look at all the crystal. The fellow that ran the shop was from Waterford and one day he said, "I heard you're pretty good at art at school."

I went to school with his daughters, I said, "I'm allright."

He said "Maybe you'll want to try this?" I went and took the apprenticeship test and passed and the rest his history.

How old were you then?

I was seventeen at the time. I worked for him for about six years, then moved to Kerry and worked there for three years. I worked at a little shop that had opened in Killarney, Three Legs Crystal, that's where I got the idea to come to America, because I'd met so many Americans.

In 1985, I was asked to come here by a company on West 25th Street. He was doing reproductions of the brilliant period and was looking for a cutter. He had visited the store in Kerry and the one in Cork and knew we were doing that in Ireland, but not on the scale that he wanted to.

In Ireland, it was hard to get the glass blowers to get the glass thick as it needed to be, but he was glass superior to other having it custom made. In Ireland, we'd order a bunch of bowls and there might be an odd one, really thick and I'd go "Wow! I'm going to do a brilliant cut on that.'

I wasn't really into at that time, the brilliant cutting, because it was tough, it took a long time. I learned my apprenticeship on aluminum oxide wheels, now they're all diamond, it's a lot easier to do that kind of stuff now then when I was coming up.

Celtic Art Glass

I opened up a shop in Cleveland, Celtic Art Glass, but had a falling out with my partner. In 2000 I moved to Tiffin and worked for Crystal Traditions. I was supposed to go for six months, but have been here ever since.

They sold the company to me in 2016, and in the transaction,



Hawkes Crystal Large glass slipper.

I always knew they had the trademark for Hawkes, but they never used it. They'd create one or two pieces a year to keep it, but that's all they did.

When I got a hold of it, I dropped Cyrstal Traditions, that I still own, and reintroduced Hawkes Crystal. With the history of Hawkes, it's known all over the world. You'll find a Hawkes piece in every glass museum, no matter where you go in the world.

What makes T.J.Hawkes crystal?

It wasn't superior, a lot of Americans were doing the same. His cutting was the same, but his styles were different, totally unique. He'd go to world fairs and win them. The Americans would compete against the Europeans and knock them out of the park, because of the brilliant cutting.

It took a while for Europe to catch on; the Czechs were the first to start copying it, than the Germans. It was never big in Ireland, but a lot of the Hawkes cutters were from Ireland.

In many Irish-American households there are examples of Waterford, I always believed that it was the best.

Waterford has to be commended for their marketing, the cutting

is average. Some of the earlier pieces are very good, the quality back then, some of the work was phenomenal, right up there with the brilliant period.

As they got bigger, they started cutting back on the quality and making their glass thinner. You have to be very careful with Waterford now; when the Iron Curtain went down, they went and bought glass factories in Eastern Europe and when the economy dropped out, they laid a lot of people off in Ireland and brought glass from Europe and put their stickers on it and shipped it to America.

People would buy it without seeing or reading the Made in Czechoslovakia sticker on it. The Irish government finnaly put a stop to it.

They're not as big as they used to be, and if it doesn't say made in Ireland, it's not Waterford. They're also all diamond cut now. The thing is with diamond cut and stone cut, you get a better polish with stone. We acid dip and when you cut with diamond you have to leave it in the acid longer than vou do with stone. What that does is rounds the cut off and it starts to look like it's a pressed piece of glass, it loses that sharpness.

You can visit Aidan at Hawkes Crystal in Tiffin. 207 S Washington Street, or on line at hawkescrystal.com •

Bob Carney is a student of Irish language and history and teaches the Speak Irish Cleveland class held every Tuesday at PJ McIntyre's. He is also active in the Irish Wolfhound and Irish dogs organizations in and around Cleveland. Wife Mary, hounds Rían, Aisling and Draoi and terrier Doolin keep the house jumping. He can be reached at carneyspeakirish@gmail.com

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28th - July Issue of ilrish hits the street #ilrish #LiveMoreLifeBeMoreIrish #IrishAmerican





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SHIRLEY A. CHAMBERS



August 28, 1931 – March 31, 2023 SHIRLEY A. CHAMBERS (nee Frindt) age 91, beloved wife of the late William

F., loving mother of Therese Chambers Arth (Kevin), proud daughter of the late Jewel (nee Haders) and Arthur Frindt (Muriel), dear sister of Robert Frindt-deceased (Rose), William Frindt -deceased and Arthur A. "Art" "Pinky" Frindt (Pat-deceased) (Sandy), cherished daughter in law of Agnes Chambers and William F. Chambers, Sr. (both deceased) and sister in law of Rosemarydeceased. Daniel B. Chambers Sr. (Eileen) (both deceased) and M. Francine Tirpak (Stephen G.deceased), devoted aunt "uncle" and great aunt "uncle", cousin and dear friend of many. Passed away with her family by her side March 31, 2023.

The Chambers family would like to acknowledge and thank Patrice Campbell and the entire staff at Ennis Court in Lakewood for the outstanding care and love they provided to Shirl.

Memorial contributions are suggested to the Shirley A. Chambers Endowment at St. Joseph Academy, 3470 Rocky River Drive Cleveland, OH 44111 or Ennis Court 13315 Detroit Ave. Lakewood, OH. 44107 or St. Patrick Church (West Park), 4427 Rocky River Drive Cleveland, OH. 44135.

Obituary courtesy of ChambersFuneralHomes.com

MARY HOUGH



MARY C. HOUGH, age 55, loving mother of Moira Hough; beloved daughter of Kathleen (nee Lynch) and the late James P. Hough; dear sister of

Patrick (Katie), Sheila Cooney (Pat) and Maureen Hough; dear aunt and friend of many. Passed away March 26, 2023.

Memorial contributions are suggested to Fr. Jim Lynch c/o Maryknoll Missions, P.O. Box 303, New York, NY 10545-0303.

Obituary courtesy of ChambersFuneralHomes.com

MARY MCNEELY MALONEY



MARY MARGARET McNEELY MALONEY age 56, loving mother of Marty, Thomas and Nora Maloney; beloved daughter of the late Margaret

A. "Mickey" (nee Eagan) and John P. "Jack" McNeely; loving second mother to nieces Moira and Maggie Horn; dear sister of Brigid, Jack (Jennifer), Kevin (deceased) and Michael (Jennifer); dear niece of Richard Eagan (Peggy-deceased) and James Eagan (deceased) (Rose), Robert (deceased) (Judy); loving aunt, cousin, and friend to many; best friend of Shannon McGreal. Passed away, Monday April 10, 2023. Mary was a Registered Nurse for over 25 years.

Obituary courtesy of McGorray-Hanna Funeral Homes of Westlake

Check out archive issues a contract of the con





Stress and Your Health

It's well established that experiencing stress can harm your physical health. However,



there are steps you can take to respond to stress and avoid those negative health outcomes. One of the most important things

you can do seems counterintuitive ... build resilience by overcoming stress. One of the best ways to prepare yourself for this "mental battle" is proactive coping.

Proactive coping refers to behaviors that allow people to avoid future stressors or prepare themselves to respond to those stressors. These can be behavioral, such as saving money to deal with unexpected expenses, or cognitive, such as visualizing how to deal with potential challenges. We can also think of proactive coping as a way of helping people continue to work toward their goals, despite these challenges.

In a recent study, participants completed an initial survey that focused on understanding goal-oriented proactive coping behaviors that the participants engaged in. The participants then completed daily surveys for the next eight days, recording the stressors they experienced each day, as well as their physical health symptoms.

The results were profound. Individuals who consistently engaged in proactive coping, such as thinking about what they need to be successful, experienced fewer negative physical health symptoms on stressful days.



Good News! Stress Decreases with Age

Another recent study showed that the number of daily stressors, and people's reactivity to daily stressors, decreases with age. Younger individuals may be juggling more, including jobs, families, and homes, all of which create instances of daily stress. But as we age, our social roles and motivations change. Older people talk about wanting to maximize and enjoy the time they have.

The research team utilized data from the National Study of Daily Experiences (NSDE), a national study led by Almeida at Penn State, that has collected comprehensive data on daily life from over 40,000 days in the lives of more than 3,000 adults across a twenty-year time span, starting in 1995. Respondents were aged 25 to 74 when the study began and were invited to participate in the NSDE from the larger Midlife in the United States (MIDUS) project led by the University of Wisconsin-Madison Institute on Aging.

Respondents participated in telephone interviews that assessed daily levels of stress for eight consecutive days. These daily assessments were repeated at approximately nine-year intervals, providing a longitudinal daily diary across twenty years. The

researchers noted a decrease in the effects of daily stress both in the number of daily stressors that people reported, as well as their emotional reactivity to them. For example, twenty-five-year-olds reported stressors on nearly 50% of days, while seventy-year-olds reported stressors on only 30% of days.

In addition to the decrease in the number of daily stressors reported, the research team also found that as people age, they are less emotionally reactive to daily stressors when they do happen.

The study showed that daily stress steadily decreases until mid-50s, when people are the least affected by stress exposures. While these findings show a decrease in reports of, and reactivity to, daily stressors into the mid-50s, indicators show that older age (into the late 60s and early 70s)

may bring more challenges and a slight increase in instances of daily stress. With this new research, it's encouraging to see that as we age, we begin to deal with these stressors better.

Exercise to Reduce Stress

Exercise is remarkably effective for managing psychological stress. Exercise can boost mood, reduce tension, and improve sleep (all of which are impacted by stress) and ultimately this can support people to approach their challenges in a more balanced way. Numerous studies support the positive effect of exercise on stress. Physical activity significantly reduced the symptoms of anxiety in a recent study published in Advances in Experimental Medicine and Biology.

The reason exercise is so effective in squashing stress is simple. Exercise causes your body to produce more endorphins, which are neurotransmitters that boost your mood. Movement also combats elevated levels of the stress hormone cortisol, while improving blood flow.

Ready to get moving and combat the stresses of daily life? Not sure where (or how) to start? Just send me a message.

Dr. Peters is the founder of "The Fitness Doctor" (www. thefitnessdoctors.com) and a professor of Health & Human Performance. He has a Ph.D. in Physiology from Kent State University and is a certified member of the American College of Sports Medicine.

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Barcelona Versus My Ancestral Home

cousin recently returned from holidays in Barcelona, Spain with her family, raving about the sun and culture and it brought

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to mind my own treks through the European hotspot. It also started me thinking about the benefits of Barcelona, over her own hometown

in Northern Ireland. She lives in Derrynoose, a "suburb" of Keady, Co. Armagh, so I decided to see how Barcelona stacks up against our ancestral home, a place my father referred to as the "hub of the universe."

Ryan Air flies direct between Dublin and Barcelona, the trip only taking a bit over two hours and a cursory check on barebones prices shows roundtrip tickets at \$164 for middle of the week travel.

One won't find that kind of price from the States. A trip at the same time of year from Chicago's O'Hare Airport to Barcelona will run you \$1,152 for a nonstop flight of over



As you can see, La Sagrada Família, left, boasts a great number of spires, but the structure still isn't finished after 141 years. The monument in Keady, right, was completed in a jiffy and has a catchy song written about it.

eight hours (Direct to Dublin was \$668 at the time of this writing).

Comparing these two vastly different destinations is no easy task, but you'll receive nothing but 110 percent from *i*Irish columnists. Let's jump in, shall we?

I'll start with the caveat that the great Spanish city indeed sees more sun, so I'll give that one to Barcelona, but seeing as how my entire family goes from pale white straight to cancer, I'm fine with them having that particular title.

Sun

Advantage Barcelona

How do the populations compare, you ask? Well, here Keady has a slight advantage with a smidgen over 3,000 people, compared to Barcelona's 1.6 million. I've done a quick calculation based on numbers I'm just making up, and if you stacked Barcelona's vehicles across the entire town of Keady, you'd have a scrap of metal that reaches to the moon.

Additionally, Barcelona is jampacked with tourists. The only tourists I've ever seen in Keady were ones traveling with me.

Population

Advantage Keady Barcelona boasts more tourist sites than does Keady, so we'll need to select a couple to compare. For Spain, I have chosen La Sagrada Família, an ostentatious church that isn't even finished after 141 years. I think that says as much about the Spanish work ethic as anything else. Designed by Antoni Gaudí, it's a wonderful example of the marriage of Gothic and Art Nouveau, with an impressive number of spires and probably even more pews inside.

By comparison, the monument in the center of Keady (literally the hub of the hub of the universe) has a very catchy song written about it:

Is the monument where it used to be? Are the boys all there? Do the girls go skipping around the ground, where it's nice and fair? Is the market house where it used to be? Sure, is everything all right? What would I give to be with you In Keady town tonight?

Let's see Gaudí top that! The monument also boasts several

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Casa Milá, top, has a slight visual advantage, but I dare you to spend a few hours in my cousins' former cow barn, current session house, below, and not have a better time.

spires and was erected by the residents in 1871 (so even older than Fawlty Towers. He was from the Spanish church) in honor of William Kirk, who brought the linen industry to the area.

This was a tough decision, so I'm going to call this one a draw, with both monuments about equal when considered in comparison to the vastness of the universe.

Tourist Sites

Draw

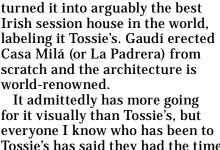
Unique Advantages

One of my favorite television

Barcelona. Advantage Barcelona; The Tommy Makem Arts and **Community Centre resides** in Keady. To my knowledge, Barcelona has nothing named Likewise, my cousin, Eddie, owned a butcher shop in Keady. He never owned one anywhere in Spain. Advantage: Keady.

Speaking of Eddie, he and other family members rebuilt an old cow barn on ancestral land and

characters was Manuel, from after my father. Advantage Keady.



Tossie's has said they had the time of their lives. Casa Milá is just really incredible.

New/Rebuilt Structures

Advantage Keady (Derrynoose). One area of contention in this great comparison is found at midday. While the people of Northern Ireland are drudging through another workday, dreaming of the time they can head home to the telly and frozen pizza, the residents of Spain are catching up on a little rest.

Yes, the siesta is a real thing. Expect, even in large cities like Barcelona, to find shops and restaurants closed for a few hours so workers can recharge their batteries, so to speak.

Both Irish and Spanish cultures seem to savor nighttime, mornings not so much. The dinner crowds in both countries (I'm combining Ireland and Northern Ireland for simplicity) don't even really start appearing until seven p.m. When I was younger, I couldn't imagine a different way of life. Nowadays,

my mind is a fog any time after eight p.m.

I'll admit that sometimes I'm iealous of those who can still remain alert into the wee hours. It's always something I try to muscle through when visiting new places.

So as far as siestas, I suppose I'd say I'm a fan. If nothing else, it's a wonderful example of the breadth of experiences you can have in different cultures. It's why we travel, isn't it?

Sleeping in the Middle of the Day

Advantage Barcelona

Well, I think I've proven that Keady and Barcelona are far more equal than it would appear at first glance. And for the record, you now know why I don't have a job that anyone would consider "important."•

Conor Makem spent 22 years traveling and honing petty gripes as an Irish musician, and enjoyed a further 13 years of people not returning his calls as a journalist. He is fluent in English, American and old Kerry farmer. More of his photos are on Instagram under cb.makem. Visit cbmakem.com or email contact@cbmakem.com.

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Stone of Destiny

"The time has come," the Walrus said, "To talk of many things: Of shoes-and ships-and sealing wax - Of cabbages-and kings - And why the sea is boiling hot - And whether pigs have wings."

– Lewis Carroll

The month of May is here, and cabbage are out of season, but kings and crowns are not. Last month we celebrated the King of Kings and His Easter Rising. This month, many school children bring flowers of the fairest and





Lia Fáil-Stone of Destiny, Hill of Tara, Co. Meath

flowers of the rarest to crown the Queen of the May, Mary.

I have fond memories of these events. Maybe because it is my birthday month, maybe because it was the return of good weather, or maybe because of the pageantry of the event. It was a special honor for the student selected to crown Mary with a wreath of blossoms.

May Crowning

In Columbus, our Lady Hibernians will host their own May Crowning. It is like many gatherings, about faith, friendship, and a little food afterwards. I look forward to participating again this year.

If you like pageantry, the coronation of bonny Prince Charlie will be your cup of tea. When he mounts the throne there will be much tradition. Like may traditions and myths, verifying the origins are difficult, but finding a good story is not.

Beneath the seat of the Coronation Chair will be the Stone of Scone. The ancient stone upon which monarchs have been crowned

since Edward I brought the stone to England in 1296. This 500 lb. block was spoils from the First Scottish War of Independence. Edward had the stone brought to Westminster Abbey. where the Coronation Chair was built around it.

Over the next 700 years, attempts both legal and illegal were made to return it to Scotland. In 1996, it was returned to Scotland to reside in Edinburgh Castle with the Scottish crown jewels. While some say the stone originally sat beneath Macbeth's castle at Dunsinane, others say it is the Stone of Destiny brought from Ireland.

Stone of Destiny

The Irish legend tells of a stone arriving in Scotland on loan from the High King of Tara in 500 AD.

The stone, called Lia Fáil (Stone of Destiny), was loaned to his great-uncle for his coronation in Scotland because northeast Ulster was part of that kingdom at the time. Shortly after the coronation, the new king died in a storm off the Antrim coast and the stone was never returned to Ireland.

Myths say the stone had been transported to

Ireland by the Tuatha Dé Danann in 580 BC from Jerusalem. The stone was said to have been the stone upon which Jacob rested when he had a vision from Heaven. After the sacred relic was transport to Ireland, it became one of four treasures of Ireland, along with the Sword of Light, Spear of Lugh, and Dagda's Cauldron. The Stone of Destiny was said to have mythical powers; when the rightful King of Ireland put his feet upon it, it would roar with joy. It is probably just a coincidence that the Stone of Destiny (not the Stone of Scone) can be seen today on the Hill of Tara in County Meath.

Columbus Shamrock Club Elects New Officers

On a more local note, while neither Ireland nor the United States have chosen to crown kings or queens, we do elect from among the people our leaders. In May we celebrate this tradition with the installation of new officers at the Shamrock Club of Columbus. We welcome Nancy Murphy as President, Megan Dempsey as Vice-President, and Patrick Conley as Secretary. Other board members had not yet been elected as of this writing.

This wraps up a busy spring in Central Ohio. A successful St. Patrick's Day season included Lenten fish fries hosted by the police and fire Emerald Society, and Easter was celebrated with an egg hunt organized by the Daughters of Erin. Rounding out the month was the third annual Freedom for All Ireland road bowling event sponsored by the Patrick Pearse Division of the Ancient Order of Hibernians.

If you are looking for a pint and song, check out our website at www.theshamrockclubofcolum-bus.com. We know no strangers, only friends we have yet to meet.

Andrew is a Columbus transplant after graduating from The Ohio State University with a Major in History and Minor in Political Science and Folklore. He is a past president of the Shamrock Club and a lover of a good story and a pint. You can contact him at drushu@aol.com.

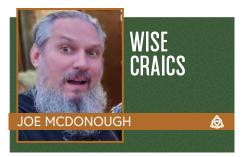
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Coronation Chair,

Westminster Abbey



Why?

The barman said to Pat, "Your glass is empty, can I get you another one?"

Pat replied, "Why would I be needing two empty glasses?"

Bright Idea

Paddy and Murphy are working on a building site.

Paddy says to Murphy, "I need the day off. I'm gonna' pretend I've gone mad!"

So Paddy climbs up the rafters, hangs upside down, and shouts "I'm a light bulb, I'm a light bulb!" while Murphy watches in amazement.

The foreman shouts, "Paddy, go home. You've gone mad."

As Paddy leaves the site, Murphy starts packing his kit up to leave as well.

"Where do you think you're going?" asks the foreman.

"Well, I can't work in the dark." said Murphy.

Condition

Barry goes into a bar and orders one Guinness and seven shots of Tequila. The barman serves the shots and, when he's finished pouring the Guinness, sees that Barry has finished the shots.

"Wow," he said. "You drank those quickly!"

"I know," replied Barry. "You would too if you had what I have."

"What do you have?" asked the barman.

Barry digs in his pocket and pulls out 50 cents.

Best Guess

Paddy and Mick are walking down the road and Paddy has a bag of donuts in his hand.

Paddy says to Mick: "If you can guess how many donuts are in my bag, you can have them both."

Ticket

An Irishman walks into a railway station and presents himself at the ticket counter.

"I'd like a return ticket," he says. "Where to?"

"To here!" says the Irishman.

Frog

A young Irish boy said to his grandfather, "Make a frog noise for me, Grandad."

"No, son, I don't feel like making a frog noise right now."

"Oh please, Grandad, make a frog noise."

"No, I don't want to."

"Oh please, Grandad, make a frog noise."

"Why is it so important to you that I make a frog noise?"

"Mum says when you croak we can have this house."

Tosi

O'Malley is leaving his favorite bar when he is run over by a bus. He gets to the gates of heaven and St Peter tells him he cannot enter unless he passes a test. O'Malley agrees to try, as he never was the brightest bulb in the box.

St Peter decides to go easy on him. "What has five fingers and is made of black leather?" he asks.

O'Malley scratches his head,

thinks hard and finally gives up.

"It's a glove," says St Peter. "Let's try again. What has ten fingers and is made of black leather?"

O'Malley is clearly stumped. After a few minutes of pacing in a circle and scratching his head, he gives up.

"Why, it's TWO gloves – don't you see? Ten fingers, black leather?" says St. Peter, amazed.

Being in a generous mood, St Peter decides to give O'Malley one final chance and thinks of an even easier question.

"Okay. Who is the patron saint of Ireland?" he asks, thinking surely O'Malley can't miss this.

"It wouldn't be three gloves, would it?" says O'Malley.

Uncanny

A man stumbles up to the only other patron in a bar and asks if he could buy him a drink. "Why of course," comes the reply.

The first man then asks: "Where are you from?"

"I'm from Ireland," replies the second man.

The first man responds: "You don't say, I'm from Ireland too! Let's have another round to Ireland."

"Of course," replies the second man.

Curious, the first man then asks: "Where in Ireland are you from?" "Dublin," comes the reply.

"I can't believe it," says the first man. "I'm from Dublin too! Let's have another drink to Dublin."

"Of course," replies the second man.

Curiosity again strikes and the first man asks: "What school did you go to?"

"Saint Mary's," replies the second man. "I graduated in '62."

"This is unbelievable!" the first

man says. "I went to Saint Mary's and I graduated in '62, too!"

About that time, in comes one of the regulars and sits down at the bar. "What's been going on?" he asks the bartender.

"Nothing much," replies the bartender. "The O'Malley twins are drunk again..."

Flight

"Hello, Aer Lingus Airlines?" said Big Mick Lonegan. "Could ye be tellin' me how long it takes to fly from Cleveland to Dublin?" The voice on the telephone said, "Just a minute." "Wow. That's fast. Thank ye," Mick said as he hung up.

Pub

Father Murphy walks into a pub in Donegal, and says to the first man he meets, "Do you want to go to heaven?"

The man said, "I do Father."

The priest said, "Then stand over there against the wall." Then the priest asked the second man, "Do you want to go to heaven?"

"Certainly, Father," was the man's reply.

"Then stand over there against the wall," said the priest. Then Father Murphy walked up to O'Toole and said, "Do you want to go to heaven?"

O'Toole said, "No, I don't Father."

The priest said, "I don't believe this. You mean to tell me that when you die, you don't want to go to heaven?"

O'Toole said, "Oh, when I die, yes. I thought you were getting a group together to go right now."

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Be Quiet!

s longtime students of the A Irish language, my fellow language friends and I were over the moon to hear that there was a new



movie that was in Irish. We no sooner absorbed that news when we heard that it was the first Irish language film to be nominated for an

Oscar as a foreign film.

There have been several Irish language features over the last few years. I would classify these films as gritty, famine-revenge-porn type of things, think "Braveheart."

I would not dismiss them; they did have historical merit and stories that needed to be told. What was a

little tough to take was that the Irish The camera language was once again painted in the patina of poverty and suffering, the coating which has plenty to do with the stigma it still carries.

Then the foreign film categorization was a bit of a head-scratcher, but that has to be because of the language, since plenty of Irish films are nominated alongside ones from the US or UK. The title was in Irish too, originally distributed as "An Cailín Ciuin" (Un Kawleen Kuwin) and now as "The Quiet Girl."

Set in 1981 Waterford, this Ireland looks foreign, and would look that way to many Irish, especially the younger set. It was a different world, a different Ireland, a country that knew poverty and the web of snares it sets for people.

It is hard not to think of the iconic "Quiet Man" too. Despite the quiet, the two Irelands are very different places. While a gentleness runs deep in both, the girl's world is without much of the man's lightheartedness.

The film opens to a field, with long hay blowing under a moody gray sky. Female voices are calling someone home, over a breeze, far away.

moves to reveal a young girl, Cáit, unresponsive to the calls, lying buried in the grass.

And buried she is, unseen at home and school, a seeming non-entity, unless she is being perceived as slightly difficult, weird or

wandering. While she is the focus of no one, it is her focus that is the eye of the film.

The movie is a series of cuts between what her eye is drawn to and her response to the world. Her eyes flicker almost imperceptibly, but the whole film is so quiet, those flickers are riveting and all-telling.

Her Waterford home is decidedly pre-Celtic Tiger Ireland, it looks more like the 1960s. The dull grind of rural poverty is visceral in the scenes at Cáit's home. Her pregnantagain shell of a mother is seen reading a letter amidst crying and



shabby furnishings. We next see Cáit with her suitcase, leaving her gray barren yard of a home, with no goodbyes on either end.

Staring out the window of the car driven by her lout of a father, we see the clouds moving lazily across the sky, the weather brightening as they go. Down a dappled lane of ancient oaks, Cáit lands at the Kinsella's, her mother's sister Eibhlín and her husband Seán. You see the pity in Eibhlín's eyes as she absorbs the feral neglected child.

Cáit's family have sent her to live with them for the summer. It could

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seem a bit over the top, but the movie really captures a time and place.

As soon as the setting changes, everything else changes for Cáit. She sees, with a lyrical touch, the dew on the grass, the light in the trees, the reflections in water, the beauty in nature's granular detail. The movie does what art is supposed to do, elevate the ordinary to the sublime.

The clichéd stock Irish characters appear, and they feel more like truth. There is the mother, whom poverty and all that goes with it has ground down to a sad shadow of a person. There is the old Irish sexism in parts, especially in evidence in the foggy, drunk, slightly menacing father.

You can see the icy fragile hearts of the nurturing aunt and uncle preparing to melt like they were out in the sun. This feels different than stock cliché though; the three main characters all have a deep well of stoicism.

Cáit and the Kinsellas accept what life hands them with quiet reserve. The story moves them along until they can open their respective heart fortresses to love.

There are a few comedic scenes too, with the Kinsella's neighbors. One has a donkey laugh that is funny just to hear. The other is a nosy neighbor who is comically awful. She is walking proof that the Irish suffer from envy as surely as anyone.

The use of Irish in the film parallels the use of light. Scenes of dull unhappiness are cool and gray, and the language is English. In



the warm sunlit farm of Seán and Eibhlín Kinsella, the language is Irish. Spoken in soft hushed tones, liberally peppered with pet names like *a stór* (my treasure), it is the language of love in this movie.

If you are in doubt, look and see if the dodgy characters in the film speak a word of Irish. The Irish language is often accused of sounding harsh and guttural, but the scenes in this film show another side of it.

Along with the Irish, much of the movie is so quiet and still, it feels like nothing happens, like watching a flower bloom. And like that flower, it is a beautiful and emotional thing to watch.

It is a funny thing that people who are known for loving language and being some of the most loquacious people on earth have a reverence for quiet. Maybe that is the reason for it. There is an old proverb that says, "Many a man's tongue has broken his nose." I love that quote.

It is a tribute to the slightly taciturn stoicism that we attribute to many rural people, the Irish in particular. Silence, not that I have any talent for it, is a choice. Seán has a wonderful quote in the film that mirrors the proverb, "Many a person missed the chance of saying nothing and are the worse for it."

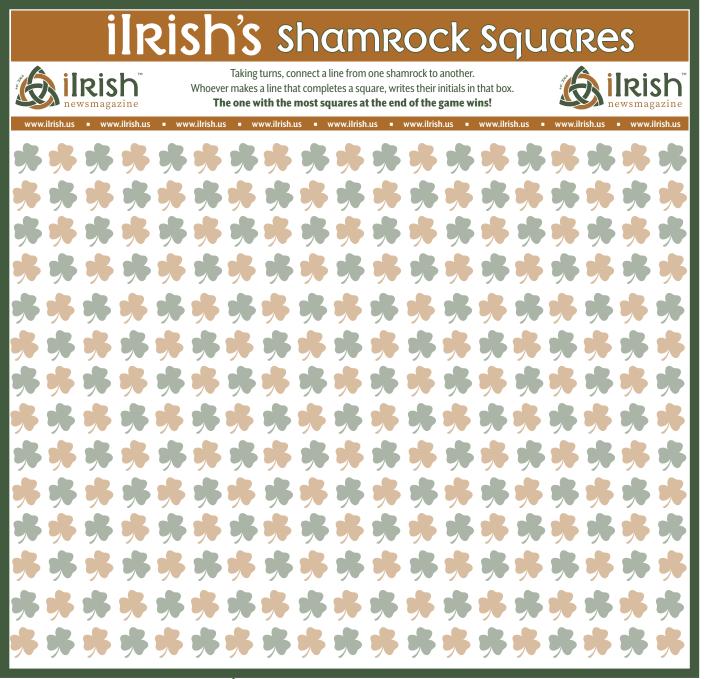
Lisa O'Rourke is an educator from

Akron. She has a BA in English and a Master's in Reading/Elementary Education. She is a student of everything Irish, primarily Gaeilge, and runs a Gaeilge study group at the AOH/Mark Heffernan Division. Lisa is married to Dónal and has two sons, Danny and Liam. She enjoys art, reading, music, and travel and likes spending time with her dog, cats and fish. She can be contacted at olisa07@icloud.com. Please send any Akron events to my email!

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kids in the kitchen

Try this fun pasta salad in a jar for your next picnic!

8 ounces each uncooked bow tie pasta, medium pasta shells and wagon wheel pasta

2 cups Greek vinaigrette

- 3 cups cherry tomatoes, halved
- 1 medium red onion, finely chopped
- 1 jar (12 ounces) marinated quartered artichoke hearts, drained and coarsely chopped
- 1 jar (12 ounces) roasted sweet red peppers, drained and chopped
- 1 cup chopped fresh basil
- 1 cup grated Parmesan cheese
- 1 package (3-1/2 ounces) sliced pepperoni
- 1 can (2-1/4 ounces) sliced ripe olives, drained

Directions:

Cook pasta according to package directions for al dente. Drain pasta; rinse with cold water and drain well. Transfer to a large bowl.

Add vinaigrette to pasta; toss to coat. Add vegetables, basil, cheese, pepperoni and olives; toss to combine. Transfer to covered jars. Refrigerate until serving.

The History Behind Memorial Day

In the United States, Memorial Day is the unofficial beginning of summer, but the day has a very somber history. It is observed on the last Monday of May each year. Many

people celebrate by attending parades, visiting cemeteries, and gathering with family.

Memorial Day honors the men and women who

lost their lives in battle while actively serving in the military. It began in the years following the Civil War, but did not become an official federal holiday until 1971. It originally was only to commemorate those who died in the Civil War, but has now come to honor those who died in World War I and II, The Vietnam War, The Korean War, and the wars in Iraq and Afghanistan.

Decoration Day

This day of remembrance was first called Decoration Day. This name was chosen because it did not point to one particular battle; it was meant to include all of the battles of the Civil War. In May of 1868, General John A. Logan called for a nationwide day of remembrance. He suggested that people should put flowers or other decorations on the graves of soldiers who died defending their country and whose bodies lie in almost every city and village in the country.



The Civil War, which was between the north and the south of the United States, claimed more lives than any other war in US history. It is because of this war that the country's national cemeteries were established in several states.

The most famous of these national cemeteries is Arlington National Cemetery in Virginia. On the first Decoration Day, General James Garfield gave a speech at Arlington National Cemetery and over 5,000 people decorated the graves of 20,000 Civil War soldiers that were buried there.

The Irish Brigade

When the Civil War broke out, over 150,000 Irishmen joined the Union army. Many had just immigrated to the

US and were not even citizens yet. Some joined to show loyalty to their new country, and some joined hoping that by showing patriotism, the anti-Irish discrimination would stop.

Between 1861 and 1863, the soldiers who fought in the all-Irish units were called the Irish Brigade. They were known for their courage and toughness in battle. Unfortunately, because of their bravery, most of these soldiers died during some of the biggest battles of the Civil War. On the grounds where the Battle of Gettysburg took place, there is a monument to honor these men of the Irish Brigade.

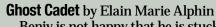
How to Say Thank You to a Veteran

To do your part to honor these brave men and women, check to see if your city holds a parade or a memorial service over the holiday weekend and make plans to attend. You could also find a national cemetery near you and place flags at the graves of soldiers who made the ultimate sacrifice for their country. If you know someone in the military now or a veteran, you could send them a letter or flowers, or do something to show your appreciation for all they do for you and your family.

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ITERATURE CORNER



Benjy is not happy that he is stuck spending his vacation with his grandmother in Virginia. He thinks she probably won't like him because no one else seems to like him either. The last thing Benjy expects is to make a friend, and a ghost at that!

He must help Cadet William Huch McDowell, who was killed in the Civil War, find his grandfather watch, which he hid from the Yankees just before he died. Can William

count on Benjy? No one has ever depended on him so much. For ages 9-12, 192 pages.

Abe Lincoln: The Boy Who Loved Books

by Kay Winters

Learn about the early life of Abraham Lincoln in this picture book biography. He grew up in a tiny log cabin listening to the stories his mother and father used to tell. He walked miles to borrow books and walked miles to return them. He loved books and he changed the world. For ages 5-8, 40 pages.



Megan is a Reading Intervention Educator for the Cleveland Metropolitan School District. She holds a BA from Hiram College and a BA+ from Ashland University. She resides in Avon Lake with her husband, Joe, and their five children. She may be reached at meganlardie126@ outlook.com.





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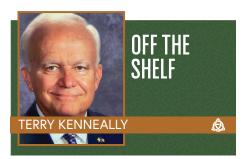
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My Father's House

By Joseph O'Connor **Europa Editions** ISBN -978-1-60945-835-5 2023 355 pp.

rom the acclaimed, bestselling author of Star of the Sea and winner of the 2021 Irish Book Awards Book of the

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Year for **Shadowplay**, comes a gripping and atmospheric new novel set in wartime Rome. Sometimes a novel's setting looms so large

it becomes a crucial element of the plot, that's certainly true of the

dangerous streets of World War II Rome, which Joseph O'Connor explores in this historical thriller.

My Father's House and even more so of the "neutral" independent country within Rome known as Vatican City, follows this crucial element, where an Irish priest has organized an escape line of refugees, diplomats and allied soldiers sought by the German forces that control northern Italy.

Msgr. Hugh O'Flaherty

Inspired by the true story of Msgr. Hugh O'Flaherty, O'Connor's fiction hones in on one crucial mission, set for Christmas Eve,

1943. The story is reconstructed through various documents and the testimony of his randomly assembled band of collaborators, whose meetings are camouflaged as choir practices. The larger story of the cat-and-mouse game with the local Gestapo chief is relayed, even

as the single night's maneuverings unfold

Oberstwarmbannfuhrer Hauptman rules over the Eternal

City with vicious efficiency. Hunger is widespread. Rumors fester. The war's outcome is far from certain. Diplomats, refugees, Jews, and escaped Allied prisoners flee for protection into Vatican City.

Hauptman is under pressure from his impatient

supervisors in Berlin to stem the tide of escapees. Those in hiding must be moved to the countryside as quickly as possible. This will require substantial funds for bribes and false papers left in clandestine locations throughout Rome. It also means that O'Flaherty (who's been sent an envelope containing thirty-two human teeth by his Nazi nemesis) must leave the safety of the Vatican and put his knowledge of Rome's back alleys to the test.

Suspenseful and beautifully written, My Father's House, tells an unforgettable story of love, faith, sacrifice, and courage. "Few living writers can take us back in time so assuredly, with such sensual density, through such gorgeous sentences," says Peter Carey, Booker Prize winner with True History of the Kelly Gang. A TOP SHELF read.

Terrence J Kenneally is an attorney and owner of Terrence J, Kenneally & Assoc. in Rocky River, Ohio. He received his Master's Degree in Irish Studies from John Carroll University and has taught Irish History and Literature.

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45	Annie





Whatever You Say, Say Mack

_____ Mo Buartha ____ Is The Rose

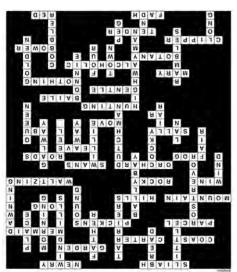
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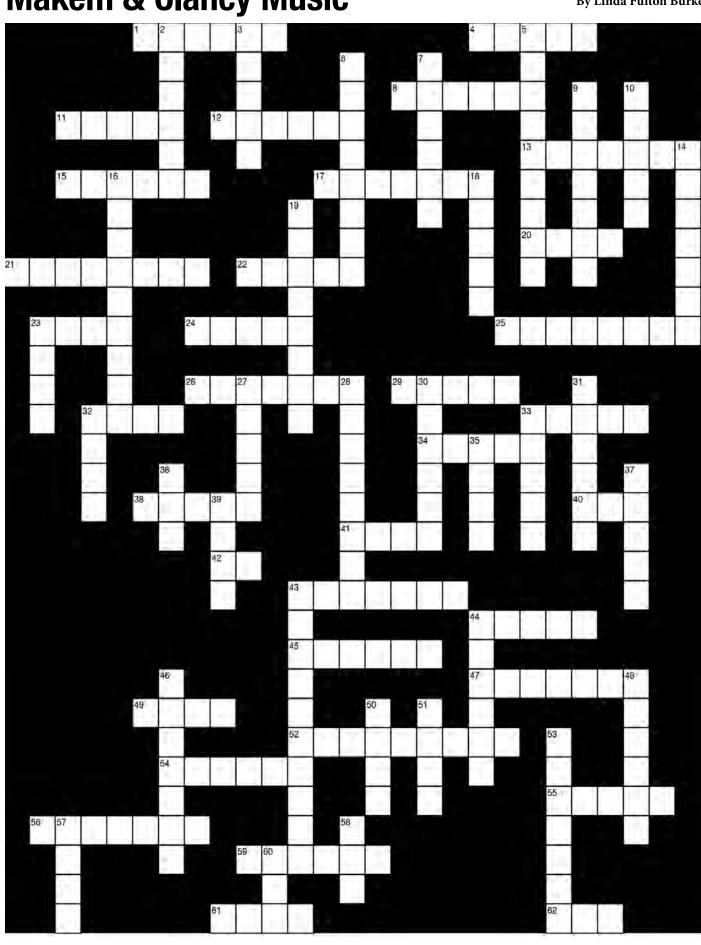
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